

# **Kindness Quotes #1-21**

### August 3-6

- 1. "Three things in human life are important. The first is to be kind. The second is to be kind. And the third is to be kind." Henry James
- 2. "If you want to lift yourself up, lift up someone else.- Booker T. Washington
- 3. "Kind words can be short and easy to speak, but their echoes are truly endless." Mother Teresa

## August 8-12

- 4. "Kindness is a gift everyone can afford to give." Unknown
- 5. "If you see someone without a smile, give them one of yours." Dolly Parton
- 6. "Throw kindness around like confetti!" Kid President
- 7. "Try to be a rainbow in someone else's cloud." Maya Angelou
- 8. "If speaking kindly to plants makes them grow, imagine what speaking kindly to humans can do." Unknown

# August 15-19

- 9. "Be kind whenever possible. It is always possible." Dalai Lama
- 10. "No act of kindness however small is ever wasted" Aesop
- 11. "Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you." Princess Diana
- 12. "No one is useless in this world who lightens the burdens of another." -Charles Dickens
- 13. "Work hard, be kind, and amazing things will happen." Conan O'Brien

### August 22-26

- 14. "For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone." Audrey Hepburn
- 15. "Remember you're the one who can fill the world with sunshine." Walt Disney
- 16. "Do your little bit of good where you are. It's those little bits of good put together that can overwhelm the word." Desmond Tutu
- 17. "Kind people are my kinda people." Unknown
- 18. "You can always always give something, even it it's a simple act of kindness." Anne Frank

## **August 29-31**

- 19. "One kind word can warm three months of winter." Japanese Proverb
- 20. "One person can make a difference, and everyone should try." John F. Kennedy
- 21. "How do we change the world...kindness" Morgan Freeman