

Forsyth County Schools Mentor Program



Join us at our next training!

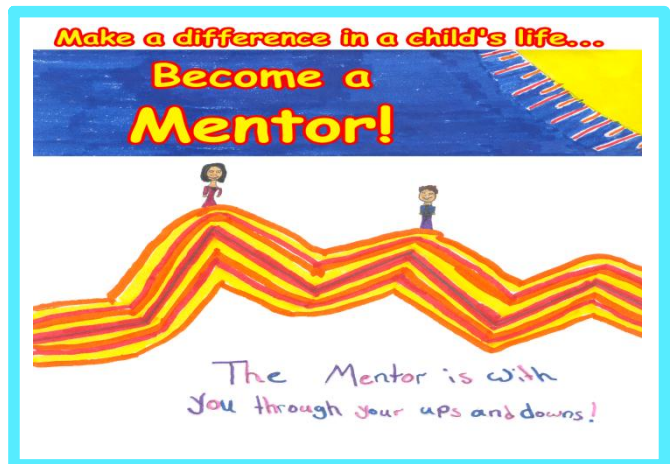
**No registration required*

November 5, 2012- 6:30-8:30 pm

OR

January 28, 2013- 6:30-8:30 pm

Forsyth County Board of Education
1120 Dahlonega Highway
Cumming, GA 30040



For more information, please contact:

Susie Brookshire, (770) 887-2461 ext 202339
sbrookshire@forsyth.k12.ga.us

OR

Lindsey Simpson, (770) 887-2461 ext 202347
lshadburn@forsyth.k12.ga.us



What is a Mentor?

A mentor is a volunteer that works to provide a young person with a special, encouraging relationship that will hopefully become a foundation for success in a child's life. Through this relationship, a mentor attempts to foster the child's self-worth, motivation, coping skills, and strength of character. Put very simply, a mentor lends a child friendly support and a listening ear. This can be done by just talking to the child, reading a book to or with the child, playing a game, or doing an art activity. This gives children a chance to experience some success in a caring environment removed from the regular classroom setting. Mentoring is a unique way that you can help children and give back to your community. One person can MAKE A DIFFERENCE!

What Does A Mentor Do?

- **Be an effective listener.**
In many cases, the mentor is the only person that the student has identified as one who will listen to his/her concerns and problems.
- **Help the student set short and long term goals.**
Convey the idea to the student that if he fails to plan, he plans to fail.
- **Help the student identify the positive things in his/her life.**
For example, what he likes about himself or what things he can do well. Concentrate on his strengths and use them as a framework for helping the student overcome his weakness.
- **Give them hope and empowerment.**
Convey to the student that there is always "hope" that his situation can be turned around, but that "hope" depends, to a large extent, on him.
- **Put the shoe on the other foot.**
For example, place the student in the position of teacher, parent, and so on when dealing with the student's problem.
- **Get involved with the student.**
Commit 30 minutes per week toward the student's growth and development.
- **Be sincere and committed.**
A student can sense when you are not being sincere or do not have his/her interests at heart.
- **Develop a level of trust with the student.**
The trust relationship is of the utmost importance if the relationship is to work.
- **Be a Role Model.**
Be a responsible role model for the student who may not have other role models.
- **Be punctual.**
Always meet the student at the scheduled times or let them know if you cannot be there.