

You’re a Good Man,
Charlie Brown

Sydney Mohr and Ashley Boeckel
Staff Writers

With the beginning of the second semester of the 2010-2011 school year comes new and entertaining performances by the Acting Troupe of Lambert. The first show was the musical You’re a Good Man, Charlie Brown. The show premiered on February 3rd and ran through February 6th. There were 12 cast members including, Jack Jenkins, Jordan Forte, Louis Griffin, Amy Seidel, and Kip Bartz. The musical was a full length show, around an hour and a half. Jack Jenkins starred as Charlie Brown, Jordan Forte played Snoopy and Amy Seidel was Lucy. The musical brought to life the average day of Charlie Brown. Mr. Ryan Wason, Lambert’s musical theatre and chorus teacher, debuted as the show’s director. The musical started at 7pm Thursday through Saturday

and at 2pm on Sunday. Tickets were \$5 for students and \$7 for adults. Jack Jenkins predicted, “It’s gonna be awesome.” The troupe worked tirelessly to prepare for a great show, and what a great show it was. After seven days of exhausting rehearsals and four performances the cast of Charlie Brown was delighted with how the show turned out. Cast member Zach Eccleston says, “Everyone I knew who saw it had really positive feedback.” Jordan Forte adds, “It was splendid and cute. It was a good show to introduce Mr. Wason.” When asked about working with Mr. Wason the students had nothing but positive feedback. Lewis Griffin stated, “Mr. Wason gave us a framework, but he also gave us freedom to do what we want with our character within reason.”

Don’t Look into the Light

Morgan Maple
Staff Writer

Writing doesn’t come to a lot of us naturally. But, being able to create stories and places in anyone’s mind is a powerful thing. Nathan Edmondson pours his imagination into his novels and comics. He has written three comics, all incredibly intriguing. His first is Olympus, which is about two brothers granted immortality on earth by Zeus and have to capture a messenger fallen from Olympus. The Light is about a father who risks it all to save his daughter from the fatal LIGHT. His latest book, Who Is Jake Ellis?, revolves around a man who is running from something. Jake Ellis is his “watchman” and Jake can tell when things are going to happen. In all these adventures, the reader will be glued to the book and left thinking about the characters long after they turn the last page.

Nathan Edmondson grew up in Augusta, Georgia. He was taught by Lambert’s very own Woody VanTreek. Edmondson said, “Mr. VanTreek inspired me to be a better student. It’s hard to point to one teacher because every teacher helped me along the way. He challenged me and I wanted to be challenged. He has always stood out to me though, as a teacher who wanted to make me love learning as he loved teaching.” After high school, Nathan graduated college at Mercer University.

Being a comic writer, Nathan gets to see his tales come to life. When he wrote The Light, he wanted Brett Weldele to be the artist. “Working with different artists lets me explore something different. Brett was very professional and I learned a lot from him.” In The Light, anything with electricity or power can kill you, and burn you from the inside out. Using light as the villain isn’t a common literary practice, since light is usually the essence of good. Nathan stated that, “The light would draw attention to the book, and the irony is sensational. We wanted to portray light metaphorically as not something good.”

The main relationship between the characters in The Light is between a father and a daughter. Their relationship is broken, and throughout the book, the main character Coyle, changes as a person and father. Once you turn the final page, it is clear how he changes from the beginning to the end. One of the main reasons for writing The Light was family. Nathan’s thoughts about family are, “The solution to ninety nine percent of the world’s problems are solved with family. What Coyle does for Avery’s safety in the end shows the power of a single act of love. A small act of selfless love can have an enormous impact.”

Nathan Edmondson has been on a tour across the southern part of the country, and it just ended on January 26th, in Atlanta. Not only does he write, but he also reads frequently. His advice to young writers is “Keep reading. And don’t just read what you want to, read the classics. Each writer should look deeper into literature and the history of it.” Nathan has inspired many people already, and if you haven’t been inspired, be sure to pick up one of his astounding books.



Mr. Van Treek and Nathan Edmondson

Congratulations to the following students
for being selected to:

GMEA All-State Chorus:

- Audrey Clavijo
- Zack Eccleston
- Louis Griffin
- Young Ju Park
- Greg Robbins
- Jon Suess (6th GMEA All-State Selection)

and All-State Band and Orchestra:

- Alvin Ashlaw - Principal Tuba 9 & 10 Orchestra (highest score in the state)
- Anne Martin - Principal Oboe 11 & 12 Symphonic Band A (highest score in the state)
- Evan Williams - Principal Trombone 11 & 12 Symphonic Band B (highest score in the state)
- Felix Wang - 4th Chair Alto Sax 9 & 10 Concert Band
- Lucy Yang - 6th Chair Clarinet 9 & 10 Concert Band

Great Job Longhorns!



The most unusual and unique college scholarships



Which clique do you belong to?



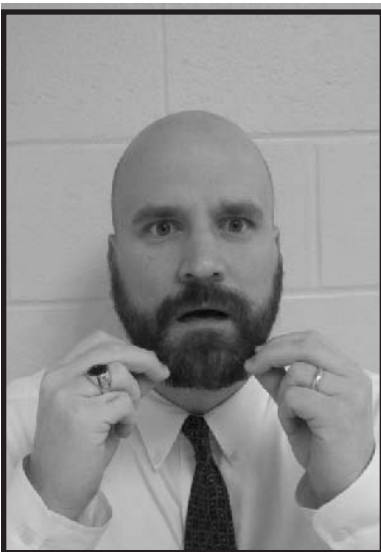
Facebook Chart Part II

Check out our new back page!

MANUARY
2011
RESULTS



Coach Hannafor- "Better Without"



Mr. Van Treen- 4th Place



Mr. Posey- Best "Playoff" Beard



Mr. Harrell- "Better with a Beard"



Dr. Davison- "Patchiest Beard"



Mr. Luthart- "Chia Pet Award"



Mr. Ross Wason- "Grizzly Award"



Mr. Ryan Wason- "Best Look-Alike"



Mr. Wilson- "Best Fake Beard"



Mr. Neighbour- "Most Distinguished"

The DECA Prom Fashion Show

Madison Ackerman
Staff Writer

This year's DECA Prom Fashion Show certainly blew people away. Both the shows were held on Friday the 21st, the first began at 5:30 while the second started at 10:00. DECA held it in the Lambert Auditorium and it became a sold out show. People were searching frantically for tickets all day on Friday. The shows emcees this year were Alicia Bostic and Vijay Rawal while models such as Gracey Clements and Kevin Thwaits showed off the latest in prom fashion while strutting their stuff down the LHS runway. They all did a fabulous job. Many people were curious about the lunchroom shows that went the week of a show. The lunchroom

catwalk was done by a professional model and was a small demonstration of what was held at the actual show. The models worked hard at practices the past couple of weeks so it was great to have so many supporters. Sophomore Chase Alvord says he loved seeing the show and will definitely attend the one next year. The tickets sold helped to sponsor DECA members who are going to the ICDC competition and keep one of Lamberts largest and leading clubs running. DECA member Grace Phelan says, "The seven dollar tickets sold helped us pay our trips, supplies, and competition fees so thank you so much for coming!" Although the show was for DECA, they also raised money for Rally. The show was very exciting along with a great cause and I don't think there were any disappointed guests.



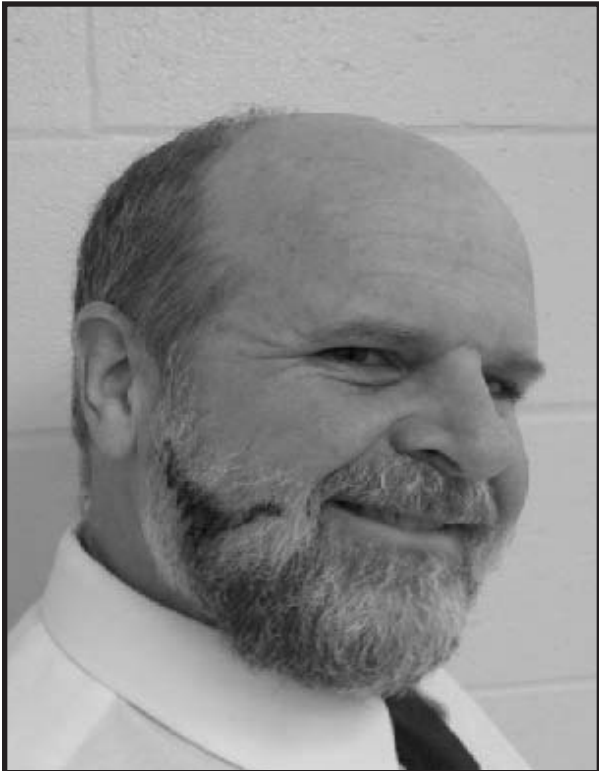
Story Hour at Sharon

Alyse Quisenberry
Staff Writer

Superheroes to princesses, pickles to football players, every kid has their own story built up in their heads and on Thursday, February 3rd, a kindergarten class from Sharon Elementary got to experience these stories as well as many others. Thanks to Mrs. Adamczyk's planning the students involved in Lambert's creative writing classes got the chance to visit and talk with individual kids from Mrs. Sampson's Kindergarten class and get a feel for what they like and don't like. "It was very interesting. I never thought it would be that hard and stressful to write a book for a child, but it was a lot of fun," says Dan Brooks, senior. With a lot of effort and determination and of course creativity Lambert's creative writing students

imagined up many different varieties of children stories for the kid(s) they were paired with. "The kids really seemed to enjoy their books and were even bragging about them to all their friends." Getting to see all the kids smile and run around after we gave them their books made my day," says Alexis Carino, senior. Being one of the students involved I, Alyse Quisenberry, senior completely agree, "Personally I thought that the whole experience was the highlight of my day." The kindergarteners, as well as the Lambert creative writers can all agree that the experience was definitely a positive one. Hopefully next year's creative writing students can put more smiling faces on even more kids.

And the **most spirited** beard goes to ...



Dr. Hyatt!

(Insert Article Title Later.....)

Amanda Hoysler
Staff Writer

Well, its 11:21 the night before this article on procrastination is due...ironic. I happen to be the queen of procrastination myself, along with the twenty percent of other students that identify themselves as chronic procrastinators. But is it really procrastinating that we should identify it as, or is it the distraction of modern technology and networking? Facebook seems to be where people get stuck, you start by telling yourself you’re going to be on for five minutes and next thing you know two hours have past, and you have creeped on half of the school. Tumblr seems to be the latest thing, blogging every detail of your life and how much you don’t want to do your homework.

Procrastinators tend to lie to themselves and make excuses of why it would be better to wait and do something, well stop fooling yourself. There are many ways to avoid success in life but this is one of the top ones. Now seniors, senioritis is defined as the loss of motivation towards studies at the end of high school. It seems like this is contagious towards the juniors as well as the rest of school towards the end of the year. If you label yourself as a procrastinator does this mean that your work is going to turn out bad and worthless? Not necessarily, some people work better under pressure and with limited time.

Some people argue there is good and bad procrastination, the bad being either doing nothing, like watching TV or sleeping or doing something less important. Most people tend to search for things to do to fill the time so that they don’t have to do what is most important. The one form of good procrastination would be filling the time with something more important. In other words doing your homework before your chores could be considered good. So why do we procrastinate?

1. Fear of failure: So you don’t do an assignment because you are afraid of failure. You get a zero. Well, isn’t any failing grade better then a zero?
2. Perfectionism: Everyone has to be the best, especially in high school. Students tend to spend too much time on one thing and not even bother to do the other assignments. All this does is unbalance the work you are getting done.
3. Confusion and doubting yourself: No one thinks they are good enough and often have second thoughts. Well turns out most of the time you’re wrong.
4. Lack of priorities: When students have work piled up we tend to start with the hardest task to get it done, well all this does is make you want to give up. School work should be at the top of your priority list.

See? We procrastinated to the point where we didn’t feel like putting a title for this article... maybe next issue.

Land of Literature

Brook Metz
Guest Writer

The Lambert Literary Magazine is looking for talented writers within the Longhorn community. If you enjoy crafting your own prose and poetry, submit your best work to the literary club sponsor, Mrs. Davis. If your piece is selected, you will be featured in the first publication of the Lambert Literary Magazine! We will accept short stories, poetry, essays, song lyrics, and even novel excerpts. We are also willing to do anonymous submissions if you do not wish for your name to be listed with your writing piece. Submissions need to be turned into Mrs. Davis by March 4th. Don’t miss out on this opportunity to be in the first edition of our school’s literary magazine!

New Driving Laws Driving You Crazy?

Mackenzie Bennett
Staff Writer

Recently there’s been talk about a new driving law being passed. Under this law, teens would have to be 17 years of age before they could apply for a full drivers license. Teens would get their permits at age 15 and have them for two full years before they could apply for a full driver’s license.

The current laws regulating teen driving include Joshua’s Law, which stipulates that all 16 year olds applying for a Class D driver’s license must complete an approved driver education course and complete a total of 40 hours of supervised driving, with at least six of those hours at night. Any Georgia resident who chooses not to take a driver’s education course must be at least 17 years old and have the same 40 hours of verified driving time.

In addition to Joshua’s Law, TA-ADRA is a series of steps you must complete to obtain your full license. The first step is your instructional permit, which is granted to 15 year olds who successfully pass a written examination. The driver with this permit must be accompanied by a passenger who is at least 21 years old and possesses a valid driver’s li-

cense at all times when driving. The next step is your intermediate license. This license is granted to drivers between 16 and 18 years of age who have held an Instructional Permit for 12 months and passed a driving test. They must also meet the requirements of Joshua’s Law. With this license, you cannot drive between midnight and six in the morning. During your first six months with the license, you cannot have anyone else in the car other than family members. During your second six months, you may only have one other passenger in the car (excluding family members) if they are under 21. After a full year, you may drive with 3 or fewer passengers (not in your family) who are under 21. A parent must give consent for you to obtain this type of license. The final step is your full license, which you can apply for if you are 18 years of age or older and hold the intermediate license with no major traffic violations during the previous 12 months. These violations include DUI, eluding a police officer, drag racing, reckless driving, hit and run, or any violation that incurs four or more points on the driver’s license.

The Internet Isn’t Just for Facebook Anymore

Rachel Thomas
Staff Writer

More and more students are choosing to take online classes over regular high school or college. The percentage of high school students taking online courses nearly doubled in a single year. According to the latest data available from Project Tomorrow’s annual survey, more than one-quarter (27 percent) of all high school students took at least one class online last year, up from 14 percent the year before. The reasons for this shift are numerous; one may want to get ahead in classes, they may have other obligations or priorities they need time for, or one may just have a difficult time learning in a regular high school setting. Regardless of the reason, online classes are a very different experience

from traditional high school.

Taking courses online has a lot of obvious benefits – working at one’s own pace, flexibility in assignments, and the option of graduating early have the most appeal. There is also the absence of distractions and negative influences that are common in public schools, although some may consider that a negative rather than a benefit. Junior Erin Guerreso recently returned after winter break from taking online classes for about a year. “I liked it,” she says. “You can take classes a lot faster, and you have a lot of extra free time”.

Going to school online, or more specifically, the lack of a regular high school experience, also has its disadvantages. For one, there aren’t any of the fun

aspects of high school like prom or a graduation ceremony. One has to rely completely on self discipline to learn the material, which can be a struggle for many students in regular school. Classes also can sometimes be difficult without a teacher to guide the lessons, and the isolation from such a big population of people can have its effects. Erin says she’s “glad to be back at school, I missed seeing people every day.”

Every year taking classes online is becoming more of an accessible option, whether full time or just one or two classes over the summer. The effectiveness of doing so entirely depends on the person and their goals.

Is the world going GAGA?

Casey Kim
Staff Writer

Can the world be too Gaga? Apparently not, as after a 200 million dollar US/World tour run, meat dresses and crazy costumes galore, and music videos on the dance level of Michael Jackson for radio hits such as Telephone and Bad Romance, fans, or “little monsters” worldwide are still clamoring for more of the pop sensation known as Lady Gaga. In just a few short years and only two albums, she’s consistently topped iTunes download and Billboard lists, even having some already calling her the musical icon of the century. Whether you’re disgusted, inspired, or critical of her avant-garde style or delighted with the talent or lack of it on the electronic pop gems played consistently on the radio, one thing is very clear: she is a phenomenon. And depending on your views of her, the following news could be signs of rejoice or long months of switching back between radio stations. Recently updated with a tweet on New Year’s Eve, Lady Gaga’s newest album, Born this Way, is set to be released on May 23, 2011. Details about the latest album, while scant and hard to find amidst fake leaked internet spoilers, do exist. The music style suggests to be similar, with “head-sledging dance beats,” and the feel of “bad kids going to church, having fun on a high level.” The album is described by Lady Gaga as designed to be the “anthem for her generation for the next decade” and “a marriage of electronic music with major epic, dare I even say, metal or rock ‘n’ roll, pop, anthemic style melodies with really sledge-hammering dance beats.” Still, regardless of the content of the album, expectations and hype will be sky high, and based on this quote from her interview with MTV, rightfully so.

“I promise you, I’ll never let you down. And not for nothing: The album’s finished and it’s really good. So whatever this is, whatever you just did for all of us... I promise to give you the greatest album of this decade...The funny thing is that some people have reduced freedom to a brand. They think that it’s trendy now to be free. They think it’s trendy to be excited about your identity. When in truth, there is nothing trendy about *Born This Way*. This connection that we all share is something so much deeper than a wig or lipstick or an outfit, or a meat dress... *Born This Way* is about what keeps us up at night and what makes us afraid.”

If you’re just dying to know how it’ll all turn out, rest assured, the wait will be much shorter than May. The first single from the album, also called “*Born this Way*” was officially released on February 13th with a same-day live performance at the 53rd annual Grammys. Also circulating on the internet is a live performance of a slightly altered song from the album called “You and I”, which was first performed on the Today show in June 2010 and is also part of the song lineup in her Monster Ball Tour. Either way, expect May 23rd 2011 to be big, as only Gaga can be.

Paying for College is a Joke

Cate Hackling
Features Editor

Everyone knows the usual scholarships. The football players get full-rides to the best division school, the brainiacs get money to go to Duke, Notre Dame, or Harvard. But, what most people don’t know is you can get a scholarship for college for almost anything. I present you with the top 10 most unusual scholarships.

10. Tall Clubs International Student
<http://www.financialaidfinder.com/scholarships/unusual-scholarships/>

If you are under the age of 21, and were gifted with height, you can receive \$1,000 for college. Anyone over the height of 6’2” is eligible.

9. Little People of America
<http://www.financialaidfinder.com/scholarships/more-weird-unique-scholarships/>
Anyone under the height of 4’10” can receive \$1,000 dollars by the Little People of America Association. The LPA is involved not only in scholarships, but numerous events for short people year around.

8. Buy one get one free
<http://www.financialaidfinder.com/scholarships/more-weird-unique-scholarships/>
If you have a twin, and you choose to go to the same school, there are scholarships that give 50% to each twin, so essentially, one of you goes free.

7. Southpaws Only
<http://www.financialaidfinder.com/scholarships/unusual-scholarships/>
If you’re left handed, all those years of being uncomfortable using equipment made for normal, right handed people, now’s your time to shine. You can receive up to \$1,000.

6. Knit your way to college
<http://www.financialaidfinder.com/scholarships/more-weird-unique-scholarships/>
Close with your grandma? Well all those weekends at her retirement home are finally paying off. Contests are held for students who can knit the best product. They will earn up to \$2,000.

5. Vegetables never tasted so good
<http://www.financialaidfinder.com/scholarships/more-weird-unique-scholarships/>
Students who have refrained from eating meat their entire four years in high school can apply to the Vegetarian resource group and receive up to \$5,000 dollars for school.

4. SAMMY Award
<http://www.financialaidfinder.com/scholarships/more-weird-unique-scholarships/>
Of course, athletes get scholarships, but Scholar Athlete Milk Mustache of the Year takes a bit more. While excelling in a school sport, you must send a picture of yourself with a milk mustache. The best mustache receives \$7,500.

3. Starfleet Scholarships
<http://academy.sfi.org/student/scholarship.shtml>
Startrekker? Applicants must be members in good standing with STARFLEET and must have been so, for at least one year. If they are accepted, they will be awarded at least \$500, depending on amount of applicants.

2. Duck Brand Duct Tape Stuck at Prom Contest
<http://www.financialaidfinder.com/scholarships/unusual-scholarships/>
Are you the class clown? If you can find a girl who is willing to give up the fun of shopping for a prom dress, you’re in luck. The couple who best dresses entirely in duck tape will be awarded \$3,00 by Duck Brand Duct Tape.

1.Duck calling
<http://www.scholarships.com/financial-aid/college-scholarships/scholarships-by-type/unusual-scholarships/>
I guess if you’re into hunting, which half our school claims to be, this is perfect for you. Any student who can successfully “call a duck” and prove it will be awarded \$1,000.

So don’t stress about paying for college. Surely you fit into at least one of these categories!

No Honors for Juniors and Seniors

Sydney Mohr
Staff Writer

Registration 2011-2012 is right around the corner. It is that time of the year when underclassmen choose their courses for next year. Often this is a daunting task since these decisions can impact a student’s future. As a member of the sophomore class, one of the dilemmas I, as well as many of my peers, face is that no honors level courses are offered to juniors and seniors. Students planning on taking Advanced Placement (AP) classes are stuck between knowing what their limits are and taking the appropriate number of AP courses or pushing themselves to take more AP courses because they do not want any on-level courses on their transcripts. A sophomore says, “I feel on-level courses show laziness on a transcript and will not look good next to student from other schools who have honors.” For example, a junior who excels in science and math may want to take 4-5 AP science, math

and English classes that year but then has to choose between adding AP United States History or on-level United States History. Honors is not an option when it is the most practical choice for that student. This is a real dilemma for students who plan to apply to top tier colleges their senior year. How will this look on their transcripts? Counselor, Mrs. Eccelston says, “The on-level classes will not look bad on your transcripts because that is what works best for you” A junior at Lambert, Christine Chen is taking six AP classes. She said she is fine with there being no honors classes offered but knows of other students who wish they could have challenged themselves more but do not feel they are quite at the AP level. She gives this advice to rising juniors, “Try to have a good balance between your AP and on-level classes. If you excel in science then take an AP science, but don’t just take AP courses

to get the credit if you aren’t interested in that class or if that subject isn’t your forte.” She has chosen throughout her high school career to take mostly AP with a few on-level classes.

The counselors say that honors classes are not offered for juniors and seniors because that is what the county decided. They have said in regard to honors classes being offered in the future that many people would like for them to be offered but it is not up to the school to decide. When asking Mrs. Eccelston whether it is better to have a schedule that is possibly too rigorous or one that is too easy she says, “Try and challenge yourself in areas you can, if you are capable of doing AP or honors then go for it!” So, when registering for classes next year, pick the classes that fit you the best. Try to challenge yourself without going too far.

Helpful College Links

Caroline Angle
Editor-in-Chief

Between the applications, the scholarships, the recommendations, and everything else, getting into college can be pretty stressful. As soon as junior year starts, life is a whirlwind of SATs and ACTs, college tours, and AP Exams. So how do you even know where to begin looking for your perfect college? These websites can help you navigate your college application process.

1. www.collegeboard.com.

CollegeBoard is a great place to start your college search. The College Matchmaker feature allows students to pick and choose the characteristics they want in a school, and then gives them a list of schools that meets these requirements. This feature is a great way for students to get an idea of what type of school they’re looking for and which schools they might like to apply to. CollegeBoard also offers many other helpful features, such as a high school timeline describing when you should be taking your SATs and ACTs and when you should start applying for college, a PSAT/SAT score tracker, a scholarship search engine, and essay-writing tips. If you have no idea where to start in your college search, CollegeBoard is a great place to begin.

2. www.gacollege411.org.

If you’re looking at in-state schools, this website is incredibly helpful. It provides college profiles on every school in Georgia, as well as giving useful information about the Hope Scholarship, career planning, and financial aid packages.

3. www.actstudent.org.

The ACT Student Services website is a great way to sign up, study for, and receive scores from your ACT test. A calendar shows when students must register for each test date and diagnostics tests give students free practice materials to prepare for the ACT. After you take the test, you can log onto this site to check your scores and send them to colleges.

4. www.collegeprowler.com.

Once you’ve chosen which college you want to apply to, checked out its school profile, and taken the official tour, you may think you know a lot about your chosen school. But CollegeProwler gives additional information by giving schools grades based on the things that they never talk about in interviews or tours. CollegeProwler uses student reviews to rate colleges based on their academics, athletics, campus dining, housing, parking, facilities, and weather. It also grades schools based on more subjective items, such as night-life, local atmosphere, and even the attractiveness of the girls and guys. It’s a great way for students to get more insider information on the schools they love.

5. www.mychances.net.

If you’ve already applied to college and you’re nervous about whether or not you’ll get in, or you just want to know whether you could get into a prestigious “reach school,” MyChances is the site for you. It takes a while to fill out the profile, listing your grades, test scores, and extracurricular activities, but after you finish the profile, MyChances will give you feedback about your chances of getting into any school in its database. So if MyChances tells you that you have a 90% chance of getting into UGA, you can stop freaking out about the outcome of your application.

6. www.fastweb.com

FastWeb is a great website to use when you’re looking for scholarships. After filling out a profile describing your grades, activities, and interests, FastWeb will provide you with scholarship matches and information from specific schools as well as local and national organizations.

7. www.cappex.com.

Cappex is another great scholarship search engine. Once you fill out the Cappex profile, you can apply for some scholarships simply by clicking “apply.” Cappex will also give you a list of scholarships that you could apply for, as well as rating these scholarships based on the difficulty of the application and the level of the competition.

Applying for college is a long and difficult process, but hopefully these websites can make finding a college, taking standardized tests, and searching for scholarships a little bit easier.



Music in Film and Television

T.J. Hodge
Staff Writer

“Drum roll, please!”

When you hear that drum roll; fast-paced music; or even the volume of the background music increasing in a movie or television show you begin to expect something unexpected to happen. A change in the music being played in a film scene often sets the audience up for a surprise in the plot – or the climax of the story. Film composer Bernard Herrmann explains that “music on the screen can seek out and intensify the inner thoughts of the characters. It can invest a scene with terror, grandeur, gaiety, or misery. It can propel narrative swiftly forward, or slow it down. It often lifts mere dialogue into the realm of poetry. Finally, it is the communicating link between the screen and the audience, reaching out and enveloping all into one single experience.” Music helps the audience imagine the fantasy presented within a screenplay through the unconscious mind. It plays on our emotions and allows its listener to feel the intensity of the characters and message within the plot.

Many of you are familiar with soundtracks from some of your favorite

movies, but I am talking about the movie score of a film. This is the sometimes subtle – sometimes, not so subtle – background music that we often do not even notice unless we are looking for it. Some examples are, the music that plays when the famous shark Jaws is about to attack; or the intro to the favorite sci-fi film Star Wars. According to research done by Stuart Fischhoff, PhD on the psychological impact of music on audiences “not only are dramatic effects (of a film) heightened by the addition of music and, frequently, sound effects, but in many instances the faces, voices, and even the personalities of the players are experientially altered. Music adds something we might call heightened realism or supra-reality.” It helps create bring multi-dimensionality to something that is otherwise two-dimensional. Music in film truly brings the story to life for its audiences and that is a very powerful impact for something most of us just take for granted – or better yet, don’t even notice when we sit down to watch a movie. Honestly.... Five minutes after you’ve seen a movie, how often can you hum a few of the movie scores from it? – Exactly!



Cancerous Cures

Caroline Toth
Opinions Editor

Cancer is any malignant growth or tumor caused by abnormal and uncontrolled cell division There are hundreds of different kinds of cancer ranging anywhere from skin cancer to cancer of the organs. There isn’t a cure for cancer, but there have been scientific breakthroughs that get us one step closer into finding a cure. The most recent breakthrough derived from a simple blood test. It’s able to detect minute quantities of cancer cells that might be circulating in your bloodstream and allows you to start treatment sooner rather than later. This breakthrough could be the most important step scientists have made in research, but it could also be the start of an epidemic.

Twenty years ago, a similar blood test was performed on hundreds of people in order to prevent cancer from happening. Unfortunately, they were over diagnosed and had severe side effects from the treatment used to help the caner die

down. They could of never had cancer in the first place, but due to this blood test, they were diagnosed with a deadly condition. Over diagnosis is a problem for many people with cancer. Some types of cancers have the ability to digress or rid themselves on their own. When treatment is given to these patients, the cancer only grows worse when it would’ve gone the other way.

The treatment that is being given out today won’t show us real results until a few years from now when we can study the side effects of the medicine. Dr. H Gilbert Welch, a professor of medicine at the Dartmouth Institute of Health Policy & Clinical Practice, claims that “it’s okay for a healthy person to have one cancer cell in their body.” He makes the point that not all cancer cells will turn into a deadly disease, and the more diagnosis we come up with to use on these healthy people, the larger of an epidemic we’re creating for our population as a whole.

The Future CEO

Caroline Angel
Editor in Chief

If you’ve ever seen the movie “Mean Girls,” you probably remember the scene where the students make a map of the cafeteria. Each clique has its own table, and none of the cliques interact with each other. There are the nerds, the varsity jocks, the emos, and the “plastics.” Depending on what you wear, what you do, and how you talk, you’re sorted into a clique, and you never leave.

This depiction of high school is incredibly over exaggerated. In real life, there are no truly concrete cliques, and students are free to sit with, talk to, and hang out with anyone they want. However, there is some truth to the idea that high school encourages students to fit a certain mold. Here at Lambert, there are a few distinct “styles” that students express. One of the most common is that of the “Future CEO.”

The typical Future CEO can be seen walking around dressed like he or she is planning to attend a business meeting. Pencil skirts, button-down blouses, and heels are commonly seen on girls, and khaki pants, oxford shirts, and the occasional sweater vest personify the guys. The Future CEO likes to present him or herself in a sophisticated and put-together manner, whether interviewing at a law firm or running late to Calculus. This style of dress is particularly common on Tuesdays,

the specified days that members of NTHS, the National Technical Honor Society, are encouraged to “dress for success.” Even when not dressing for success, a Future CEOs can be seen sporting the DECA diamond on his or her sweatshirt or a t-shirt from a local fundraiser: one that he or she planned, of course.

The Future CEO is an over-achiever in everything he or she does. DECA, National Honor Society, and FBLA keep them coming in to school early, and many AP classes keep them busy after school. They focus on activities that will look good on college applications and never turn down a challenge. These are the students who thrive on competition and love the thrill of victory.

In 30 years, when you come back for your high school reunion, do you picture yourself as the head of a major marketing firm? Do you spend more time at school for club meetings and projects than you do at home? Are you right now deciding which pair of heels to wear with your pencil skirt tomorrow? If you answered yes to any of these questions, you may be a Future CEO. These dedicated and sophisticated students form one of the major sectors of Lambert’s student body, and are sure to accomplish great things in life.

The Redneck

Timmy Roth
Staff Writer

We all know one. They are everywhere in Lambert. The “Forsyth County Rednecks.” You know... those guys in the parking lot driving the big, brand new, lifted trucks that they got for Christmas. The guys who go hunting every weekend with a gun that costs about the same as a year of college tuition. They wear the same hat every day of their lives. They live and thrive at Bass Pro Shop. They dress in camo jackets and steel-toed boots, but their jeans come from American Eagle, not Wal-Mart.

Sometimes we, as high school students, take our lives for granted. We forget that we live in the thirteenth most affluent county in the United States. High school students, searching for an identity, adapt the persona of the redneck living in the “dirty south...” the guy sitting in the rocking chair on his front porch,

a duck hunting dog on one side and a shotgun on the other. But in reality, the “Forsyth County rednecks” attending Lambert may enjoy “muddin’,” driving their huge lifted trucks, and listening to country music, but, at the end of the day, they come from affluent families in gated neighborhoods. They’re not true rednecks; they just act like them. Being a “redneck” in Forsyth County is an image, not a lifestyle.

Is the “Forsyth County redneck” a true redneck? What happened to the stereotypical pot-bellied hunter, accompanied by a pyramid of shotgun shells and a slow country drawl? It’s normal for students in high school to experiment with different stereotypes while attempting to discern their true personalities, but the “Forsyth County rednecks” are a sad imitation of the once-common rednecks of the “dirty south.”



Which Clique Do You Belong To?

1.

What are you wearing today?

A. Sweet mid-calves and/or turf dogs, and a pastel Polo button-down.

B. An outfit bought entirely at Goodwill.

C. Professional wear (blue blazer optional).

D. Any form of camo.

E. Jeans and a t-shirt.
2.

How do you carry your car keys?

A. Lanyard.

B. Lanyard (because it’s ironic).

C. Attached to my Vera Bradley keychain wallet.

D. Clipped to my belt loop.

E. Just in my pocket/ purse/ locker.
3.

How would you describe your hair?

A. Flow.

B. An 80’s inspired European cut.

C. A professional updo.

D. I don’t know; it’s under my John Deere hat.

E. Just the norm.
4.

What’s your favorite class?

A. Weight training.

B. My online class on the history of Russian techno.

C. Marketing... duhh.

D. Team sports..

E. (Any elective/ class you don’t have to work hard in).
5.

How do you spend your Friday nights?

A. Chillin’ with my bros.

B. Working on my ironic screen play at the local free-trade coffee shop.

C. Working on my manual.

D. Muddin’ while listening to Brad Paisley.

E. Chick-fil-A and a movie.

If you answered “A” as a majority of your answers, then you’re a bro. You are the lacrosse player, you fully embrace its culture and most of the time you turn out to

If you answered “B” as a majority of your answers then you’re a hipster. You should have to completely reinvent your image.

If you answered “C” as a majority of your answers then you’re a future CEO. You

If you answered “D” as a majority of your answers then you’re a “redneck.” You were actually faced with a real redneck, you would be easily mistaken for a mill

If you answered “E” as a majority of your answers then you’re just the norm. You

-Trevor Grant, Staff Writer



Can you
the
pictures
cliques they

You Click With?

6.

What do you have for lunch today?

A. Muscle Milk and a PowerBar.
B. An all-organic vegan meal.
C. A salad and water... I have to fit into my blazer!
D. Homemade deer jerky.
E. School lunch / whatever my mom threw in my lunch bag.

7.

How do you greet someone new?

A. "Sup, bro" accompanied by a high five and/ or head nod.
B. A deep sigh.
C. "Hello, my name is _____. " Accompanied with a firm, steady handshake and direct eye contact.
D. "Hey y'all."
E. "Hey"

8.

Where do you see yourself after high school?

A. Syracuse, John Hopkins, Maryland, Cornell...
B. Europe, Seattle...you know.
C. Auburn, or where ever I get my full ride scholarship!
D. SEC... that's for sure.
E. UGA.

9.

Who/ what do you look for in a relationship?

A. Any girl who will come to my lacrosse games.
B. General indifference.
C. Ryan Dyck!
D. Someone that can cook what I kill.
E. A person that shows interest in me?

10.

What is the bumper sticker on the back of your car?

A. Fripp Island.
B. Coexist.
C. Monogrammed initials.
D. Mossy Oak/ any variation of a deer or fish.
E. School parking sticker.

the chilliest of the chill, you keep it classy and you like to party. Commonly a
to be a frat star in college.

ouldn't have taken this quiz because now you have classified yourself and you

ou are all business and you can definitely rock the pantsuit.

a meet the base standards a being a "redneck" in Forsyth County. But, if you
ionaire's kid.

ou are so generic you actually stand out.

The Hipster

Trey Rosenkampff
Staff Writer

It's a social phenomenon that has been growing in relevance over the past decade: a term that has come to be both a diminutive expression as well as a moniker of a group of uniquely styled individuals. Enduring staple characteristics of the group include pencil thin moustaches, fake glasses, neon wind-breakers, unfashionable 80's haircuts, wholly free-trade or vegan outfits, and all-around gender ambiguity. Hipsters are an enigma of the human experience. It's hard to place a single definition on a diverse faction of society that transcends all boundaries of gender, race, time, and age. It's safe to say that "hipsters" draw their inspiration from nearly every counterculture before them. There are hints of the influence of hippie, punk, and alternative trends in the common threads of the hipster. They are the combination of the plight of the over-privileged yuppie, a mediocre replication of the beatnik generation's self-forsaken introspectivity, and the fashion and hygienical sense of a homeless person. But are they the newest form of traditional rebellion, or are they simply the product of the

undergrowth of all popular generational identities? The simplest, yet most accurate way to describe the hipster group would be "predictably ironic." The thesis of the hipster ideology is being so against the norm that people can subconsciously anticipate what the next step in a hipster's devolution into trendy revolt will be. There is a sort of pattern to their gradual social adaptations; it's a constant cultural cycle that consumes the hipster's attention as they continuously redefine themselves to be opposite the latest trends. Most recently, the signature features of the hipster have grown even more diverse. During a recent rare encounter with a large herd of hipsters at our local McDonald's, I observed the true hipster in his purest form: flatbill hats with flannel and skinny corduroys, cardigans with placebo reading glasses and bright neon overcoats, white tiger emblazoned shirts with heavily padded winter coats, and Goodwill-purchased plaid vests over non-matching plaid shirts. While may be hard to define the hipster, it certainly is easy to identify one.

The Lax Bro

TJ Hodge
Staff Writer

"Do I get chicks? Yes. Do I play lax? Yes. Do I get chicks because I play lax? No. I am very affluent."
-The Ultimate "Lax Bro"

Lacrosse is a new phenomenon in Georgia. Previously considered a "northern" sport, "lax" has taken the south by storm and is now taking over Lambert. Guys and girls alike love the sport, but only the guys who play lacrosse, but also live it 24/7, have the honor of being dubbed "lax bros." Lax bros are the mid-calf wearing, Bass-Pro and LAX World shopping, polo button-down attired, girl-getting group of lacrosse players that always seem to be the stars of the game, as well as the stars of the school.

As previously mentioned, a lax bro will usually be seen wearing mid-calf socks, Sperrys, khakis pants or shorts, a button down polo shirt, and, if they have a hat on, it will most likely be from Bass Pro Shop. Lax bros

are easy to spot; when they see someone they know, the usual greeting is a "sup," followed by a head nod. If you ever get into a conversation with a true lax bro, you will notice an extensive "bro-cabulary." Words such as "flow" (hair), "bro" (friend), and "warding" (pushing a guy off you with your elbow during a lacross game) dominate their conversation. Other common phrases include "rippin threads" (shooting practice), and "throwing bows" (throwing elbows).

When you get to know a lax bro, it becomes clear that lacrosse reigns supreme to almost all other aspects of his life. A lax bro just loves playing the game and just being out on the field. A true lax bro will do anything to find the time to even just fool around a goal or learn a new trick. To a lax bro, life revolves around lacrosse and nothing else... well, except for his girlfriend.

a match
ese
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y go with?



Opinions

That’s What She Said

Trey Rosenkampff & Cate Hackling
Staff Writer & Features Editor

T: Uhh... Hey Cate
C: Oh.. hey. Haven’t seen you much lately.
T: Yeah, things have been weird with the ex...
C: Oh, so y’all are officially over?
T: Yeah, I just wasn’t feeling it anymore.
C: I knew it. Why didn’t I put money on that one? I so called it.
T: Haha yeah, I guess you were right... So I have a question for you.
C: Sure, shoot.
T: I have this “friend.” He messed up with the girl he likes.
C: Keep going...
T: Well he kissed her before he was ready to tell her how he felt. Now it’s weird between them.
C: Ohhhhh, so by your “friend,” you mean us, right?
T: Shh! People are around Cate! No, not us, my “friend.”
C: What’s the big deal? I don’t care if people know.
T: But I do! I don’t wanna lose my reputation as the guy who can have girl friends without having “girlfriends”.
C: Oh, so you do want to be known as the prude for the rest of your life? Gotcha.
T: No! It’s just.... I just... Uhh... Well, yes.
C: Well well well, I must have some major skill if I can turn the school prude into a wild child.
T: So you’re suggesting that we just go around telling people?
C: I mean, sure, it’s not that big of a deal.
T: Looks like someone wants major bragging rights.
C: Ugh, gross. Get over yourself, Casanova. I’m just saying I don’t care if people know. It was just one kiss, it’s not like we’re together or anything.
T: You don’t think that people will think it’s weird that we... kissed... after being frenemies for so long?
C: Not really, it’s pretty natural. It’s not possible for a guy and a girl to be friends for this long without having some sort of attraction. I mean let’s face it Trey, there’s no way you could

resist me forever.
T: Well... I mean your eyes do shine like drops of Jupiter in the sunset... but that’s irrelevant.
C: Yeah, you should drop it, that was the worst line I’ve ever heard. Ever.
T: I’m just saying, some people will probably get upset about it, ya know? Certain, specific people –
C: OH MY GOD, DOES BARBIE KNOW?
T: No! That’s exactly what I’m saying, there’s more than just our reputations at stake here. I don’t want to hurt her feelings.
C: Oh please, give it a rest already. You two aren’t even together anymore and you still care way too much about what she thinks! You two are done. That’s that. She needs to suck it up and get over the fact that you’re on the market again.
T: It’s so soon though, don’t you think that’s a little insensitive to her? I know I would be upset if I found out that she hooked up –
C: It was just a kiss --
T: ...with someone right after we split up. I understand that she’d be upset.
C : Well then you need to stop caring. Like it or not, you’re the one that did this in the first place. It’s not your job to be overly sensitive to her anymore. Man up, move on.
T: ...you’re right.
C: Oh my gosh Trey, just listen to—wait, what?
T: I said you’re right. I need to stop caring about her and not care who finds out about our little... incident.
C: Well... I understand where you’re coming from. I won’t tell anyone about what happened if it makes you uncomfortable.
T: Uh... wow. Thanks.
C: Besides, I’m sure you wouldn’t want anyone to know that you kiss like dead jello.
T: There’s the Cate I know.
C: ...and love. Hehehe.



End of the World?

Leigha Atkins
Staff Writer

Since the beginning of time people have been obsessed with finding out at what point humanity as we know it will come to a screeching halt. There are a lot of speculations about what really might happen from aliens from outer space taking over to prophecies being fulfilled. I’m going to shed some light on each of the predictions about the so called “end of the world” in 2012.

One of the predictions is that aliens from outer space will come and take over the world... all I can say about this is: really, people? You have to be kidding me lay off the sci-fi channel. The second prediction is that disease will wipe out mankind. People have been talking about how a widespread pandemic will end the world and, yes, we have seen viruses such as the plague wipe out whole communities, but it is not logical to say that sickness will wipe out everything on one day- December 21, 2012. Another idea is that solar flares will end us. This is one of the front runners on the prediction chopping block. NASA predicts a rather large solar flare around 2012; some are now saying

2013. The sun does have a large impact on life on earth as we know it, but predicting solar flares is tricky business and no guarantees are made on their predictions.

Biological Warfare is also another prediction. As long as we have biological weapons on this earth, this can always be a threat. But the fact that something will go wrong with these weapons on a certain day is very unlikely, rendering this prediction insignificant. Another very popular doomsday predication is a giant meteor hitting the earth and wiping everything out like what happened with the dinosaurs. NASA has identified a meteor that could possibly be a threat but won’t get anywhere close to Earth until 2029, and there is only a 1 in 45,000 chance that it could hit in April of 2036. As of right now, its threat level is at a zero, so we don’t need to worry about that for a little bit longer.

Prophecies about the end of the world are controversial due to the fact that there are many different religions and this prediction is only going off of one; Christianity. No one can prophesize the day

that the world will end, and people should stop trying.

And, last but not least, the most popular prediction for the end of the world: the end of the Mayan calendar. Many people say that the Mayans have made predictions in the past that have come true, BUT there is a lot more to this story. Their calendar may not be in line with ours... meaning that the end of their calendar could be 50 years from now, or it could be tomorrow. Also, just because it ends doesn’t mean they thought that was going to be the end of the world. They could have meant for it to start over again. Keep in mind, the Mayans also thought that the sun was powered by human blood and they had to kill people to keep it going, which we know now that is way wrong.

All and all, there have been a lot of ideas thrown around about the controversial date, December 21, 2012. The world could end today, tomorrow or millions of years from now. Relax and keep going on with your life.

The Lambert Post

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Opinions

Generation Y

Caroline Toth
Opinions Editor

The world we live in has grown economically, politically, and culturally in the past few generations. Technology has developed beyond our wildest dreams and is continuing to expand. Previous generations were not as blessed as we are because they were involved in wars, depressions, and a time period of conflict and upheaval. However, these hard times forced them to work harder to revive the United States, and allow our country to be what it is today. Will our generation further their improvement? Or are we on the path to digging a hole for our future?

Generation Y, better known as the “millennials”, hasn’t had to work much to earn what we have. That’s what parents are for. We’ve been raised in a society where technology does all of our work for us. Thanks to washing machines, dishwashers, vacuum cleaners, and other household cleaning devices, our generation has successfully mastered the skill of “doing nothing.” Manual labor is unheard of and effort just in general is usually avoided at all costs. Given, technology does increase efficiency and makes our lives easier, but it doesn’t increase the efficiency of brain power to students all over the county in this generation. A study recently shown on ABC News shows that 45% of students in college today aren’t receiving an education worth the cost they are paying to attend there. They would rather party than hit the books, which won’t help America’s coming generation boost the economy.

So what should students do to prepare for the real world? Even though technology makes our lives easier, it shouldn’t run your life for you. Instead of looking up a word on dictionary.com, use an actual dictionary and put effort into your work. Graduating high school is important, but graduating college and making a living is more important. Someone has to correct the mistakes our parent’s generation made, and if we aren’t aware of how lazy and spoiled our generation is, we will only further out economy’s debt and hurt the country for the next generation. After all, we do have to live with the coming genera-

Is 16 and Pregnant Lowering the Teen Pregnancy Rate?

Casey Kim
Staff Writer

Maci quits the dance team to take care of Bentley. Ebony gives up her dream of going in to the Air Force because she and her husband have Jocelyn and one of them has to stay with her. Farrah struggles with her mother and the death of her boyfriend consequently, raises Sophia alone. Catelynn decides that adoption is a better option for Carly, even though it goes against her parent’s wishes. Four seemingly unrelated stories have three points in common. One, they were all pregnant. Two, they all were teenagers. Three, they were all episodes on MTV’s hit new series, 16 and Pregnant, designed as an almost documentary type series to show what teen pregnancy is really like, along with its spinoff shows, Teen Mom and Teen Mom 2. And it could be working. A recent government survey by the National Campaign to Prevent Teen and Unplanned Pregnancy shows that teen birth rates dropped rapidly in 2009, after a 5 percent increase in 2005-2007, and a level off in 2008. Unsurprisingly, the number one influence that helped teens avoid early pregnancy was parental influence, but more shockingly, number two was 16 and Pregnant. More than half of the participants, 82% of all the people who took the survey listed MTV’s 16 and Pregnant as an influential factor for avoiding pregnancy.

While it’s definitely received more praise and critical acclaim than your average, run of the mill, MTV show, it’s gotten its fair share of criticisms as well, with most focusing on the unreal focus

of the show, giving this often tragic and difficult event a golden spotlight, for it “glamorizing teen pregnancy.” But according to the statistics, which reported declines in pregnancy rate of all ethnic and racial categories, including a record high 10% drop in Hispanic teen pregnancy rates, viewers don’t agree, with many citing that the show opened them up to the realities of living as a teen parent. In truth, however, the reaction might be a mix of both. As Caroline Flack, freshman, Hannah Tokich, freshman, and Halley Tokich, freshman say, the show is “good and gets across the difficulties of being a teen parent”, but might be better if it had a more variety of people, “maybe people that were more from the areas like we live in Forsyth county and our backgrounds, so we could relate to them more” and didn’t make it seem like you might “get a TV show if you have a kid.” Even if all it is just getting the teens moms in to the public eye for thirty minutes of melodramatic, reality TV fame, it should be praised for the positive change and reaction inspired in its viewers.

Summarized by a quote from the actual report itself, “Entertainment media is one of the nation’s favorite punching bags, but we have to acknowledge that when we’re talking about teen pregnancies, media can be and often is a force for good, and that is particularly true when it comes to shows like 16 and Pregnant. . .Some critics say these shows glamorize teen pregnancy, but our survey data shows that’s not the case— that not only do they not glamorize it, but teens who have seen it suggest it makes the realities of teen parenthood more real to them.”

Seniors Lasting Mark

Ashley Boeckel
Staff Writer

We entered through the doors two years ago, feeling like freshmen all over again. We had no idea what the next two years would bring, but we had hopes of our own for our new school. A year and half has gone by, and the seniors are down to their last semester of high school. It’s been a difficult journey, and maybe not the one we imagined but it has definitely been memorable. So when someone asks me whether or not the senior class will leave an imprint on Lambert High School I would have to say yes: I believe the Class of 2011 will leave a mark on Lambert High School.

Coming to Lambert as a junior was difficult. We left clubs behind, friends behind, and memories. When beginning at Lambert, many students wanted to have the opportunity to join the clubs that they had been a part of at their previ-

ous high school. But the task wouldn’t be that easy, the clubs needed leaders and sponsors and as the oldest students in the school, we were expected to take control and be the leaders that we had once looked up to. And I have to say that we’ve done an impressive job. DECA is the second largest in the state, we have added a new competitive dance team, and the drama club has produced several productions including Willy Wonka, Dearly Departed, and Fortress.

Being the first graduating class of a high school is difficult and the senior class wouldn’t have been able to accomplish anything without our staff and administrators. Senior class president Sara Buysman adds, “One of my most favorite things about Lambert is the teachers and administrators. We have some of the highest quality teachers here and a group of

administrators that really know how to lead Lambert and its students to success.” I have to agree with Sara completely. If it were not for the dedication that the staff and administrators have to our school many of Lambert’s accomplishments wouldn’t have been successful. Thanks to teachers we have sponsors for our clubs and thanks to the cooperation of the administration students are allowed to start many organizations here at school.

We might have only been here for two years, but I believe the senior class has made use of their time and I think classes to come can add to what we’ve started. In the words of our class president, “We are the FIRST class that will walk the Halls of Lambert for the LAST time.” And that’s something I’m proud of.

What Were They Thinking?

Kelsey Thompson
Editor-in-Chief

Fads. They come around every few years. At first, they may seem pointless or nonsensical, but against all odds they end up changing the world. At least for a little while. The fad, “defined as a temporary fashion, notion, manner of conduct, followed enthusiastically by a group”, is not a new phenomenon. Fads have been around for as long as there have been people to follow them. From the popularity of the teddy bear in the early 1900s, to the lava lamps of the 1970s to the biggest fads of 2010, the Snuggie and Silly Bandz, the last century or so has had some weird fads that will go down in history. The following are what I consider the best, and oddest, fads of our lifetime.

The 1990s and early 2000s were great years weird fads, especially in clothing. First popular in the sixties, Birkenstocks made a comeback in the early 2000s, showing up on teens’ feet nationwide. If Birkenstocks weren’t your thing, maybe Crocs were. The functional and supposedly comfortable rubber footwear popped up everywhere from poolside to school hallways. During its peak years of 2004 to 2007, the colorful Crocs became both desired and hated, making millions of dollars and Time Magazine’s “50 Worst Inventions” list. Also in the clothing department was the gaucho fad, the calf-length women’s pants, that sprang up in 2005 and the sequin covered purses, popular with the middle school girl set, found mostly at mall kiosks. The most recent clothing fad, however, is the “jeggings”, leggings made to look like tight-fitting jeans.

The weirdest fads, though, are not in the clothing department. Pillows have had their fair share of odd fads. The slew of pillow fads began with the moshi pillow, the micro-bead filled pillows that came in different shapes, sizes and characters. Then there are pillow pets, the pillows that come as different animals, from unicorns to pandas.

The Livestrong bracelets. Not only were they inspirational, they led the way for rubber bracelets everywhere. The original yellow bands were the must have item for years and benefitted Lance Armstrong’s foundation to improve the lives of people affected by cancer. Today, the foundation has expanded to include a line of Nike clothes, though the bracelet fad faded. However, their legacy will forever include the slew of knockoffs that followed. Blue, green, tie-dye, red, the bracelets came in any color and supported every charitable cause known to man. While the idea was good and charities definitely profited, the armfuls of bracelets were a little excessive and weird.

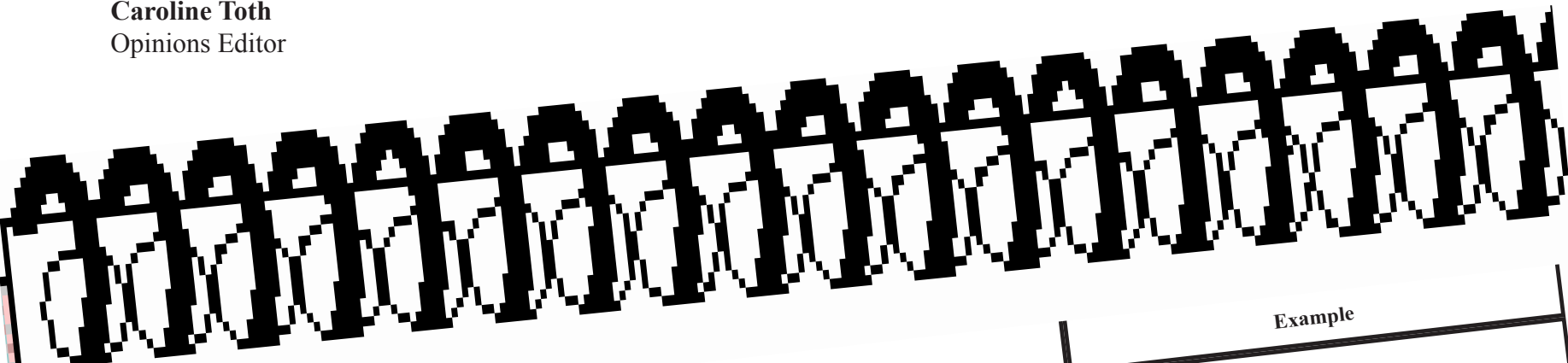
The absolute weirdest fad award, though, has to go to Ferbies. The fad began in 1998 and continued through 2000, the hamster/owl/koala bear hybrid spoke its own language, Furbish, until its owner taught it English. Over the two years of its popularity, there were 40 million Ferbies sold and it was programmed to understand over 24 languages.

Pet rocks, Rubiks Cube, the Hampsterdance. Fads have always been around to make life a little more interesting. Sometimes, they just take it a little too far.



What Type of Facebooker Are You? (Part II)

Caroline Toth
Opinions Editor

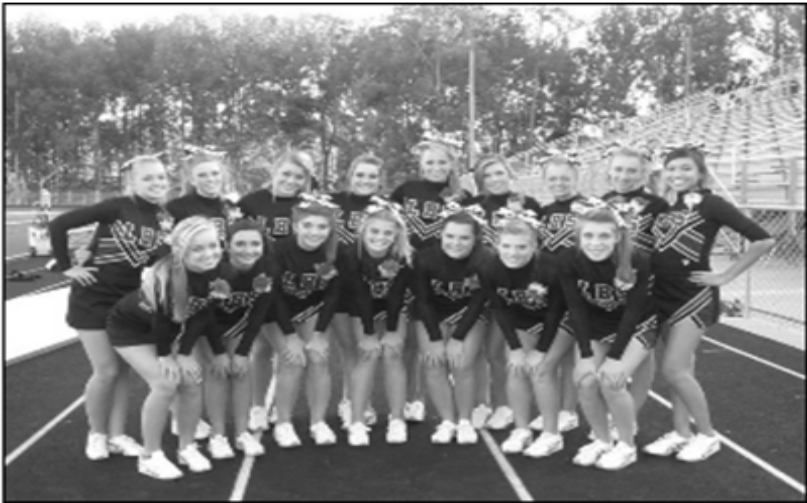


Type	Definition	Example
“The Quoter”	You post deep status’s that deal with rhetorical ques-tions, famous sayings, and questions dealing with life as we know it.	<ul style="list-style-type: none">• “To be or not to be?”• “What is life?”
“The Honest One”	Truth is... nobody cares.	<ul style="list-style-type: none">• “Truth is you are so gorgeous and literally my best friend.”
“The Tagger”	You tag all of your friends in every status, wall post, or comment so that everything is linked together.	<ul style="list-style-type: none">• “I’m hanging out with this friend because we’re cool.”
“The FBO-er”	You make your relationship status known to everyone on a regular basis whether anything has really changed or not.	<ul style="list-style-type: none">• “I’m in an open relationship.” 2 days later, “I’m single.”
“The Accuser”	You indirectly accuse someone in your status without saying their name, but make it obvious enough to where everyone knows what you mean anyways.	<ul style="list-style-type: none">• “Don’t you hate it when your best friend steals your boyfriend and starts ignoring you?”
“The Hipster”	You consider yourself to be a hipster and try to reflect your personality with everything you do on facebook.	<ul style="list-style-type: none">• “Hey where’s that quote from?” “You’ve prob-ably never heard of it, it’s really obscure.”
“The Formspringer”	Why have a facebook when you have formspring? Oh yeah, so you can make it your status and send everyone on a wild goose chase to your formspring.	<ul style="list-style-type: none">• “http://www.formspring.com/clickonmypageand-writesomethingplease”
“The Connector”	You post everything on facebook from other web-sites by connecting your facebook account to these pages.	<ul style="list-style-type: none">• “Do you like CNN.com? Follow us on twitter and like us on facebook.”
“The Inside Joker”	Every status you post includes some sort of inside joke, funny comment, or remark that no one under-stands. Unfortunately, you just made it an outsider.	<ul style="list-style-type: none">• “Cheese is whack! Haha!” - <i>this friend</i>
“The Slow Typer”	You draw out everything you type because either a. you’re a slow typer and struggle from moving key to key, or b. you’re confused.	<ul style="list-style-type: none">• “I loveeee youuuu.”• “That’s totesss awesomeee girlll.”
“The Youtuber”	Your entire profile page is filled with random videos from youtube, whether its music, a comedy skit, or an inside joke.	<ul style="list-style-type: none">• “Click on this video and see trololzillalol.”
“The Video-Poster”	You post videos from your webcam on everyone’s wall and clog up everyone’s homepage.	<ul style="list-style-type: none">• “Hey girl... I’m uh... so bored, so I’m leaving you this video.”
“The Symbolist”	You feel the need to use lots of punctuation marks, symbols, and other various images on everything you do.	<ul style="list-style-type: none">• “Lovee you <3 I miss you baby!”• Had fun last night! (:
“The No-Facer”	Your profile picture is never of you, and this makes getting friend requests much harder.	<ul style="list-style-type: none">• You have a Disney character as your profile.• You have a celebrity look alike• You have a question mark over a random figure.
“The Cut and Paster”	You copy and paste long statuses all the time and generally tag someone with you.	<ul style="list-style-type: none">• “Daddies are great, daddies are good. I love my daddy, and you should too.” – <i>your dad’s name</i>
“The Martyr”	You make people feel bad if they don’t post the same status they post.	<ul style="list-style-type: none">• “Only 2% of real Christians aren’t afraid to openly show their love for God. If you love God, post this status.”
“The Blogger”	You treat facebook like a blog and share your inner-most feelings as they come to you daily.	<ul style="list-style-type: none">• “How long must I wait for my Romeo to find me? Sometimes I can’t bare the patience.”
“The Facebook Family”	You tag everyone as a family member and are basi-cally related to the entire social network as we know it.	<ul style="list-style-type: none">• “Siblings: <i>friend, friend, friend, friend, friend, friend, friend, friend, friend...</i>”
“Everyone and Their Family”	You really don’t know your friends’ relatives that well, but adding them on facebook seems necessary. Just because.	<ul style="list-style-type: none">• “So and so is friends with <i>friend’s</i> uncle and grandmother.”

Cheerleading Tryouts

Jordyn Clem
Staff Writer

Football cheerleading try outs are just around the corner. An informational meeting took place on January 25 to discuss this year’s season and try-outs. There will be four teams this year: Freshman, JV, Varsity Sideline and Varsity Competition. The Varsity Sideline team has fifteen spots open, as well as the competition cheerleaders who are given the option to cheer sideline or just competition. Other than Coach Ray, all other coaches for the teams are still undecided. Try outs take place February 28- March 3 in the Auxiliary Gym. Coach Ray said “I’m really excited for the cheerleading season to be starting again; this year is going to be a lot of fun.” She encourages anyone interested to come and try out. Make sure that you have your physical and try out packets turned in by February 17. Coach Ray says the earlier you turn it in the better, she doesn’t want them all at the last minute.



Lambert Lacrosse

Tim Roth
Staff Writer

It’s that time of year; Lambert is starting up their lacrosse season. After having no graduating class in 2010, can we live up to the success of last year? For those that missed out, our Varsity boys went all the way to the semi finals of the state championship. That is pretty impressive for a first year team. Last year was great but now that we all know what can happen, but we want to know, can our Varsity get the state championship this year? Timmy Geran, a senior here at Lambert, thinks we can. He says, “last year was great but this year our team will be working even harder to finish what we started.” The coaches are hungry for nothing less if not more than last year either. “Last year was a season

to remember, but this year we want more. We want a state championship” says Coach Sagel. So is it safe to say look out Lovett? In case you missed out, Lovett was the school that held us from the championship last year after our outstanding 18-2 season run. This year, is different. We had no expectations going into this year but now we all want to see a re-run of 18-2, another “W” over South for the bragging rights, and we want to show Lovett that the quarter finals were last year. The pressure is on for sure so we get to see if that’s how they like it or if they can handle it at all. We want to see them go all the way and I will be one of them watching every game hoping to see a trophy on the school shelf with the big words reading State Lacrosse Champions at the end of the year.

Congratulations to Lambert girls swimming for taking 6th place at State! Lambert had an amazing swimming season. Be sure to come out and support next year!

Athletes of The Month



Michael Nelems

Alex Shepherd
Sports Editor

Live, Breathe, Don’t eat, Wrestle. This is the daily life of Michael Nelems, a junior on the Lambert Varsity wrestling team. Michael takes the term “devoted” to a whole new level. Even with a winning record of 43-3, the goal of success does not come easy. Michael forces himself to be fully submerged in the sport by making all weight cuts, even if he only has a day, preparing every day for the next match, and anticipating any move the competition could give at all times. Michael is the ideal athlete that every coach wants on their team. Michael is the athlete that is willing to give it all up, just for the sport he loves. Michael started the sport after being introduced by his cousin, a two time state champion. Even before his career in wrestling, he was involved with a multiple number of sports. He quotes, “I eventually got too small for them.” Out of fourteen different weight classes Michael falls into the 125 lbs class and goes up against other guys his size. Michael competes year around and when it is not high school season; he is at the Wrestling Academy where he practices every day. Obviously the hard work is paying off because he was ranked 7th in the state last year for his weight division and this year he has climbed to hold the position of 2nd in the state.

Somehow through all of his practicing, Michael finds time to still work in his studies. He maintains a 4.21 GPA and is actively involved in clubs such as FCA, DECA, NTHS, NHS, and Random Acts of Kindness. But in his “free time” he says that all he really tries to do is relax. When you spend 7 days a week starving your body of nutrients and pushing it to its full limit, the simple act of relaxing is not taken lightly. Relaxing is wonderful, but preparing for the competition proves to be more important in this sport. The most prevalent competition is South Forsyth naturally but a personal competitor for Michael is Alexander High and Woodland High. “The competition is good, but our team is better,” Exclaims Nelems. With a great coach like Coach Contardi, this is a statement that can be taken seriously. It started with a high school pas-time and turned into a possible future career for Michael. He has received offers from major wrestling schools such as The Naval Academy and North Carolina State University. He does plan to pursue a college for his wrestling abilities, and with his dedication that he has shown in high school, he should have no problem doing this.



Jenna Kasmarik

Trevor Grant
Staff Writer

Jenna Kasmarik, a senior at Lambert High School, is recognized as an outstanding midfielder on the girl’s varsity lacrosse team. First introduced to playing lacrosse only five years ago, Jenna played on the South Forsyth feeder team. In 8th grade she played on the Lady War Eagle club team, and played for the South Forsyth varsity team in 9th, 10th and 11th grade. Jenna is currently playing varsity lacrosse at Lambert and is excited about the upcoming season. Last year the team had a record of 4 -10-1 and Jenna is hoping that with her addition to the team that she can help improve their record this year. In preparation for the season, Jenna and her teammates were subjected to the “hard but necessary” conditioning to get the team in shape. Coach Sedgwick, the art teacher, trained the team so that they can improve their endurance and be prepared for the 2011 season. Lambert lacrosse practice consists of breaking into groups by positions to work on stick drills and agility under the guidance of her Coach. “Coach [Sedgwick] is a great lacrosse coach and she has challenged me so that I can improve to be a better player,” said Jenna. They will need to practice hard to be prepared as they face a fierce schedule that includes West

Forsyth and South Forsyth High School. In addition to playing lacrosse for Lambert, Jenna also plays on the X Team in the summer so that she can constantly improve her skills. Not only is Jenna looking forward to the upcoming season but she also has her eyes on her future college seasons as well. She was given numerous offers from colleges including Colgate, John Hopkins, Cincinnati, and Jacksonville University. Recently Jenna has decided to sign with John Hopkins University in Baltimore, Maryland to play lacrosse. She has always dreamed of attending John Hopkins ever since she started lacrosse five years ago. Currently Jenna plays midfield for Lambert, but she will be making the transition to attack when she starts to plays for the Blue Jays. Not only does Jenna excel on the field, but she also performs in the classroom as well. She currently has a 3.8 GPA, is involved in the Latin Club, Beta Club and is enrolled in numerous AP classes. Jenna’s exceptional lacrosse skills on the field and her outstanding performance in the classroom have earned her the recognition of Athlete of the Month.

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save the Date!



Lambert High School's First Annual
2011 Prom
May 14th
At Fernbank Museum


Tickets go on sale
after Spring Break



Longhorns' Spring College Signings



Dale Ashford will be playing soccer for Pfeiffer University.



Loren Bailey will be playing lacrosse for Stephenson College.

Nick Biumi will be playing baseball for Washington and Lee University.

Brett Godwin will be playing soccer for Presbyterian College.

Jake Kennedy will be playing baseball for Berry College.



Matt Williams will be playing soccer for Berry College.

Keith Grabowski will be playing baseball for Calhoun Community College.



Adam Seal will be playing lacrosse for High Point University.

Allie Schaich will be running cross country for Rice University.

Iain Smith will be playing soccer for Clemson University.



Dalton Walsh will be playing soccer for North Georgia College & State University.



Don't forget to vote for the February teacher of the month! Nominate your favorite teacher today on the Lambert School website!

- 20 Facts that you never needed to know:
- 1) On the average, 12 newborns will be given to the wrong parents daily.
 - 2) We shed 40 pounds of skin a lifetime.
 - 3) There are more chickens than people in the world.
 - 4) The average four year-old child asks over four hundred questions a day.
 - 5) You burn more calories sleeping than you do watching TV.
 - 6) It is physically impossible for pigs to look up into the sky.
 - 7) Ants don't sleep.
 - 8) A snail can sleep for three years.
 - 9) The average cost of raising a medium-size dog to the age of eleven is \$6,400.
 - 10) A pregnant goldfish is called a twit.
 - 11) The average person laughs 13 times per day.
 - 12) The dragonfly has a life span of 24 hours.
 - 13) No piece of paper can be folded more than 7 times.
 - 14) Turtles can breathe through their butts.
 - 15) Our eyes are always the same size from birth, but our nose and ears never stop growing.
 - 16) Each year, 24,000 Americans are bitten by rats.
 - 17) Most dreams last only 5 to 20 minutes.
 - 18) Penguins can convert salt water into fresh water.
 - 19) Blueberry juice boosts memory.
 - 20) Hippo milk is pink.

Think you have what it takes to be Athlete of the Month? The Lambert Post will be choosing athletes for our first issue in the beginning of the next school year, so train hard over the summer! And if you know a friend or teammate who you think deserves the title of Athlete of the Month, tell us about them by emailing us at thelambertpost@yahoo.com.