

# THE LAMBERT POST

Volume III, Issue I

Lambert High School

September/October 2011

## LAMBERT STUDENT BODY,

First of all, welcome to 2011-2012 school year. For seniors, make the most of this year, you'll want it back later in life. And for you freshmen, it'll go by fast, but they're not kidding when they say these will be some of the best years of your life. As Editors-in-Chief of your Lambert Post, we'd like to assure you that throughout the year, we're going to give you "the scoop" on what's going on here at Lambert and in our community.

As a new year rolls around, The Lambert Post has welcomed a new editor team:

**Editors-in-Chief: Cate Hackling and Alex Shepherd**

**Center Stage Editor: Trey Rosenkampff**

**Opinions Editor: Casey Kim**

**Sports Editor: Trevor Grant**

**Back Page Editor: Victoria Martinez**

**Online Editor: Rachel Thomas**

**Photo Editor: Mackenzie Bennett**

We can't wait for this year and all it's going to be. You as a student body make The Lambert Post what it is. We value your interest in our paper and would love to know what you've got going on that's newsworthy. Throughout the year, we want to hear your opinions and ideas about what you'd like to see featured in our issues. You can expect updates and coverage on all things school related, as well as in the community and world. We strive to keep you informed and praise any accomplishments we as The Lambert Community have made. If you have any questions, comments, or ideas, you can e-mail us at thelambertpost@yahoo.com or you can talk to Mrs. Baltodano in rm. 1810.

Sincerely,  
Alex and Cate  
Editors-in-Chief

## CONSTRUCTION EVERYWHERE

**Mackenzie Bennett**  
Photo Editor

Everyone in the surrounding area has noticed the traffic and congestion on Old Atlanta Road. Orange cones, bulldozers, and safety vests have been a prominent feature lately. Dr. Davison says that the road construction has been in the cards for several years and that the state has control over when and how long the work will be going on. Old Atlanta Road is being widened to four lanes. The funds for this project are coming from the state level, in the form of profits from the SPLOST tax. The construction is supposed to continue through the winter and will hopefully be completed sometime in the spring. "It's a little inconvenience now for a great benefit later," says Dr. Davison.

There is also construction going on across the street from Lambert, on Nichols Road, where a new park is being built. This

park is also intended to be finished by the spring, and will offer a variety of amenities to the school. It might even offer some student parking, which is great for rising juniors and seniors. The park plans to also construct a running trail that will be combined with the one Lambert currently has. The trail will allow Lambert to possibly host cross country meets at the regional level, something we could not do before. The park will also offer basketball courts and a variety of activities inside the building.

Construction around the school is irritating now, but it has a purpose. It's necessary work that will greatly improve the surrounding area. All the traffic delays and power outages (the one we had last year was caused by construction across the street) will pay off when Lambert can enjoy greater ease in commute as well as more parking and activities for the student body.

## How To Lose A License In 10 DAYS

**Taylor Keil**  
Staff Writer

Although driving may seem like a necessity, it is a privilege for all teenagers. There are many steps to go through to get your license, but there are also many ways to get it extracted. For example, here at Lambert High School if you miss ten or more unexcused days of school, there is a consequence. When Mrs. Suarez was asked, what are some consequences of missing too much school, she responded, "If one is under 18 years of age their license can be suspended, you will not get the lessons, and therefore you will not be set up for success on upcoming exams." Examples of unexcused absences are "My car broke down," or "I was visiting colleges (without a note)." Furthermore, many Lambert Juniors and seniors have wondered, If my license is suspended will I lose my parking space? The answer to this is yes. If you get your permit or license suspended, your space is gone for the remainder of that year. It is important to keep your attendance and grades up to the best of your potential.

Attendance is the key factor to one losing his/her license, but others contribute as well. Under Georgia Law, different misdemeanors in behavior can cause a person to lose their license. For

example, causing visible harm to another student would break the driver's license laws. Also, the possession of any weapon will cause a student to become expelled immediately, therefore also causing the license to be extracted. Finally, possession or sale of drugs is illegal on the school campus. Once one's license is extracted, the parking space contained goes to the next student in line for a parking space. Not only is behavior

important at school, but it will affect who you are in life and in the workplace.

If you are absent, it is your job to notify the front office within five days of the excused absence. A

note or email must be submitted with the date, reason, and name of the student. Colleges do not look directly at school absences within high school, but they will notice if "slacking off" and absences were frequent and played a role in grades and/or GPA. Driving is something everybody wants to do; as for according to a Lambert Junior, "Nobody takes the bus unless they have to." Attendance is vital for school and driving, but it is even more important to be able to drive later in life to get everywhere you need to go.

*"If one is under 18 years of age, their liscense can be suspended."*

## TEXTBOOKS WANTED: DEAD OR ALIVE (OR SLIGHTLY USED)

**Hannah Quire**  
Staff Writer

Textbooks are cumbersome objects, and the task of dragging one from class to class can be aggravating. However, the penalty for the loss of a textbook just may be more so. Book prices range from seventy-five to one-hundred and fifty dollars to replace—a fine that the students of Lambert seem to be taking quite seriously. "Right now, we have forty-three textbooks that are lost, for the amount of \$1,804.22," says media-specialist Mrs. Kaye. This statistic is from last year, and with over two thousand students at the school, the statistic is rather low. Despite

this, the possibility of losing a textbook is not obliterated. Mrs. Kaye instructs the students to return any found book to the media center immediately. For the students who have already lost a textbook and have that fine looming over their heads: never fear. Once a student pays the allotted price, "they receive another textbook," says Mrs. Kaye. Also, refunds are given to those whose books turn up after they have paid. Despite the burn textbooks prove to be, there is a price to pay if one is lost—literally.



**FASHION  
DONT'S FOR  
FALL**



**FRO DOWN**



**SOMETHING  
OLD,  
SOMETHING  
NEW**

**CHECK OUT OUR NEW  
BACK PAGE!**

## NEW GRADING POLICY

Gabrielle Seok  
Staff Writer

As the school year kicks off and grades are finally open to students on Infinite Campus, the buzz about the grading policy rises. This year, the policy that was formally enforced as 60% summative/ 40% formative is now altered to 75% summative/25% formative. Reasons why the grading policy was changed remained unclear. Various students conjecture that it will help students prepare for college or that it will be less of a jump for freshmen to adjust to the high school curriculum due to the fact that the middle school grading scale is very similar to the new policy. Students began discussing their thoughts and feelings about the new arrangement. “I don’t like it,” Jenson Rawling expresses. “I think that my grade will lower.” Caroline Galphin feels the same way and believes that it will hinder her grade, stating that quizzes will become a

waste of time. Study habits will also have to be adjusted; preparing for tests and other summatives will be vital. Spanish teacher, Ms. Corn, thinks otherwise. She suggests that the grading scale should go to extremities as high as 100% summative/0% formative. She proposes that this scale will measure exactly what a student knows. Although she thinks the scale should be adjusted even further, Ms. Corn does prefer the new policy to the old one. More thoughts about the grading policy are that teachers could possibly be more lenient on formative assessments. Bombing a quiz or forgetting to do homework will not have a huge impact on your grade. Regardless of the students’ opinions, the new grading policy is set and all students have to do is assimilate.

## JOBS, STEVE; LOSING HIS?

TJ Hodge  
Staff Writer

Steve Jobs resigned as CEO on August 25, 2011. This is the guy that brought you the Ipod, Ipad, Mac, Iphone, Ibook, practically everything Apple; now that he has resigned, what is left for Apple? In his resignation letter Steve said, “I have always said if there ever came a day when I could no longer meet my duties and expectations as Apple’s CEO, I would be the first to let you know,” and that is exactly what he did. Mr. Jobs requested in the same letter to be named as Chairman of the Board so he could still be a part and have a say in his company. He also recommended that his successor be the then Chief Operating Officer, Tim Cook. Effective immediately after Mr. Jobs turned in his letter; Mr. Cook was named the new CEO and Steve

was elected the Chairman of the Board. Art Levinson, a board member, stated that Mr. Jobs will, “continue to serve Apple with his unique insights, creativity and inspiration.” Apple employees and board members, including Steve Jobs, say that they have high hopes in Tim Cook as the new CEO, and believe that even though Steve is no longer the CEO, he will forever have an influence in the future of Apple.



## LEGALIZED SKIPPING IE<sup>2</sup> vs. WORK RELEASE

Sabrina Hand  
Staff Writer

159 of your fellow classmates are skipping their seventh period class every day, and the school is allowing it. Lambert offers two early release programs that allow students to leave as early as sixth period, for a multitude of reasons. You can choose between IE2 or work release, both having benefits. Work Release students are allowed to leave school so you can go to a job; however you still have assignments to turn into the school. This means that work release gives you a class credit, even though you aren’t in school all day. IE2 is truly a shortened day meaning you can leave school and do whatever you want, but you aren’t receiving a class credit.

Many seniors choose to take IE2 if their graduation requirements are met such as Reid Quisenberry, who says, “Taking IE2 is better because you get to choose what you do, you don’t have to go work.” Although some seniors choose to take the easy route and go home, others choose work release so they can make money or

get a job in their career of interest. Becca Marrack explains why she choose work release by saying, “I only needed three classes to graduate, so I am a dental assistant at a pediatric dentist office to get a feel for a professional medical environment.”

The idea of getting out of school early excites many students; however some are worried what it will look like to colleges. “Work release can be valued on a college application because they are getting real experience for balancing a job and school. IE2 can worry colleges because they don’t know what you are doing with your time. If you are taking five APs and then going home to study, then they will look at it differently than you going home doing nothing.” Said our school counselor, Mr.Neighbour. Another one of Lambert’s counselors, Mrs.Eccleston, explain that “Each early release is based on case by case, and could potentially add value to your college resume if using your time productively.” Both counselors advise talking to parents, colleges you are interested in, and a school counselor before making a decision.

## KEEPIN’ IT FRESH

Sean Langley  
Staff Writer

Imagine coming to school every day and having over 30 people with every seat filled in almost every class. This is how school is for the freshman class this school year. This newest class to enter Lambert Has around 600 students, one of the largest this school has seen. In an average classroom for the class of 2015 the number of students ranges from 28 to 34 in a core subject. This sheer number of students can provide problems for both the teachers and students themselves. With the larger number of students in each class the teachers are not able to pay specific attention to each student’s needs. Due to this if a student needs extra help they often times have to find a time outside of school hours to learn or have help in specific subjects. Not only the students find this a pain, the teachers many times have the trouble of trying to control the size of the class. “The classes this year are larger, I’m glad I had a year to get used to teaching freshman” says Ms. Stoops. The organization and effort needed by the teachers is increased with the quantity of students. Yet this new challenge the students and staff face due to the enormous class can also bring benefits, when these

people rise to the challenge they face. The size of the freshman class also has social implications. The freshman class along with all of the other classes is a combination of several different districts that are set for this school. With all of these new faces in the same grade it can mean people will either gain new friends or sink back into their own social enclaves. “I know almost everyone in my class this year,” says freshman Carter Laweson. This social size also moves away from school into transportation. For many of the freshman the bus is the only way of transportation to and from school. Everyone on the bus is cramped together forced to sit with multiple people per seat. That will also cause a shortage of parking spots for these students later on in their high school careers. For many of these students one hope for getting a parking spot is to keep up good grades and become involved in school activities; which is good for the school. Overall the size of the freshman class this year has many implications on the way these students will experience their high school lives at Lambert.

## FRESHLY ELECTED

Molly Hackling  
Staff Writer

The Freshman Class Council was recently selected by the whole freshman class over Angel on September 7th. Freshmen were asked to vote for the candidates in categories such as President, Vice President, Secretary, and Historian. The winners were announced on Friday, September 9th. Christina Baewas elected to represent Lambert as Class President. Grace Mohr was elected for Vice President, Stephanie Dewendt as Secretary, and Katia Santana as Class Historian. The Class Council will have to do many duties, such as helping out with Homecoming by decorating the hallways, communicating with other clubs, organize school activities and fundraisers, and maybe even representing the Freshman class with a class float; a new tradition at Lambert.

**Molly Hackling:** What motivated you to run/why do you want to serve?  
**Christina Bae:** “I wanted to serve the Freshman Class in some way to benefit everybody. Also, I can meet new students, and gain valuable experience from this election.”

**MH:** Tell me why someone had voted for you.  
**CB:** “I will try my best to provide the best freshman year for everybody, and will take all concerns and comments. Also, any ideas from the Freshman Class will definitely be addressed by me, and I will be an excellent communicator to intermingle our class with the others as well.”

**MH:** What are some of the ways you let other freshmen know to vote for you?



**CB:** “I put up many posters all around the school, as well as flyers. I have been meeting with students during school every day, and to add a little fun to it, I give out candy. Besides the Face book page that was created for my election, there is another page dedicated only to the Freshman Class Council. This page will be updated frequently regarding what’s happening here at LHS. Comments, ideas, and opinions can be posted on the wall, and all freshmen can participate in discussion forums concerning fundraising, and activates going on in our class.”

**MH:** How do you plan to meet the needs of all the students?  
**CB:** “I plan to contact students by the use of technology, or simply talking to students at school. This way, everybody can get their opinions, questions and concerns communicated to me so I can put in effort to acknowledge these opinions.”

**MH:** How did it feel about winning the election?  
**CB:** “I am honored to be able to be elected in as president of the freshman class. I am extremely happy to be able to work with everyone and make this an amazing year for all of us.”

**MH:** As President, which role are you most looking forward to? “I am excited about everything, of course, but I am looking forward to work with the class to get our ideas, opinions, and suggestions across to unite the freshman class and mingle with other classes as well.”

WE WANT MORE...  
POTTERMORE

Casey Kim  
Opinions Editor

With the release of the seventh book in 2007 and the eighth movie just this summer, and with no signs of any new material in the making, it seems that the legacy of “The Boy who Lived” is finally coming to a rest. Fortunately for the millions of Harry Potter fans world-wide, while Harry’s journey may have come to an end, the proverbial hippogriff ride isn’t over for those who have stayed with Harry (and will probably never leave him) with the creation of Pottermore, an unique website created by author JK Rowling as an online companion to the books. Members will be able to live any Muggle’s dream: experiencing the Wizarding World for themselves, through interactive reading experiences where they will “follow” Harry and learn more about the characters, objects, places, spells, and creatures along the way, starting with the first book. Members will also be able to connect with other users, buy their own wand, and get sorted into their House based on quizzes created by JK Rowling herself; the ultimate Harry Potter experience for anyone who’s ever dreamed of being a witch or wizard. In addition to the virtual experience, Pottermore will also the exclusive location to obtain the e-books and audio books of the series. For those who are interested in the new information, more than 18,000 words of additional content that JK Rowling could not place in the books will be uploaded to Pottermore, so if you were ever curious about the love life of Professor McGonagall, you know where to go.

All this new information may sound great, but how does the website match up with its lofty expectations? Fans and Entertainment Weekly have given their stamp of approval, calling it a “magical portal”, amazed at the detail and “thrilled” about the images “coming to life” before their very eyes, a view expressed by Junior Zack Eccleston, who was one of the lucky few to get on Pottermore early. As he says, “Pottermore is really great in the way that you can interact with the books, (the closest thing to) experiencing the Wizarding World for yourself—It’s not a waste, and something every Harry Potter fan can enjoy.” A Harry Potter fan herself, as teacher Madame Burgess says, “I’m on Pottermore primarily for that constant stream of new information from JK Rowling, although different people have things they use the website for, like connecting with other people who have the same love of HP. And I don’t feel strange being on there, it’s almost the opposite. I grew up with Harry Potter from the beginning, so it’s almost strange seeing so many younger participants on the website.”

Pottermore first started development in the Spring of 2009, with word of it first released in a geographical scavenger hunt with coordinates as clues that spelled out “Pottermore” in June 2011. The Website formally opened on July 31st (JK Rowling’s and Harry’s Birthday) with a seven day early registration process called Magical Quill Challenge, that gave a million lucky few early access to Pottermore between August and September if they managed to solve a clue, one for each day and book, and click on the magical quill. If you missed the Quill, don’t fret; membership on Pottermore is free of charge, and opens to the general public in October.

THE DRN IS BACK FOR MORE

Meredith Rhodes  
Staff Writer

The Dead Red Nation, known as the DRN, plans on bringing more school spirit to Lambert this year. With the new class running the spirit group this year they plan on attending many school sporting events. Their job is to pump up the crowds for games , and get the school more excited and want to be involved.

This year the group plans on attending a lot of football, lacrosse, soccer, and basketball games. They also attend other events, but mostly the more popular ones. The DRN will “try not to miss any playoff event”, Colin Perzella says. Before the events they all meet up so they can run in together, and bring in the spirit. With running in all crazy at the event, they come in crazy outfits as well. They all went shopping together at Party City and made shirts and bought shirts to wear to these sporting events. There is also a new addition to the

DRN this year; They’ve brought in girls to help them cheer on our teams. The DRN is definitely not slacking so far in their school spirit. As one member says, “we are way better than last year’s DRN by far”. They actually come to the games, and stay the whole game, unlike in the past. They also interact with the crowd and cheerleaders more to get everyone all pumped up.

All of the members of the DRN are all seniors, with the exception of two juniors. This is part of the tradition that has been carried on since the first graduating class started the group. They are known for showing up after the game starts , and running in and screaming to bring attention to them, as well as getting the crowd pumped up. This year group has more in store for the crowds to see, so everyone come and support Lambert sports teams to see the DRN as well.

SIBLING RIVARLIES:  
KEEPING IT IN THE FAMILY

Grace Mohr  
Staff Writer

Siblings can be a blessing or a curse. When siblings attend the same school, a sense of sibling rivalry often comes into play whether it is on the court or in the classroom. The gender of the siblings, their closeness in age and if they participate in the same activities can factor into whether the rivalry is friendly or not. Some say having their sibling at school is a positive thing where they feel motivated and supported, while others say competing with each other for the “prize”, turns their relationship into a rivalry.

Many freshmen have upperclassmen as siblings. Freshman Courtney Schrock says, “It feels good to know that he (Conner Schrock) is there to help and support me.” For most girls that are younger, an older male figure makes them feel safe at school. Senior Conner Schrock says, “I’m glad I can be here for her freshman year to help her out and guide her to having good high school years.” But Courtney also says, “He is really good in cross country and I have to live up to that.” Often

such a feeling puts stress on the younger siblings because they don’t want to disappoint their coaches, teachers and/or parents.

Other people, however, say that they aren’t compared to their sibling. Freshman Julie Broadus says, “We are two different people with our own special abilities.” Since her brother, David Broadus, plays different sports than her, they don’t get affected by the athletic comparisons. Academically, her parents and teachers don’t compare them either because, like Julie said, they are completely different. David says, “I think it’s cool that she is with me at the same school my senior year.”

Being a sibling in the same school comes with its advantages and disadvantages. Some students find motivation and support from their sibling rivalries, while others feel pressure and stress. Either way, whether the rivalry is a curse or a blessing, a connection is felt. Most of the time, once out of the heat of the competition, siblings will be there for each other no matter what.

RACHEL’S CHALLENGE

Brooke Metz  
Staff Writer

Twelve years ago, the worst high school shooting in America tore apart Columbine High School. Two boys entered the building armed with guns and intentions of murdering their classmates in cold blood. Thirteen kids were killed that day, and the first student they shot was Rachel Joy Scott.

Kids at Columbine lost everything that day. They saw their friends killed right in front of them and felt the absence of a sense of security. But losing Rachel Scott took an even greater toll on students. Rachel was a friend to everyone; she wanted to reach out to others and start a kindness revolution. She went out of her way to be kind to others, such as sitting with new kids at lunch and defending students from bullies.

After she died, her parents found journals Rachel had written about how she wanted to impact the world and start a chain reaction of kindness. Rachel believed that “compassion is the greatest form of love human beings have to offer.” Inspired by his

daughter’s ideas, her father started Rachel’s Challenge, a program that encourages students to be kind to each other. Lambert students were clearly impacted by the program. After the presentation, kids were challenged to tell their friends how important they were to them. Some in tears, they embraced their friends and left the auditorium with new attitudes and a desire to impact the school with kindness.

This desire will be satisfied as students at Lambert start a chain reaction of kindness through the FOR Club. The FOR (Friends of Rachel) Club will serve as an opportunity for people to reach out to their classmates, whether it be in welcoming new students or in defending kids who are often bullied. As members of the FOR Club, “we’re not against anything,” says Neil McIntire, presenter of Rachel’s Challenge. “We’re for kindness; we’re for compassion.” The club represents a group of students dedicated to making a positive impact and reaching out to kids in need. What if every time you saw someone who needed

a friend, you reached out to them? What if you saw someone being picked on, and you stood up for them? And what if you were the one who needed a friend? What if someone stood up for you? If just a few people showed a little kindness, we could transform our school. As Martin Luther King Junior said, “Hate cannot drive out hate; only love can do that. The chain reaction of evil must be broken.” The mission of the FOR Club is to be more than a service club; it is a new way of life for students. A chain reaction of kindness can happen at our school if everyone is willing to try. But we can’t just sit around and wait for change. As Gandhi said, we must “be the change you want to see in the world.” This is Rachel’s Challenge; it’s not easy. But we do have the power to make a difference—we just have to get up and do it. As Rachel said, “you just might start a chain reaction.”

# FEATURES

## GIRLS OF A FEATHER FLOCK TOGETHER

Bailey Toth and Olivia Vasquez  
Staff Writers

It seems like every trend is started by teen idols, and that’s just the case with this year’s hottest hair accessory: feather extensions. Everyone from Ke\$ha and Selena Gomez to Jennifer Love Hewitt and Steven Tyler have been sporting this style craze. New year, new look, and apparently birds are the new obsession. Girls throughout Lambert are wearing feather extensions and this look is becoming more popular by the day. To the fashionably clueless, feather extensions can be made of full, thick feathers, or thin strips, clipped into a few strands of hair. They come in all different colors, some gaudy and some chic, and are also available in natural colors that blend in with your hair. Although this trend has taken flight, there are mixed opinions on this fad.

For the most part, the popular opinion is that these feather extensions are fun, stylish and add a little sass to every outfit. Sophomore Dani Crescenzo said, “it was a new look, a new change.” Many girls consider what color they put into their hair based on their personality and style. In this day and age, nobody wants to blend in with the crowd and these feathers add uniqueness to each individual. “I liked feathers because I thought they were cute and stylish. They were unique and different and that’s my thing,” says Natalie Frederico, a freshman. “Every feather is different, just like personalities.”

But when is too many too much? Some people have as many as fifteen or sixteen feathers in their hair at once and according to senior Zack Schlosser, “too many feathers become too excessive.” They begin to take over your hair and are distracting to others. The multiple colors start to clash with your outfit and make you look like an ugly duckling. The goal of a feather is supposed to make you look more stylish, not a walking fashion faux pas. “I don’t know many people who had as many feathers as I did,” states Crescenzo, who wore up to thirteen feathers at one point. Thirteen may be an extreme for some, but students such as senior Laura Boyette, said she has friends with up to seven.

When talking about numbers, age comes to mind. Girls as young as six and seven years old have been seen working this trend. At that age you should be worrying about if there will be enough room in the sand box, not what style feather to put in your hair. Sophomore Peyton Hosier agreed when she said that little girls should be thinking about other things, not the latest fashion accessory. It seems as though mothers are encouraging their daughters to look up to celebrities like Ke\$ha instead of the original Lizzie McGuire. Students are saying that it’s your choice and that it shows individuality, but at six years old, you don’t know what that word even means.

It’s not that feathers are hideous; it’s just that we think it’s weird that they’re worn in peoples’ hair and not somewhere else, unattached to the body. The more natural feathers blend in better and look more presentable, compared to the bright, outrageous feathers that consume some students’ heads. All and all, this obsession came via celebrity influence, just like most other fashion statements. But the real thing to consider is whether this trend will nest year round or migrate south for the winter?

## WE ALL SCREAM FOR... YOGURT!

Victoria Martinez  
Back Page Editor

Who would ever think that there would be something better than ice cream? What is it? Yogurt...not the kind that your mom used to pack you in your lunch box but the yummy kind. Today there are yogurt places every corner that you turn. How do you choose when they’re all different and offer different things from flavors to toppings. Seniors Molly Howell (TCBY) and Auburn Kemmerer (Yogurt Mountain) both work at yogurt places and defended both of their places as to which one was better. Yogurt Mountain is located in Johns Creek. Auburn claims that “Yogurt Mountain is the best! It beats all the other self serve yogurt places. YOMO has the widest variety of toppings and the yogurt is from a real dairy farm. The employees that work there are friendly and greet you as you walk in. The environment is happy and upbeat. So YOMO is the best choice out there. High school kids come in usually Friday and Saturday. It is the best, richest, and ice cream tasting yogurt around. Yogurt Mountain isn’t hiring right now but always accepts applications. We change our flavors every 1-2 weeks.” Junior Savannah Scott loves YOMO. Her usual is blueberry with nuts and likes the yogurt here because it’s so creamy. The YOMO website states, “Yogurt Mountain stores are the ultimate self-serve frozen yogurt experience featuring 16 rotating flavors of delicious, authentic frozen yogurt and over 50 toppings. All of our Yogurts are fat free or low fat and feature probiotics, which can help promote a healthy digestive and immune system. They’re also a great source of protein and calcium.” TCBY is defiantly defended when it comes to Molly Howell. Molly says, “TCBY defiantly goes with its acronyms because it defiantly is the country’s best yogurt. Our toppings are very versatile. The set up of our store has the most unique out of all the other yogurt places and it’s a modern tone. We are very family oriented. The employees that work at TCBY are very close and friendly so that makes a comfortable environment for people to come in. We always keep it clean and we are very well known for it. The fruit that we serve at TCBY is always fresh, it’s never frozen. Everyone should come and stop by

TCBY to get the best experience of their life.” Three students at Lambert who were interviewed claim to like TCBY the best. Junior Madison Gunter likes “tart things better and it’s healthier.” She gets strawberries, bananas, and nuts on top of her yogurt from TCBY. While Jonathan Herren, junior likes chocolate with gummy bears, rainbow sprinkles and chocolate chips. Can you say complete opposites? Although TCBY got more interviews in their favor when surveyed most people at Lambert like Yogurt Mountain better. Then there are those like Mr. Smith who doesn’t have a favorite. “I’m becoming health conscious. I like to have less fat and yogurt is the way I can sneak it on my family. I like how they have new flavors. I normally get vanilla with rainbow sprinkles. All yogurts bow down and be humble in its presence. Become one with the force. I’m really interested in heading over to Yogurt Mountain and I’m looking forward to my free bumper sticker.” Whether you have a favorite or not yogurt is yogurt and it’s the new way to go. No one is sure whether or not if it’s a fad or not but enjoy it while you can especially because you don’t need to worry about counting calories.



## THINK YOU’VE GOT SPIRIT? THEN LET’S HEAR IT!

Bella Green  
Staff Writer

Spirit week is almost here and the anticipation for homecoming is rising. Since Lambert’s 2011 graduating class was the first, we now have former Lambert students that can come home. In the past two years, Lambert has had everything from Hippie Day to College Day, making it one of the most fun weeks of the year. Sophomore Kevin Thwaits said that his favorite day was Neon Day. Although most students participate in some form, there are always students that go all out. Sophomore Peyton Hosier says, “I love seeing how everyone dresses up and how creative people can get.” On the other hand, some students don’t like dressing up at all because they feel they are going to be the only ones who dress up. This years spirit week is said to include the favorite pajama day and a few new ones. Freshman Carter Lawson said that if he could create any day he would make a “Buzz

Light-Year day, while senior Matt Dozier said he just prefers hat day. Look around the school to find out how to dress up and when. Schools don’t just rival in the Homecoming football game, spirit week is always included. Because Lambert is just in its third year , traditions for spirit week aren’t well established yet. One Lambert Senior said “war and peace day was a lot of fun and people got really crazy.” Lambert is getting the Homecoming traditions cranked up beginning with the first Homecoming Shopping Cart Parade. Every club and class and sport at Lambert is allowed to decorate a shopping cart to push at the Parade on the night of the Homecoming football game. Clubs such as FLOOD, FCA and sports are making carts. Certain classes, like Yearbook, are also decorating carts. The Parade will go from the front of the school, through the student parking lot and down around the

track. If you want to decorate a cart you can get a teacher to sponsor your club, class or sport and join in on the parade. Spirit week will be here in no time, so start preparing for the best spirit week yet.

Make sure to participate in the Homecoming 2011 Spirit Week:

**Monday:** Pajama Day  
**Tuesday:** Nerd Day  
**Wednesday:** Hawaiian Day  
**Thursday:** Cowboys vs. Indians  
**Friday:** Lambert Spirit

# FEATURES

## Homecoming Trends: Do’s and Don’ts

Sierra Martin  
Staff Writer

From ruffles to sequins, choosing the right homecoming dress is step one in pulling off a perfect look for the dance. A dress can reflect your whole personality and it should complement your coloring, body shape, and make you feel like a million bucks. Some daring girls go for the sexy look of a tight sequined dress while others prefer a sweet puffy A-line. Either one, there are thousands of looks to choose from this season.

One of last year’s big trends was prints. At the Atlanta Apparel market in August, prints were nowhere to be seen. Some of the big trends were ostrich feathers, lace, cutouts, one-shoulder, sequins / embellishments, slits, strapless, and even long dresses. Sophomore Jessica Gerber says, “I wish girls would wear floor length dresses to homecoming.” This new trend of wearing a prom dress to a traditionally short-dressed event could help you stand out amongst the sea of party dresses. If you want to stick to what everyone else is doing try dresses in bright, bold, solid colors. Olivia Vasquez says her homecoming dress is a deep purple, while other girls will be wearing yellows, greens, blues, pinks, and jewel tones. A major trend for the last several years has been sequins. To really shine at the dance, try an all sequined dress in silver, gold, ruby, or aqua. Lastly, a classy black or white dress is always in style. Kensi Little’s dream dress is a strapless black sparkly mini. The beauty of a black or white dress is really playing with your accessories.

The ageless battle of comfy vs. stylish continues when choosing shoes to go with your dress. Option A, you can go with flats. This is best for tall girls that want to remain the same size as their date or if you can’t walk in heels. Sandals, classic flats, or kitty heels work well. “I’m wearing sparkly Toms to homecoming” Peyton Foernsler says. On the other hand, there are heels. You can go with a wedge for comfort and height for with a stiletto for a sexy look. Freshmen Chelsea Thompson says of her shoe choice that she will be wearing heels “because she’s short”.

Finally, we turn to the boys. The one night their mom makes them put on something nice and makes them take a million pictures for proof. Of course you pray your date doesn’t resort to the tuxedo T-shirt because they want to be formal, but still here to party. Guys don’t usually pull out their tuxes until prom. Jared Cook says he’ll be wearing a white button down, dress pants, a bowtie, and dress shoes. This year you will see many bowties at homecoming whether you like them or not. It’s a way for guys to stand out and make their own quirky fashion statement. Now you know what’s hot and what’s not for homecoming. Everyone can find something that suits them. Remember, designers know how to make dresses to complement your figure so research what type of dress looks best on you. The top selling lines such as Jovani, La Femme, Sherri Hill, and Faviana have multiple looks to perfect your homecoming experience.

## Dubstep... The Future of Music, or the Decline of a Risen Genre?

Sean Carruthers  
Staff Writer

It is not a secret that the hype of Dubstep music has been escalating far beyond the creators’ original intentions. What started off as a hobby for a few English DJ’s, has turned into a genre known world-wide. The question is, will the popularity of this rising genre increase, or has Dubstep already peaked at its full potential?

Dubstep first started in the late 1990’s. This mix of Jamaican dub and electronica started off as an experiment. The combination of dark ominous melodies with a few mellow bass wobbles sounded surprisingly soothing. As the genre of Dubstep started evolving, the inventory of sounds increased dramatically, creating an overwhelming chaos for some, and musical genius for others.

The line is drawn and the combatants are not willing to cross sides. Followers of Dubstep claim they will remain loyal to their opinions. The opposing side agrees strongly on their opinions, also acknowledging that they will never be fans of Dubstep.

“Dubstep does not have meaning, words, or a point. Music is supposed to be played by instruments; not made by some nerd hiding behind a computer. Dubstep is the worst genre of music that I can think of.” These words of “wisdom” were spoken through Sierra Martin. Not only do opposers of Dubstep not listen to it; they despise it at a certain

level that words cannot justify. In contrast, followers of Dubstep don’t see themselves getting tired of it. Some fans claim they like listening to Dubstep while raving or partying, while others feel Dubstep can be appropriate at any time or place. Some even go as far to say that Dubstep helps them to relax or sleep. Olivia Vasquez disagrees. “If you are raving or partying Dubstep can be awesome, but Dubstep is only fitting for certain occasions. If you are driving to a friend’s house there is no point in listening to Dubstep full blast, and trying to party for 5 minutes.”

Dubstep fans appreciate the music for its versatility, but the common denominator in a true Dubstep fan, is the need to hear the drop. As the anticipation of the song builds up everyone knows its coming. Evan Bridger declares Dubstep has the most intense drop out of any type of music. Other fans agree that the drop is primarily the reason that they listen to Dubstep. Those who don’t like Dubstep counter that statement saying that the drop is when the song takes a turn for the worst, making random noises that together do make any sense.

If the popularity of Dubstep continues to increase at the same rate, within time Dubstep could start to take over mainstream music. Although many people do dislike Dubstep, the fans have made their message crystal clear stating that they will remain loyal.

## You Can Run, But You Might Not Be Found

Racheael Alesia  
Staff Writer

There is a new game going around that teenagers have been caught playing called fugitive. The reason most students 16 and under don’t know about it is because it is a game played in cars. A senior student claims it to be “like the game of man hunt.” In the game there can be as many teams as you desire and each team consist of 4 players; 2 players on feet 2 players in a car. The players on feet are blindfolded and then taken by a different team to wherever the drivers choose. The drivers can take their “prisoners” anywhere they want in a 10 minutes range. Neighborhoods are generally excluded, but not always. Once the players are dropped off they remove their blindfolds they call their team members who are in a car to pick them up wherever they are. Whoever makes it back to the starting place with their full team first wins. No mobile GPS devices may be used and asking for directions is forbidden.

According to the internet there is another version of this so-called game fugitive, this version is claimed to be the personification of extreme tag. It was created by and for upperclassmen. A

group of kids meet at a central area, such as a neighborhood parking lot, some teenagers run from the area while other players chase the runners in cars or on foot. The fugitives get a head start, while the chasers follow them until they are caught. But of course there is no game without rules, the task must be completed without using interstate highways and players must follow the 45 minute time limit. The creative thing about this version is you can cut into neighbor’s backyards and hide in the bushes to hide from the chasers, when you do this though you can’t stop these neighbors from calling the police for trespassing.

The drivers place is obviously for the players that are eligible to drive, but usually has someone in the passenger seat so they can hop out of the car and tag or call out the runner’s name. Once this happens the runner that is caught must get into the car until the game is over. It is a quite risky game but parents sure would rather their kids be doing this than other illegal things that can harm their health. Who knows maybe this game will one day be as popular as the real game of tag and capture the flag.



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# Something Olde, Something New...

## “GO CARTS!”

Sabrina Hand  
Staff Writer

The Homecoming game now has a way for everyone in the school to be involved, not just the athletes or students on court. The junior class council came up with a new tradition in hopes of raising the school spirit by involving everyone, from the freshman class to the French club. You can participate with a club, academic or election class, or your grade.

Every group decorates a shopping cart based on what group you are representing, as well as incorporating the homecoming theme on the cart. The theme of this year’s homecoming is Midnight in Paris, so your cart should have some representation of this. The shopping carts will then be paraded around the track during the homecoming game by representatives from each group. Each group wants to make their cart the most outrageous and spirited because the best decorated shopping cart will win one hundred and fifty dollars.

The junior class council took this idea from colleges that paraded floats around their track. The shopping

carts are a small scale idea of the floats that are doable at Lambert High School. Sophomore Regen Huffman says “The shopping carts are a great way to reinvent the tradition of floats!” Another purpose of creating this tradition was to improve school spirit for spirit week and the homecoming festivities. Mrs. Terry, one of the teacher representatives of the junior class council said “I talked with students and they wanted traditions. This shopping cart idea allows all students to be involved, not just the cheerleaders.”

That is only one of the new homecoming traditions. Another new tradition is each grade will also have a hallway to decorate so the whole school will be covered in spirit. Spirit week is also getting a make-over with new days such as cowboys vs. aliens and nerd day. Junior vice president, Sydney Mohr says “With all the new traditions this year, this will be the best spirit week yet and a great way to get the students excited for homecoming.”



## THE ‘HORNS GET SOME STRINGS

Brooke Metz  
Staff Writer

At the start of this year Lambert had an orchestra class for strings players is now available to Lambert students. Not only is it the first at Lambert, but it is also the first in all of Forsyth County. Students who play stringed instruments such as the violin are now able to express their talents at Lambert.

The class evolved from the Chamber Music Club started last year by students who wanted a musical outlet at school. It consisted of several violins, violas, and a cello. Players performed in the fall chorus concert and also played several concerts for Sharon Elementary, nursing homes, hospitals, and a hospice. Now that the club is a class, though, students have more ability to play in competitions and try out for other orchestras, such as All State. The class also offers a time for students to forget stress over their academic classes and play their instruments at school. “The orchestra is great,”

says violinist Mitchell Lee. “It lets me express my artistic freedom.”

Teaching the class are Scott McCloy, the band and now orchestra director, and Julie Rosseter, a violist. Mrs. Rosseter was a major part of the Chamber Music Club last year and is happy to be working with the same music-loving kids again. “We have such a great group of players,” she says, “and I’m really looking forward to watching them progress.”

This year will include various auditions, concerts, and competitions for members of Lambert’s inaugural orchestra. They will try out for the All State Orchestra, an extremely competitive group of talented musicians, perform for nursing homes, and hold professional concerts of their own. It may be the orchestra’s first year, but there is much ahead for the players and the program itself in years to come.

## LET’S GO CLUBBING

Jay Brown  
Staff Writer

At the start of this year Lambert had over 40 different clubs and the number is growing every year. Obviously clubs are a big deal at Lambert. “Clubs are a good way to get involved with Lambert and your fellow students,” said Lambert Athletic Director Drew Ferrer. Lambert has both small clubs and big ones as well. The DECA club had over 550 members last year, which was the second most in the state of Georgia behind South Forsyth. DECA is a marketing club. Every year they have fun field trips like Atlanta Hawks night and the fashion show were they give away scholarship money for the winners. They also compete in competitions in the local, state, and national level. They are having their national competition in Salt Lake City, Utah this year. You don’t have to be in marketing class to join and it only costs a small fee.

One small club is Ultimate Frisbee Club. Unlike DECA the club has around

40 people that come after school to play Frisbee. Senior Dillon Wright said “Ultimate Frisbee club is awesome, because all you do is play Frisbee.” The Ultimate Frisbee Club and DECA are some of the many clubs that got approved and the teacher that helps students make a club is Coach Ferrer. “The first thing I ask them is what the purpose of the club is, and then I ask them if they have a teacher sponsor. Now they have to have positions inside the club and enough members to keep the club going. In some cases when a person graduates the club dies, because no one wants to manage it,” said Coach Ferrer. If you are interested in joining any club, then go to the link on the LHS website under clubs and school activities. If you’re interested in making a club go to Mr. Ferrer’s office in the front office.

## IF I ONLY HAD A...

Jay Brown  
Staff Writer

IF (Instructional Focus) has always been at Lambert, but it has changed for the 2011-12 school year for the better. This year there is more variety and more class time. New classes include “Getting Lost”, “Catching Fire”, Lord of the Rings and many more. Both teachers and students are looking forward to the new classes. “There is a lot more variety this year,” Sophomore Student Bailey Toth said. “For example, like the chess and other new classes, it’s cool for the students, because they can have more enjoyable choices.” Bailey Toth said. “The class is a lot better and more

enjoyable than a regular home room class,” said Mr. Woodley. The school made the class longer, because they took out the 25 minute advisement period so you have more time in the class of your choice. “Once the IF classes start up, it will be a lot better than last year, because they took out the 25 minute advisement period in which all we did was waste time,” Bailey Toth said. Instructional focus has changed for the better and all of Lambert’s students are excited to start it.

# Something Borrowed, Something Crimson



Mrs. Bestor  
Career Tech



Mrs. Higgins  
ESOL

## WELCOME, NEW TEACHERS!

**Rebecca Yan**  
Staff Writer

Shiny waxed floors, squeaky clean whiteboards, and fresh-faced students fill classrooms and hallways. A new year means new additions, and freshmen are not the only new Longhorns—Lambert introduced new teachers to their staff as well. The fifteen new educators teach a variety of subjects, from Math to German to Career Tech. Bright-eyed and armed with Expo, these new teachers are ready to help better Lambert in every way.

All of the new teachers are wonderful, humorous, and full of interesting stories and cool experiences. Part of the interview required each teacher to name one bizarre fact about them self. Turns out, Mrs. Adamczyk’s sons’ names are ABCD (Alex, Brendan, Cameron, and Daniel) and Mr. Tarantino is related to the filmmaker Quentin Tarantino. The most popular answer to “What do you hope all your students can accomplish in the future?” would be Mrs. Laury’s “Anything they dream of...” Some teachers like Mr. Baldwin hope to instill the love of history into his students, while Mrs. Julta would like to help all her students lead a successful career path. Either way, every new teacher feels pumped and ready for this year to get going.

Mrs. Hamilton is a new science teacher at our school. “I was interviewed here, and saw Lambert was a great school,” she explained. When asked to tell one bizarre fact about herself, Mrs. Hamilton re-

plied easily by saying she has pet a beluga whale. “They felt like peeled hard-boiled eggs,” she added. Mrs. Hamilton’s class sounds like a lot of fun, since she likes to “take the material and make it come alive” and describes her teaching style as “active”. She would like to see all her students succeed and “make a difference”.

Mr. Labocetta is a newly installed math teacher. He was a chemical engineer until he started teaching and discovered how much he loved it. “I like to incorporate everyday what it is to be respectful of yourself and others, and how important it is to be honest because attitude and integrity are everything,” Mr. Labocetta stated. “Once you wreck you integrity, you can never get it back.” He follows his own advice by pausing politely to help me catch up on writing down everything he says. He added humorously that he would like to see all his students “pass the class”.

Mrs. Rose, a special education teacher who started at Lambert as a lay coach for JV girls’ soccer, said the same as many other teachers: “It feels like an extended family!” Almost every single teacher mentioned the same aspect of feeling like Lambert is their second home. The new teachers here at Lambert seem very enthusiastic and determined to help kids succeed and make 2011-2012 a great school year.

## PLEASE WELCOME ALL THE NEW STAFF MEMBERS TO LAMBERT HIGH SCHOOL:

<b>English</b> Mrs. Adamczyk Mrs. Laury	<b>Spanish</b> Sra. Phelps
<b>Math</b> Mrs. Julta Mr. Labocetta Mr. Zink	<b>ESOL &amp; German</b> Mrs. Higgins
<b>Science</b> Mrs. Hamilton Mrs. Kamp	<b>Special Education</b> Mrs. Rose
<b>Social Studies</b> Mr. Baldwin Mr. Jimenez	<b>Band</b> Mrs. Mashburn
	<b>Career Tech</b> Mrs. Bestor Mr. Tarantino



Mrs. Kamp  
Science



Mr. Jimenez  
Social Studies

WEAR SHOES OR BE STEPPED ON

Bailey Toth  
Staff Writer

It seems that students at Lambert High school think they’re in a Jake Owen music video for the hit country song Barefoot Blue Jean Night, but unfortunately, they’re not. They’re in a learning environment full of kids who don’t take everything as seriously as they should, like shoes for instance. Students have been spotted throughout the school sporting nothing but the nail polish on their big toe nails. It’s cute when you’re wearing wedges or strappy sandals, but usually shoes are the main accessory for feet. Although they can dress up a dull outfit, their main purpose is to support the foot and keep it protected. Nurse Webb mentioned that some of the risks of not wearing shoes in the hallways and around school include “injury, infections, parasites, fungus, warts, and athletes’ foot.” These incidents may seem unlikely to happen, but you never know what other students do outside of school and what they could be dragging into the school building with them.

When you walk into the school bathroom, there always seems to be a liquid on the ground, but it’s not clear whether it’s water, urine, or some other random liquid. Either way, once it’s touched the floor, there’s nothing sanitary about it. While in the restroom, you’re going to step on the mystery liquid and then take it with you, tracking it all over the hallways. As of recently, students have been prancing throughout the school floors with no shoes on, no doubt stepping on the liquid that came from the bathroom floor.

It’s not a question about whether our custodians clean up the school properly, but whether students clean their bodies and feet well. “Not wearing shoes is a freeing experience. It has become a habit,” said sophomore Chandler Crumpton. “It doesn’t bother me if students don’t wear shoes, just take a shower.” Other students feel the same way about this, but some students and staff members are leaning towards another opinion. “Regardless of health issues, it’s disgusting,” Mrs. Terry stated. “Students track in dirt and it ends up on other students’ feet.” Whenever a student is spotted not wearing shoes, it turns heads and feet, as the person walks in the other direction, avoiding the gross ground that has just been walked on. In other words, either wear shoes or be stepped on.



Britney Spears denied entry while barefoot

HALLWAY ETIQUETTE

Casey Kim  
Opinions Editor

With about 2100 other people with you in the hallways this year, it’s important to follow a couple of simple yet effective courtesies or basic applications of common sense to ensure that everyone can get to classes without being late or just to avoid massive pile-ups in the hallways. Often times, all you have to do is take a couple of steps in a different direction to avoid having people run into you, or on the opposite side, having to push past anyone in your way. Here are some common situations or problems and what to do to fix them:

Talking People that block the Hallway/Stairs/Doorways

Yes, we’ve all run into this problem before: the giant mass of people who talk and just happen to be smack dab in the middle of the hallways, effectively blocking both sides of traffic and forcing the passer-bys to walk in awkward lines through the gaps. Shockingly, this creates traffic jams in the hallways, especially on the two main stairs with average sized doorways when about half the school needs to go upstairs or downstairs for their next class. One personal complaint is the people who talk to their friends while leaning in the doors. Really, it’s not like people actually walk through doors to get to their classes. Obviously they can’t walk through you, so is it really so much effort to move the conversation a couple steps sideways to a wall? It happens to everyone. At least one time, we all get lost in the conversation and forget our location in the middle of the hallway, but if multiple people are having a hard time moving past you or knock into you, break the group up or just move to an emptier hallways or open space. It’s generally not a good idea to have a conversation right by the stairs or in front of a door, period.

Walking on the wrong side of the Hall/Stairs

While the most damage it can do is an awkward collision, it really is an unnecessary delay of traffic when the other side would’ve taken a couple more steps to get to. It’s fine if there aren’t any people around, but just be smart in when you do it. If you happen to find yourself on the opposite side of the hall, just try and get back as efficiently as possible.

Picking up Stuff

If someone drops their stuff in the middle of the hallway, be nice. Help them pick things up. For one thing, you look like a jerk if you walk away, and secondly, for all you know the same thing might happen to you one day, and you’ll probably want help then.

PDA by the Lockers

This isn’t really hallway etiquette, but please don’t start making out or acting extremely lovey-dovey by the lockers or any public place in the school. There’s a time and place for everything, and the lockers or end of hallways aren’t it. (Out of all of the places, why would you want to anyways?) Lockers and school hallways are about the farthest places from romantic and private you can get. It’s just one very awkward situation for everyone: for you, the casual passerby, and the unfortunate sap who needs to get to their locker. Just exercise enough restraint that you wouldn’t make someone gag or find someplace private or out of school.

While there are countless different situations where hallway etiquette can be applied, a good general rule of thumb is 1. Don’t be obnoxious, 2. Don’t block anything people walk through, and 3. Don’t do anything that you wouldn’t do in front of a teacher or your parents. Keep them in mind when faced with your next hallway traffic disaster.

IS CHIVALRY DEAD?

Beverly Tessmer  
Staff Writer

When someone says chivalry, what pictures come to your mind? Knights in shining armor opening doors? Guys holding girls books? A boy getting out to open a car door for a girl? Well, what about Lambert? Now there’s a question; is chivalry dead at Lambert? While 80% of surveyed female students at Lambert say chivalry is not practiced at school, only 54% of male students agree. Even though 20% of girls have faith in the guys at school, 100% of Lady Longhorns did agree that chivalry is very exclusive to only a few guys. When asked about the use of chivalry at Lambert, sophomore Bailey Toth says “I hold doors open more often, and I’m a woman.” Even school officer Lenny Mancineli says he “hasn’t seen a whole lot of it.” Since the first idea for this article came about, I can’t begin to tell you how many girls have come up to me with stories on how doors were shut in their face, or how they were cut off by guys trying to rush out of class rooms. When the rare act of chivalry is used at Lambert, sophomore Olivia Vasquez says she “feel[s] so respected” and freshman Monica Phillips says she “loves that”. Now I’m not saying it’s completely nonexistent, but my question to the guys is...why? You know it’s what girls like, they will notice it, and love you for it, so why do you still continue to let the door slam behind you? Senior Michael Slaughter raises a good point, saying “If you think chivalry is dead you’re hanging out with the wrong guys.” While Mr. Smith, the broadcast video teacher, flips it around at the girls and comments, “Ladies, raise your standards and guys will follow suit.” He went on to explain that we let the guys get away with disrespecting girls and that if we refused to put up with the attitude they would be forced to change.

When asked, many guys said they would “of course” do those gentleman-like things for their girlfriends, but many male students added “Why would I do it for a girl who is not my girlfriend?” Now this response came as a little shock, and the simple word that seemed to come to mind was “manners”. Then again, aren’t manners something you learn from your parents? Is chivalry something boys

should learn while growing up and somehow that lesson was looked at as non important for this generation? Can we really blame in entirely on the guys themselves? So is chivalry dead at Lambert? When looking at the big picture, yes, but in rare and beautiful circumstances, no. Is it entirely the guys fault? No, not completely, but should it be used more often? In the wise words of Coach Luthart, “absolutely!”



BOOTS AND SHORTS: *UGG!*

Lindsay Porter  
Staff Writer



Fashion has changed a lot over the years, and as we all know, leggings have come back into style. With them, we see many girls wearing Uggs and a big t-shirt or sweatshirt. Although I disagree with this altogether, let me point out that it is only September. You should not be wearing boots until October at the earliest. You may be unaware, but it happens to be ninety degrees outside...maybe even warmer. When asked what goes through their mind when putting this outfit on in the morning, an anonymous student stated, "I think it's fashionable, comfortable, and quite frankly I don't care what anyone thinks." In my opinion, there's nothing wrong with that. You can wear what you want, and I think it's great that you don't care what other people think. But is it comfortable getting a heat stroke while walking to your car, or home from the bus stop? I think not. When asked if anyone ever pointed out her outfit with the current weather in mind, Bailey Webster said, "Someone did tell me I looked silly." Haley Davis said, "The weather is far too hot to start wearing this, but I think people do it more for comfort than for fashion". To conclude, I understand wanting to be comfortable, but please wait until the leaves start changing colors before you bring out all your winter attire.

THAT'S WHAT SHE SAID

Cate Hackling and Trey Rosenkampff  
Editor-in-Chief and Center Stage Editor



C: Senior year... this is a joke right?  
T: I know... I can't believe how much work we have. It's unbelievable.  
C: Don't they know we're busy? We're young adults for crying out loud, we've got lives outside of school! I've got... "college visits" to go on.  
T: I know, I've got Mu Alpha Theta and Rocketry every night this week! Not to mention Wuthering Heights to read...  
C: ...right, that's what I'm busy doing.  
T: It's just too stressful right now... I can't handle anything outside of school  
C: Exactly! So we're good?  
T: Good? What are you talking about?  
C: I mean... you know...  
T: Nope, no idea.  
C: Oh... We need to talk.  
T: Oh? About what exactly?  
C: Well you just said it yourself, we're both really busy this year with... school...  
T: Oh shut up, you don't do anything for school.  
C: Okay fine. To be honest, I just don't want to feel like I'm wasting my senior year tied down to some committed relationship with you. Just feels like we're limiting ourselves from really enjoying the year!  
T: Yeah, I guess you're right... I am really busy right now, so this definitely isn't helping the workload... I guess sometimes is just best to weigh your priorities.  
C: Exactly. If you're too busy then you shouldn't be burdening yourself with a relationship.  
T: And I guess if you want to explore your social potential your senior year then you probably shouldn't have some other relationship tying you down.  
C: Right! Perfect, glad we agree. Besides, we totally don't make any sense as a couple anyway.  
T: Haha right! ...Wait, what?  
C: Well I've been thinking... and I realized that there's nothing about you that is attractive to me.  
T: ...Uhhh.....  
C: Well let's be honest with ourselves Trey: I'm cynical and sarcastic, you're sentimental and emotional. It really doesn't match up.  
T: Yeah of course I mean... that's what I was thinking too... ha ha ha...  
C: Are you crying?  
T: No!  
C: Oh great, now you're upset.  
T: No, no I'm fine...  
C: Just go back to thinking it's about the workload thing.  
T: Go back to that?? You're saying it's not??  
C: No, no it is! You're busy with school or whatever and I'm busy with the line of guys waiting for us to be over.  
T: Wait, what!?  
C: Alright, don't get too upset, I need some advice. My sister is a freshman this year and she's friends with this kid Tim who's a real pain in the...  
T: I don't care, tell them to work it out themselves.  
C: Calm down, drama queen, I need your help. Don't get mad, this can't be the first time a girl's broken up with you.  
T: Yeah I guess you're right... wait a minute...  
C: So anyway, you know my sister Molly, she's sweet and really innocent and naive, but lately she's been buddying up to this kid Tim... he's giving her all sorts of relationship advice.  
T: Does she give him advice too?  
C: Yeah sometimes. The worst part is they actually listen to each other...  
T: ...Like us?  
C: No, not at all!  
T: ...Exactly like us.  
C: But... yeah. You're right... that's so weird.  
T: Well at least we know the Hackling legacy of dysfunctional relationships will continue forever.  
C: Oh boy... this could get ugly.

STAY TUNED FOR: Molly Hackling and Tim Roth

Q: WHAT'S THE  
POINT OF  
FORMSPRING?

Rachael Alesia  
Staff Writer

A: For all of you smart enough to stay out of these self-confidence sucking social websites, Formspring is a question-and-answer-based social website. The main popularity point to it is that when you ask a question, it allows you to click the anonyms button so no one will know it was you who asked it. The questions are sent to the person's profile page and they can choose whether or not to answer and let everyone see, or to ignore the question.

Cyber bullying has been most schools' main focus lately, and Formspring showed up just in time. Most parents would be appalled to find what people write on their child's wall, even though most parents don't even know their children participate in the website. "Yes, some of the things people write on my and my friends wall are very hurtful and demeaning," said freshman student, Becky Luethje, when she was asked if she or her friends ever received any hate mail. Just because most of these questions people ask are anonymous doesn't mean they aren't hurtful, because people don't even realize that most of these questions are asked by those they thought were their friends. So what is the point of being part of this website you may ask? Becky Luethje said, "I thought it was a good choice at the time but now I disagree with my prior decision." Everybody can admit that at some point in their lives they did something just because everyone else was, which is probably a contributing factor to why people have a Formspring.

Many of you know the saying "sticks and stones will break my bones but words will never hurt me". Well, that is almost impossible to believe and Formspring is a perfect example why. Even though they may make it seem that way, not one person can say that they don't mind being called fat or ugly, and if you are a human being then you know that. We as people care WAY too much about what people think which is why we are affected so much by the terrible things people say about us. Once it is said, you immediately start thinking everybody feels the same way about you and your self-esteem then goes from a 10 to -5. So the obvious but idiotic point to this website is for people to anonymously drag you to your lowest point possible.

WHICH SANDWICH  
REIGNS  
*SUBPREME?*

Sean Langley  
Staff Writer

After long days of hard work, or even a simple day of fun, our society has always enjoyed a good warm sub to top off the day.

In the past there has always been the push towards Subway as the leading sub shop. However, lately, a newer sub shop has opened, attracting new customers. This place is known as Which Wich. Both of these sub places offer a variety of sandwiches and food for reasonable prices, however there are several differences between the two.

The traditional Subway "is always where you need it" says Harrison Humphries, sophomore. Subway is set up in many locations all over the world, so where ever you are, you will always be able to find a Subway sign nearby. On the other hand Which Wich is a new shop that has opened up recently, at the Avenue. This new sub shop has a wider variety of sandwich choices along with other types of food, "it's a place where you can customize your own sandwich" says Michael Zambeti, senior.

In addition, the service of each place is different. At Subway the food is prepared extremely fast and uniformly almost every time, while Which Wich takes more time and often depends on how you want the sandwich made. Another difference between them is that at Which Wich the quantity of meal choices is more for the customers to choose from, so this way a customer can always go to the restaurant and get a sandwich that fits them best at that time. Subway instead has a set menu that you can choose from, so over time the choices a customer takes can begin to get old and boring.

One last difference that many people look at when choosing a sandwich is the cost. At Subway with there 5 dollar foot long, and most meals are set at a decently low price. Which Wich's food is set at different prices both high and low, so you can never be quite sure what you are going to pay for the meal you are going to eat.

For those hungry sub lovers looking for the best place to get food, subway provides faster, cheaper, and more uniform sandwiches. Or you can travel to Which Wich, where the meals have more of a variety, a specific location of the store, and a spreads out price range.

THE  
LAMBERT  
POST

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DUAL ATHLETES

Tim Roth  
Staff Writer

Now that fall is here, all eyes are on the field with the same need. We’re ready for some football. That’s a good thing to be ready for seeing how good Lambert is looking this season. With the solid run game led by tail back Daniel Myers and productive defense led by a strong defensive back depth including senior corners Zack Price and Braxton Roman, along with safeties Danny Edgeworth and Graham Stovall. A playoff appearance is definitely within reach, but a trip to title town could still be in question.

I’m sure all the fans would love to watch their Longhorns get a W or two in the playoffs coming up in November, but does anyone anticipate lacrosse season? Senior defensive star corner in football and lacrosse team captain Zack Price says he, “Loves both sports but likes lacrosse more.” This is to be expected considering he is committed to High Point University on a lacrosse scholarship.

Other notable players attending High Point are Varsity corner back and lacrosse defensive man Braxton Roman and since graduated former lacrosse star Adam Seal. Which brings up the point that both sports seem to be closely related by the stars that play both, but which receives more attention? Braxton Roman, also committed to High Point University for lacrosse, says “Football just gets more respect because it’s the south, but I don’t like one over the other. Whatever season is going on is the one I’m going for.” So almost everyone could agree that football has the respect of the students, but what about the state championship last year?

Then there’s the lacrosse memories, only falling short by one game of a undefeated season, our 2011 Longhorns made the game look easy smashing their way to the schools first state championship status. So both sports have material worth bragging for on their résumé, but is there a struggle for respect or just two different sports in their own seasons? The most part of people believe that they both rule their own seasons, but football would be the one chosen when respect is compared.

SPEEDOS AND SPANDEX

Hannah Quire  
Staff Writer

Lambert Swimming’s second season was a phenomenal one, ending on a high note with the girls finishing seventh at the State Championship meet this past February. The third season will be getting underway when tryouts begin, said Fred Eggert, a third-year coach for the team. The tryout will take place in the form of a time trial on Sunday, October 23rd, reported head coach Brandi Kamp. The week before this tryout, those interested must attend a conditioning program with the school for four days; year-round swimmers, however, who train with local clubs, like SwimAtlanta, only have to attend two days. Coach Kamp also mentioned that there will be a lot of swimmers cut this year, in addition to other changes. These differences will be addressed in a parent meeting on September 26th. Once the season begins, practices will be held Monday through Thursday from 7:30 to 9:00 pm at the Cumming Aquatic Center, added Coach Eggert. And, although practice is not mandatory, he said, “You have to maintain a ninety percent attendance,” whether that be with the school or not. From November to February, the team will train and have multiple meets. For further information, or if interested in trying out, visit Coach Kamp is room 2309 or email her at bkamp@forsyth.k12.ga.us.

Grace Mohr  
Staff Writer

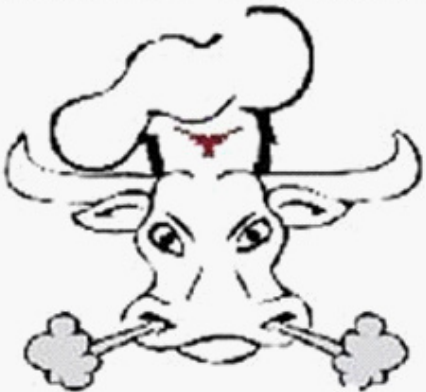
Many sports are back in season at the start of the school year. Volleyball season is in full swing and the Freshman team is ready to work towards a common goal. One freshman player says, we “play hard” and “work hard.” Achieving goals in any sport is very important but it is especially important in volleyball because they have to work as a unit in order to be successful.

The Freshman team plans to accomplish many goals this season. The players are the future of the program and feel pressure to live up to their predecessor’s accomplishments. A main goal for the Freshman team is communication. On the court, communication is key. Players must communicate effectively to eliminate errors. In other words, a team doesn’t want all its players to go after the same ball or miss a ball because they assumed someone else is going to get it. One player says that Coach Driscoll always says, “It’s not Christmas so don’t give the game away.”

The Freshman team’s coach is Ms. Driscoll. It is her second year coaching. She says she has “more knowledge of the game” which helps her prepare the team better. Meghana Srinivasan says, “She is very helpful and motivates us during games when we are down.” The Freshman team practices every day after school for two hours and their first home game is

THE LAMBERT CAFETERIA

STEERING YOUR WAY



INTO GOOD NUTRITION!

The Cafeteria consists of five general lines, Pizza and Nacho, Mamas, Grill, Chicken, and Salad & Subs. While you can always get a slice of cheese or pepperoni pizza, we also mix it up with Buffalo, Veggie, or Hawaiian. This is true for all lines as everyday brings a new menu which is always posted on the wall outside the gates.

## FOOTBALL FIELD HOUSE

**Morgan Maple**  
Staff Writer

As we enter the new football season, plans for next year have already been arranged. The football team has begun fundraising for their new football field house. “We’re planning on having it completed by next season, but it takes a lot of time and money,” said Coach Maxwell. This new field house is going to be placed on the right side of the field if you are facing the stands.

The building will consist of more locker room space for the offense and defense. Also, on the upper level there will be a conference room overlooking the field and meeting rooms for the coaches. There will also be a training room and some workout areas for the football players. Coach Leblanc states that, “It will help things run a lot smoother. Coaches will also get an organized space to work and hold meetings.” This new facility will not only be open to the football players, but other sports would be able to use it as well. The football program has created a special committee for just this new project. They have a fundraising committee that is especially working to create the funds for the new building.

Many people are probably wondering how this will help the school in the long run. Dr. Davidson said, “I think it’s a great idea, it’s good for football but it will also get a lot of use

from the entire school. I really think it’s a great idea.” The diagram below shows how it will look and the size of it. There will be a glass wall facing the field so special viewers can come watch the games.

Moving into the next year, there is high hopes for this new sports facility. If you would like to donate to the funds or get any more information about the building, please talk to the Head Coach, Sid Maxwell.



## SFHS vs. LHS RIVALRY

**Victoria Martinez**  
Back Page Editor

A rivalry in Coach Ferrer’s book is defined as “proximity and spirited competition.” Our “rival” is South and has been since we opened the doors to Lambert on the first day. So many people came from South and there is such a strong connection with them that we have that urge to always beat them in sports. We may have friends at South but when it comes to the athletics we always have to win and we always want to. Rivalries keep athletes pushing stronger and makes them want to become a better athlete. For the sports that we haven’t beaten them in, we are coming close and competing at their level. It would be such a big deal if we beat them in every sport. In order to beat them in everything everyone needs to show their support. Coach Ferrer says that, “Lambert is such a great school and everyone shows their school spirit. The leadership here is so outstanding which makes it a great environment.” Every year that we play South in football we always do really well and show what our best looks like. “Our football staff prepares for the South game just like any other region opponent. All our teams go after the games against South like any other but for the fans it’s a big deal. The kids get motivated on their own.” Fans definitely make the difference in the game. We have DRN here at Lambert and they are always loud and shouting on the top of their lungs. When you come support the football team it isn’t dumb to dress up and



get crazy. That’s what DRN does and they are constantly getting everyone up on their feet. They always lead in cheers and scream just as loud as the cheerleaders do. That’s what sets Lambert from South. The fans make a difference and that’s why we are so passionate in our athletics. When the fans are excited it gets all of the athletes going. Senior Rob Slade says, “The South vs. Lambert game is a big deal because we all live in the same area and have grown up together. Lambert has so much more school spirit & pride than South. Our first time playing South our coaches told us, “We have to make ourselves the new powerhouse of Forsyth County. We did that last year by beating them. I think that when it comes to the South game everyone is more focused because it’s really important. If I ever get nervous I go to the Goon Squad.”

# ATHLETES OF THE MONTH

## DANIEL MYERS



**Alex Shepherd**  
News Editor

On and off the field, Daniel Myers excels in everything he does. As an athlete, Daniel leads the team by example; as a student of the school, he leads the class in personality. A varsity football player as a sophomore and junior, you would expect Myers to hold a great amount of experience within the sport. When in reality, he has only been in the sport since his freshman year, when he joined the Lambert Freshman Football team. His perseverance continues, especially after the Chattahoochee game where, starting running back, Daniel Myers had a 168 yard rush, winning the game 24-7.

Football season requires the necessity to take up a huge time slot in the lives of the players. Practice starts every morning at 7:00 and weight training is first period. But it does not stop there. After school, practice is from 4:00 to 6:45, five days a week. Even with the rigor of the practice schedule, Myers maintains an average GPA and is constantly plugged in here at Lambert. Daniel intends on seeking a scholarship for football at a major D-1 college, following after his idols Knowshon Moreno

and Jacquizz Rodgers.

When questioned about his fellow teammates, Myers explains that, “each player equally pulls his own weight; it’s always a team effort.” When questioning his teammates, Glen Minor expands on the statement that Myers “is an asset to the team and is always encouraging.” Thus enhancing the notion that this is what made Lambert 8th in the state, for our region, in Football. Daniel believes that the team is “as prepared as [we] can be,” almost ensuring a win against the biggest competition of the season, South Forsyth. Daniel’s admiration and passion for the sport leads him to his “never going to quit” attitude, which will almost ensure him a successful future in whatever he pursues.

With his humble leadership and relatable personality, Daniel is a team player that will always be giving his all too any activity he chooses. Myers is a primary example of what Lambert personifies to be the prime athlete for competition. Not only was he new to the sport, and excels in it, but he is also the perfect example of what success you can have when you branch out and try something new.

## SAVANNAH HUFFSTETLER



**Trevor Grant**  
Sports Editor

As a freshman starter on the varsity softball team, Savannah Huffstetler has already made a name for herself on the field. Currently, she plays second base and is joined by Macy Stovall as being the only two freshmen on the varsity lady longhorns this year. Huffstetler’s success is largely due to her playing on rec. and travel teams since she was five years old and that she “really love[s] softball.”

In preparation for this year’s season, Savannah was a part of a travel team that played other very competitive teams all summer long. She also participated in Lambert summer ball along with the rest of the team to improve her hitting and fielding skills so that she would be at the top of her game when the season started. According to Huffstetler, the team’s hard work in the summer is paying off, not only because they are working better together as a team, but also because it has “made everyone improve” individually as well.

Along with playing softball, she is currently involved in FBLA (Future Busi-

ness Leaders of America), FCA and is planning on joining more clubs as they start up later in the year. Savannah always has her sights on the future because not only is she planning on having great future seasons for the longhorns she also intends on playing for the University of Georgia, one of the top softball teams in the nation.

Savannah has a very promising softball career ahead of her and you can definitely expect to hear great things about this young lady in the future.

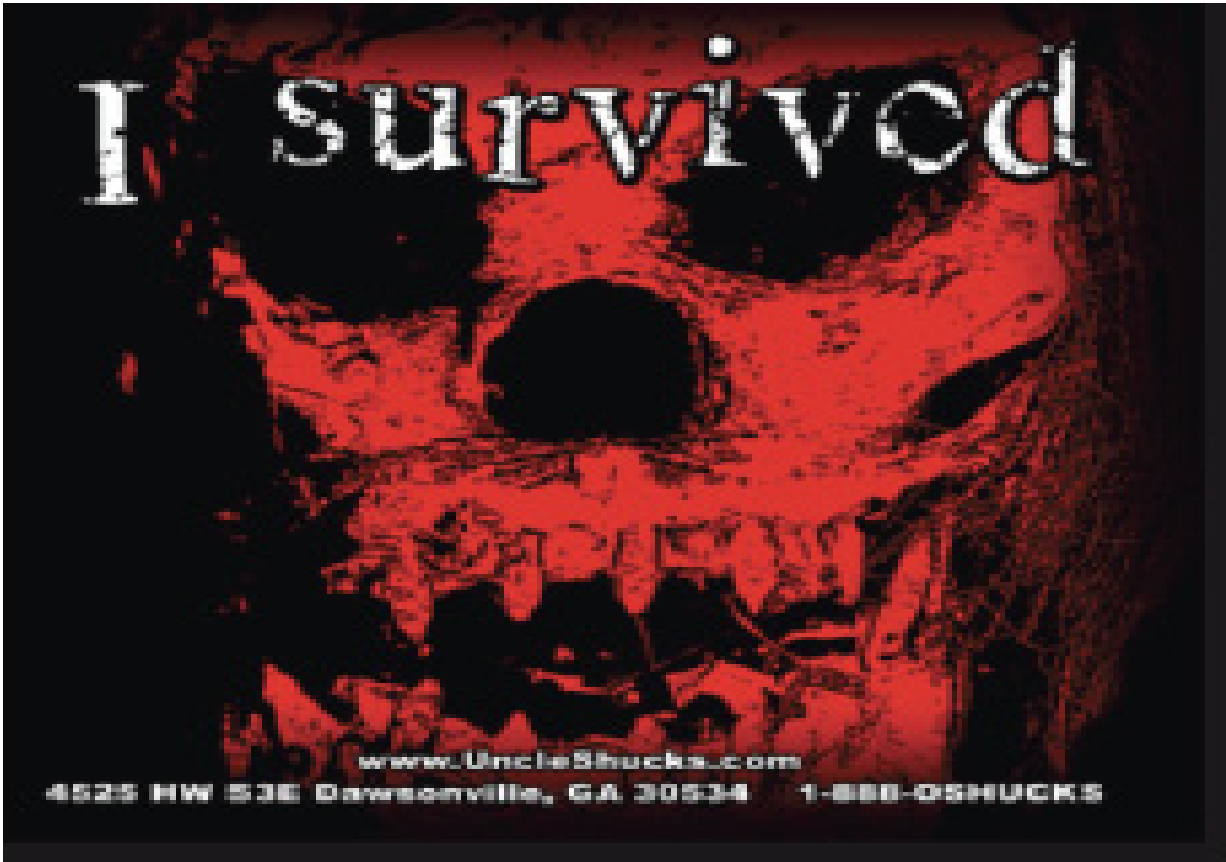
**Think you have what it takes to be Athlete of the Month?**  
**The Lambert Post will be choosing athletes for the next issue. If you know a friend or teammate who you think deserves the title of Athlete of the Month, tell us about them by emailing us at [thelambert-post@yahoo.com](mailto:thelambert-post@yahoo.com).**

Upcoming Concerts

Date	Artist	Venue
October 1	-Skrillex -Weird Al Yankovic -Taylor Swift	-Tabernacle -Cobb Energy Per- forming Arts Center -Philips Arena
October 2	-Taylor Swift -Chris Brown	-Philips Arena -Aaron’s Amphithe- ater at Lakewood
October 8	-Toby Keith	-Aaron’s Amphithe- ater at Lakewood
October 9	-O’Brother and Thrice -The Script	-The Masquerade -The Tabernacle
October 11	-Arctic Monkeys	-The Tabernacle
October 13	-Ladytron	-The Masquerade
October 14	-New Found Glory	-The Masquerade
October 16	-Adele -Gym Class Heroes	-Fox Theater -Behind the Mas- querade
October 20	-Enrique Iglesias	-Gwinett Arena
October 22	-Minus the Bear	-The Masquerade

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