

THE LAMBERT POST

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Lambert High School

November 2011

PARENT PORTAL “E-FAILS”

Mackenzie Bennett
Photo Editor

Recently, Parent Portal was updated, and that update is “ruining kid’s lives.” Whenever you fail an assignment, formative or summative, your parents are notified via email. As soon as the grade is entered, the email is sent out. Many kids are receiving angry texts and calls from parents during school, about a grade that students don’t even know they have received.

From a student’s perspective, this new addition to Infinite Campus is absolutely horrendous. They feel that parents don’t need to know every grade they receive, especially formative ones. They feel that the emails just make things worse, and that their parents become overly involved with school. Many students feel that they can manage their grades on their own. “My parents ate me alive,” said sophomore Lizzie Andrews. “It ruins your weekend,” said junior Christian Gray. Many students feel that the emails do not give a fair representation of your grade. The emails are only sent out for failing grades, no email is sent if a student receives a 100 or an “A.” The emails also do not tell parents what a student’s overall grade in the class is; a student can have an A in the class, fail a quiz and get

the email. Parents then react as if their child is failing the course. Bradley Blain says he has good grades in all his classes, but he failed some quizzes and is grounded with no car until the next report card comes out. However, Amanda Phillips, sophomore, feels that “If you try in school, it’s really not a problem.”

Most teachers are a fan of the new system. Mrs. Jiminez, 10th grade World Lit teacher says “I love it, it’s very helpful. As a parent, I think it’s helpful to catch a problem early on. I admit it’s a little one-sided, but I feel like it gives parents a much better idea of how their child is doing in school.” Dr. Davison says that this new feature was an update in Infinite Campus, not something Lambert decided to implement, and that it’s a benefit to conscientious students, “Will students like it? No. Will it benefit them? Absolutely.” Mrs. Cantrell, freshman biology teacher as well as Teacher of the Year, says, “I feel like if kids get failing notes home, then they should also receive positive notes. I try to send out notes at least once a month to parents, talking about how well their student is doing in the class or how hard they’re working. I think it would be better if emails were only sent for failing summative grades, or if the student is failing the course overall. As a teacher, it’s important to praise kids when they’re doing well and support them when they’re not.”

AND THE AWARD GOES TO...

Brooke Metz
Staff Writer

Mrs. Brittany Cantrell seems to do it all. From working towards her doctorate while teaching biology to adventuring in the Galapagos Islands, she is always achieving a dream. Recently another dream of hers came true when she was named Teacher of the Year, a role she has worked hard to earn.

“I think I always had teacher in me,” says Mrs. Cantrell. She would play school with her brother when she was younger, writing quizzes for him and acting like a real teacher. She didn’t realize that she would eventually become one.

Coming from a family of many biologists, Mrs. Cantrell never thought she would want to follow in her relatives’ footsteps. She thought she wanted to be something completely different, like an artist. But biology began calling to her as soon as she started college. She took various science classes and always felt at ease in the lab rooms. She learned best by teaching others, and soon several of her professors were asking her to TA their classes for them. Science and teaching had been paired perfectly together for her, and it seemed as though it was what she was meant to do. “I still wasn’t sure,” says Mrs. Cantrell, “but I had a nagging feeling that I

had a calling to do it.”

Initially she thought she’d be a research biologist, but she didn’t want to spend her life in a lab. After talking with a professor, she knew that she wanted to teach, and she has loved every aspect of her career ever since. “I think I’m doing exactly what I’m supposed to do,” she says.

Right now she is working towards getting her doctorate. At the moment she would love to be able to accomplish that, but “in the scheme of things it’s just a thing,” Mrs. Cantrell says. “I want to visit all seven continents, I want to have children, I want to make a difference in people’s lives.” But most of all she reflects on her teaching career and inspiring her students as an accomplishment she continually wants to achieve. “I want someone to look back and think that my role in their life was pivotal, that it had an impact on them.”

As for her Teacher of the Year title, Mrs. Cantrell is ecstatic. “To be someone who is representing this school is such an honor to me,” she says. The title of Teacher of the Year, though, is perfect for her. She loves her school, her work, and her students. Although Mrs. Cantrell is busy accomplishing all her goals, she loves everything about what she does. “I feel so blessed to be where I am.”

HELPING OUT A FORMER LONGHORN

Bella Green
Staff Writer

As most know, Chris Pickard, a Lambert alumni, was in a horrible car accident on May 13th, 2011. After one week in ICU, Chris was transferred to the Shepherd Spinal Center in Atlanta. He has use of his wrists, arms and shoulders, but does not have use of his hands, trunk or legs at this time. His spinal cord injury is considered incomplete, as he does have some feeling in the areas where there is no movement. His family is hoping and praying for his full recovery, and being encouraged by families whose lives have been changed through accidents like Chris’s.

However, the costs of a month

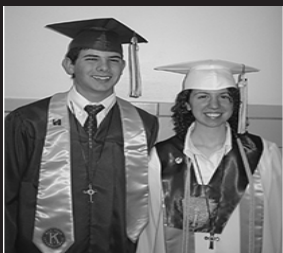
at Project Walk are significant. His therapy, transportation, housing and living expenses total approximately \$7700 a month. The majority of this money funds his therapy (\$5600 per month) and these costs are not covered by insurance.

Given that Chris could be at Project Walk for up to two years or even longer, it will require the generosity of many for him to continue his therapy at Project Walk and achieve his goals. His parents said, “We want our son to attend Project Walk...to have hope and get healthy....and one of our prayers is for him to be able to

walk again one day. We know God is taking care of him - if this is the right place for our son, God will somehow provide a way.”

If you want to help support the Pickard family you can donate to “Chris Pickard Irrevocable Physical Therapy Trust Fund”. Donations can be made at any Sun Trust Bank under the name of the trust. Also on Wednesday mornings at FCA, there is a basket on the front of the stage designated for donations for Chris and his family. His family so desperately needs support through this financially and emotionally draining time. If you

can help, please do, the Pickard family needs their Longhorn family now more than ever.



**GOING FOR
THE CORD**



**WHAT A GIRL
WANTS**



**CHEERLEADERS
GIVE BACK**

BEFORE WE GRADUATE...

Hannah Quire
Staff Writer

As a young child, you view older kids as being larger than life, and their actions can have a lasting impact on your own. For this reason, Lambert is partnering with Sharon Elementary School to create a mentoring program, pairing one elementary-age student with one Lambert student. For thirty minutes in the morning each week, the two meet up and interact. "It's really just about letting that elementary student know they have another person in their life who cares about them," says Mrs. Eccleston, a counselor. "Our students do a great job of committing to the program and they make a difference in younger students' lives every week."

In order to be considered as a mentor, students had to fill out an application, which was sent to the elementary school. "Sharon Elementary has their own way of choosing students," said Mrs. Eccleston. Currently, about one hundred students are taking part in this program, meeting their elementary-aged counterparts for the first time the first week of October. Casey Kim, junior, is one of the many students involved. "It's a great opportunity," she said, "and it shows you care for

your community. They're cute, and it's fun." Casey met her student, Emma, on October 7th. "She's a fourth grader. She was born in Ireland, has a dog named Wookie, loves her older brother, and plays soccer," she said. "She's a cool kid!" Casey added, "I will do this program again next year."

All grade levels of Sharon Elementary are participating, which requires as many Lambert students as possible to fill those influential roles. Throughout the time spent with the students, mentors can help with homework, play sports, or simply talk to them. Children of that age are so unaware and unsure of how to act or respond to certain situations, and with the gentle guidance from an older and seemingly-wiser student, they can make the right decision. For one year, Lambert students have the opportunity to make a permanent, indelible impact on these children's lives. By the end of the year, "they have formed such a great bond and they younger students completely look up to our Lambert students," a proud Mrs. Eccleston commented. "I love being a part of this program!"

H.U.M.A.N-KIND?

Beverly Tessmer
Staff Writer

Over the past three years Lambert has been slightly confused with the idea of vending machines in the school. Lambert's first year sugary snack machines were everywhere, last year they were nonexistent, and this year they have come back, with a major modification. The new machines are called "H.U.M.A.N." The acronym stands for Helping Unite Man and Nutrition, with a motto of "taste, feel, and live better." The machines are quite large and have a TV screen on top providing ads for the offered food.

According to the Online PR media there are only "750 machine locations across the United States, Canada and Puerto Rico. So far, Northview High, Chattahoochee High, and Lambert High have signed to provide their students with these healthful vending options."

The machine offers V8 Juice, iced tea, orange juice, Capri Suns, chips, Pirates Booty, organic milk, organic Oreos, and many other treats. See the trend? It's all majorly healthy. Senior Tara Keil says "That sparkling strawberry watermelon juice is the best! I love the vending machine and go to it like every other day!" Not only are the choices different than most machines, the payment options differ as well. H.U.M.A.N. takes not only coins and large bills up to 10s, but also credit cards such as Visa, MasterCard, and American Express. The other major difference, it speaks to you, yes, speaks to you. After receiving your purchase the machine offers its gratitude by saying "thank you".

Shari Dover-Calicchio, who has partnered with HUMAN Healthy Vending, says, "We have had such a positive experience dealing with and partnering with Lambert High. Drew Ferrer was on board from the moment we proposed the healthy vending concept. His goal is the same as ours, providing students with healthy alternative snacks. We have had a great response from Lambert students, many of whom have actually thanked us for giving them access to great tasting and healthy snacks. We have found that Lambert students are more educated about nutrition and are concerned about what they're eating. Lambert is the first school in Forsyth County to implement healthy vending machines. Lambert started the trend and now hopefully other schools will follow suit."

It's healthy and modern, what's the downside? The price. Chips are priced at \$1.75 and 14oz of coconut milk is \$2.75. At the top of the 2300 stairs 20oz of coke is only a dollar. An anonymous senior says "No, that's dumb, it's so expensive!" So you decide, are you willing to risk price for a fancy machine and healthier food or will H.U.M.A.N just be C.R.E.E.P.Y. to you?

Calling All Angels

The Lambert Post would like to offer its condolences to friends and family of Donna Whitfield. After a battle with cancer, she passed away on September 22nd, 2011. She was an incredible addition to the Lambert staff and will always be in the hearts of the Lambert community. We miss you, Mrs. Whitfield.

AND THEY DANCED

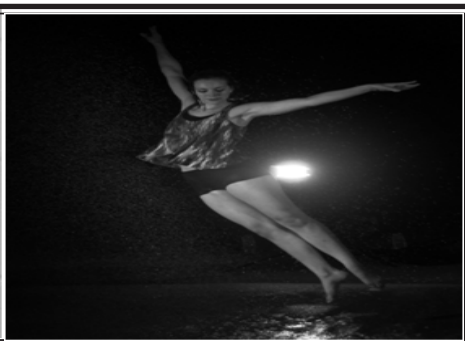
Olivia Vasquez
Staff Writer

As the first nine weeks turns its final corner, a whole new year for different clubs and activities begin. One of the most talked about groups of the season is Lambert Dance Company. Starting off the year with 23 members, the company is ready to show the school new and original dance routines.

Lambert Dance Company is a group of skillful students that get together Tuesdays and Thursdays and come up with their own choreography. Each show the company puts on has a certain theme that ties together each dance. This gives the company chances to embrace their creativity and teach each other new tricks. "Dancing with my friends and putting on shows for the school is my favorite part of the dance company" states junior Jordan Forte, who has been a member of the company for two years. Christine Chen, senior,

and Sydney Mohr, junior, are president and vice president of the company and help keep the company organized and each dance come together. Mr. Santiago and Madame Burgess, are both teacher sponsors and aid the company whenever needed.

The first performance of the year is December 8th through the 10th, giving the company only a short time to rehearse. Being together twice a week for two hours creates bonds throughout the company. "Everyone in the company is really nice," says sophomore Ashley Romero who is new to the company this year, "we are all friends." Even having such a short amount of time to put on a show together, Romero explains how the company learns all the dances pretty quickly. The theme for the first show is Dance in Technicolor, which all the members are very excited about.



Fire Dogs Motorcycle Club Proudly Announces
Will Davison Memorial Scholarship Fund
5th Annual
RIDE FOR WILL
www.willdavisonmemorial.com
Saturday, November 12, 2011

\$25 for Motorcycles, \$10 for Passengers, \$30 Antique Cars and Trucks
Free "WILL" patch or t-shirt to first 125 entries

Ride begins at Lambert High School located at 805 Nichols Road, Suwanee, GA
(Forsyth County) and will end at
Paul's Margarita Deck in Helen, Ga.
Registration will begin at 9:00am; with the ride starting at 11:00am

On-line registration is now available at www.willdavisonmemorial.com

William Clay Davison was born on March 1, 2007. We were blessed to have Will here with us for about 4 1/2 months. Will touched so many lives with his generous smile and wonderful personality.

On the afternoon of July 25, 2007, Will went down for his afternoon nap. He peacefully went to sleep and on to be with Jesus. Will passed away as the result of SIDS. This silent killer has no preference.

This ride is our way of giving back a little in his honor and keeping his spirit alive among us. William Clay Davison will always be "An angel among us".

All of the proceeds will go to the "Will Davison Memorial Scholarship Fund" so that well deserving students may have a chance to further his/her education.

3 Raffles:
3 day / 2 night stay in Pigeon Forge,
A Diamond Amethyst Tennis
Bracelet valued at \$900
and Autographed guitar to be
announced at a later date

50/50 Raffle
Lots of great door
prizes

Make checks payable to:
Will Davison Memorial
Scholarship Fund
8458 Majors Road,
Cumming, GA 30041
Cash Donations Accepted

We will ride with Police Escort
RAIN OR SHINE

For More Info:
Cathy Bentley 770-889-7829
CathyBentley@bellsouth.net

FEATURES

STUCK ON THE BUS

Beverly Tessmer
Staff Writer

That dreaded afternoon walk to the bus has to be one of the most depressing events a high school junior can undergo. Passing your friends as they go to their cars with their keys that seem to mock you as they jingle in their hands, almost taunting you with the idea of the convenience and freedom that driving to school holds. But no, you were one of the unfortunate ones to not receive a parking spot. How do I know how much that just absolutely stinks? Yup, that junior walking to the bus, yeah that’s me. Shocking enough, in only its third year, Lambert is lacking majorly in student parking spots. With only 565 spots offered, 690 parking applications were submitted for this year, (some of which were submitted by sophomores.)

The process in which they pick who receives a spot is quite simple. Seniors of course are all offered one, the higher the GPA, the closer to the

school you get. But for the juniors, it’s the luck of the draw and your finger’s better be crossed. For juniors, GPA has nothing to do with where your spot is, just sheer luck. With 70 kids on the waiting list, the administration is being forced to enforce the rules this year. Mrs. Hosier, the Administrative Assistant at Lambert, informed me that even if you’re on the end of that waiting list, odds are pretty decent when it comes to receiving a spot second semester. So far 10 people have moved to another school, multiple cars have been lost to accidents, and students have found other places to park such as Sharon and the fruit stand, all in all, it means more parking available. If you have 12 unexcused tardies, or 3 unexcused checkouts, you might as well kiss that spot goodbye. So, from the bottom of my heart, please be late to school, and those without spots, don’t give up hope, it may just happen.



THANKSGIVING BREAK

Hannah Quire
Staff Writer

A wave of contradicting feelings comes along with the news of Thanksgiving Break: excitement over a week of no school, anger that the time must be spent with anyone but friends, happiness about the prospect of a vacation, anxiety over being unconnected. Amidst the good, the bad, and the ugly of Thanksgiving, three people are finding time to actually enjoy the week off: one through community service, another with a long trip, and a third by just staying at home and catching up with family.

While other students her age are busy digging into the array of delectable food spread in front of them, senior Cassie Beato will be helping to feed others. “We have a whole bunch of people that go to my church, and we put sandwiches in baggies and take them to the homeless shelter,” she said. Despite the large amount of time it consumes, Cassie has no objections. “I just like helping people.” For the past three years, Cassie has delighted in donating her break to aid those in need, and can’t wait to do it again this year. “Their faces light up and it’s so cute!” she gushed. If you are interested, “just come”—they are always looking for volunteers.

Some Lambert students are tortured by the prospect of a week of Thanksgiving Break. It is seven long days of having nothing to do, no one to hang out with, and the dreaded time spent with crazy relatives that seems to be inevitable. One student, however, does not share this feeling. With much of her family living up in Toronto, Canada, freshman Gabby Weis is venturing to the frigid city to visit family, as well as soak up the freedom and relaxation associated with vacation. “I’m going to the CN Tower” (one of the tallest buildings in the world.) she said excitedly. This excursion is only one of

the many fun plans her family has in store for the trip. The entire week, she will be catching up with family and exploring the snowy city. “It’s cold,” she admitted, “but I still like it.” Who says breaks have to be boring?

Vacation preferences differ between each person. While one wishes to travel a new country during a week-long break, another wants to just relax at home with friends and family. Mrs. Adamczyk, a teacher here at Lambert, agrees with the latter. “We’re just going to hang around, relax, and enjoy family time,” she said. “I know, it’s boring!” The entirety of the week will be spent enjoying that time off with her husband and four sons, Alex, Brendan, Cameron, and Daniel. However, family is not the only important factor. “We have a neighbor that we alternate with for who makes dinner and whose house we go to,” said Mrs. Adamczyk. Thanksgiving is about celebrating the things—and people—we are thankful for. Elaborate vacations cannot override the beloved meaning behind this holiday.

Despite the aggravated misconceptions that follow Thanksgiving, there is still a way to take pleasure in helping others, or visiting family, or relaxing with neighbors and siblings. Thanksgiving, as mentioned earlier, is about recognizing the amazing things that we all have in our lives, and how fortunate we are to have them—a meaning that is lost amongst the angst. So, this Thanksgiving, everyone remember why we are celebrating, and put those feisty comments away—at least for a day.

SHUFFLING BACK TO THE SIXTIES

Trey Rosenkampff
Center Stage Editor

The 1960s were an era of every-changing culture in America; from the elegant to the psychedelic, the identities of entire generations were defined and explored during this period. Because of the decade’s diverse appeal to several demographics across numerous artistic mediums, it’s hardly a surprise that the 60s are making a strong comeback in today’s popular culture. From entertainment to fashion, aspects of the 60s have been reappearing lately in several incarnations.

A number of television shows set in the 1960s have risen to popularity over the past few seasons. Most predominantly is the AMC program *Mad Men* which is set at an advertising agency in the early 60s. The show fantasizes the role of an archetype ladies’ man; Don Draper is a smooth-talking, suave-dressing executive who seemingly always succeeds in his endeavors, whether it’s

conceiving a creative new ad campaign for a client or pursuing one of his several female admirers. The show convincingly portrays both the social and global occurrences of the decade: events like the 1960 election, the Cuban Missile Crisis and The Beatles’ US tour are referenced and discussed within the show’s plot, and characters react exactly as citizens of that era would have, giving these historical affairs a new perspective through the eyes of the average American. Banana Republic has even introduced a *Mad Men* clothing line, inspired by certain characters in the show. The pieces of the collection are a throwback to the style of the higher end fashion of the era, matching both the quality and elegance of the appropriately-aged clothing. But as *Mad Men* enters its fifth season this spring, several other shows are more recently jumping on the 60s bandwagon. NBC’s *The Playboy Club*, which

came to an untimely end after only three episodes, was an unfortunately lackluster 60s-era show. On the contrary, ABC’s *Pan Am*, which focuses on the largely feminine flight stewardess industry as it blossomed. *Pan Am* has already built a substantial fan base, but only time will tell if it will aid in successfully prolonging the new life breathed into the rejuvenated 60s craze.

Many people believe that culture is cyclical: after a certain amount of time, trends and attitudes of past eras reappear and become the norm once again. Is the beginning of an entire revival of the past century in our time? Will the 1970s be our next targeted decade to reinvent? Perhaps this return to the society of the decade of love will inspire our generation to create something entirely of our own.

FEATURES

WOMEN GET THE VOTE

Mackenzie Bennett
Photo Editor

Recently King Abdullah of Saudi Arabia announced that women will be allowed to vote in future municipal elections, and even run as candidates. The king appeared recently on public television and said, “We refuse to marginalize the role of women in Saudi society in every field of work, women have the right to submit their candidacy for municipal council membership and have the right to take part in submitting candidates in accordance with Shariah.” He believes that broader participation of women in society will lead to more national development. King Abdullah has made other strides for women, including opening the first university open to men and women in 2009.

This law will not take effect until 2015. This pronouncement was a bit of a shock to the world, and a great step for women’s rights. Several other countries limit women’s suffrage, like Bhutan and Lebanon, and in Vatican City, the only elections are papal conclaves, in which cardinals are the only ones allowed to vote, and only men can be cardinals. Therefore Saudi Arabia was the only country in the world that had a written law prohibiting women to vote, and Saudi Arabia will be the last country in the entire world to grant their women the right

to vote. According to Mrs. Roy “It’s about time!”

To Americans, the right to vote is seen as a trivial thing. It’s just something else you have to do once you turn eighteen. It is just assumed that this is a basic right, universal to everyone. In fact, many people do not vote, though legally they have the opportunity. They do not realize that this right is coveted and treasured by people of other nations.

In Saudi Arabia, women still do not have the right to drive a car. They cannot own a vehicle, or be granted a license. Women are not allowed to go out in public without covering themselves appropriately, and are still required to have male guardians. They must have signed permission from this guardian to travel at all. Women’s education is not encouraged, and very few women hold any sort of professional job. Women are also not supposed to be portrayed by the media, on television or on the radio. This small but significant right, to influence the political decisions of their country may seem like nothing in comparison to everything these women are denied, but this is a huge step, and perhaps will lead to improvements in the future.

QUALITY OVER QUANTITY

Grace Mohr
Staff Writer

As freshmen, we attend a new school filled with many more unfamiliar faces than familiar ones. If we are lucky, we learn to associate new names with new faces but we do not usually delve deeper than that. If we did, we might discover that some of these new faces have interesting talents hiding behind them.

Even those that went to middle school with Eddie Rabayev might not know that he is a singer. Eddie tried out for the popular television show America’s Got Talent. Even though he didn’t make it far in the competition, Eddie explains, “I just wanted to take a chance and try to get on TV and have fun.” Eddie’s voice is considered unique because of its high pitch (it is much higher than most male voices). He enjoys performing aspect of singing the most and looks forward to being in the spotlight some day.

Another freshman with a unique talent is Christina Bae, an internationally ranked piano player. Christina has won 3rd place in international competitions two years in a row. She has placed in national and state competitions as well. Christina started playing piano at the young age of four.

This September marks her eleventh year as a pianist. Her parents have encouraged her along her journey but Christina talks about how one of her cousins, also a pianist, has “inspired her” to be a pianist from a very early age.

The freshman class also has a cyclist in its midst. Phil O’ Donnell states, “I love racing and riding because it’s a great way to travel and meet friends. There is always something that keeps it fun.” His inspiration came from his uncle who also raced as a junior. Phil rode with the USA Cycling Junior National Team in Belgium. He also attended the US Olympic Training Center. Phil hopes to one day road cycle in the Olympics and participate in the Tour de France. Phil holds three National Championships. It seems apparent that Phil possesses the skills to back up his big dreams.

Fresh talent abounds at Lambert. The ninth grade class consists of talented students, from a pianist, a cyclist and a singer. So the next time you see an unfamiliar face in the hallways, you might want to find out a little more about them and what hidden talents they might possess.

Brooke Metz
Staff Writer

If you are an exceptional student in academics, career-oriented activities like business, or specific subjects, you can find a place where you will thrive in your niche and be surrounded by others who share your talents. These places are referred to as honor societies.

Lambert provides several of these honor societies to students who meet the specific requirements set for each particular one. The National Honor Society, for example, is for

students who excel in all academics, and requires that prospective members maintain a 3.8 GPA. If students’ GPAs fall below this minimum requirement, they will not be invited to join. Once invited, they must complete an application including their grades, classes, and other activities. Students will be selected based on their performance in school and extracurricular activities indicated on their applications. “I really enjoy NHS,” says National Honor Society President Tara Keil. “It allows me to increase my academic abilities

through a fun and engaging club.”

There are other honor societies available as well. If you are especially talented in math, you can join Mu Alpha Theta, the honor society reserved for aspiring mathematicians or simply students who enjoy math. If business and career tech are better suited for you, you can become a part of the National Technical Honor Society. For foreign language speakers, Lambert also offers the National French Honor Society and the National Spanish Honor Society.

No matter what your skills are, you will be able to find an honor society just right for you. Through these organizations, you will not only increase your ability in your subject area, but you will also take part in volunteer opportunities and develop leadership skills. Honor societies are perfect for the ambitious student who wants to achieve even more.

GOING FOR THE CORD

Molly Hackling
Staff Writer

Are you on Tumblr? This popular blogging platform mixes a traditional blog with the simplicity of Twitter. Using over a hundred common background themes to choose from in the theme selection, Tumblrs use a simple layout to post text, photos, and links on. Launched in 2007, it’s now the tenth largest social network with 6.8 million weekly visitors. What makes Tumblr unique is its collection of different blog categories that have attracted many followers at Lambert. For example, one of tumblrs most popular tags is the tags that involve depression.

One thing that makes Tumblr different from Twitter and Facebook, is that it allows any type of pictures, including nudity. Unlike Facebook, Tumblr isn’t exactly on the radar of most parents. Freshman Lexi Wright says “My mom doesn’t know I have a Tumblr, but if she knew exactly what it was, she probably would care.”

STUMBLE UPON TUMBLR

The backbone of Tumblr is the tag—an organization of various blogs that tumblrs post to. Some of the tags are fairly ordinary like Art, Poetry, Politics, and Football. Many tags consists of acronyms, like NFL, NYFW (New York Fashion Week), and DIY. DIY stands for do it yourself. Do-it-yourselfers or DIYers create and repair things for themselves without the aid of paid professionals. In fact, many DIYers are off-duty or retired professionals.

Tumblr also has a collection of some not-so-positive tags. It has more then it’s fair share of tags on depression, drug use, and cutters—those who cut their body tissue, most often done without suicidal intentions and post pictures of this behavior on Tumblr. Because of this content, many Lambert students find Tumblr depressing. Also, most of the “cutter’s followers consist of sharing the same problem. It’s all one big cycle that grows and grows each day and Tumblr seems to be just going along

for the ride. On Tumblr, it’s to be said that, “What happens on Tumblr stays on Tumblr.” Therefore it’s not as easy to report such pictures on Tumblr compared to Facebook. You have to be legally blind not to be able to find the “report” button at the bottom of all Facebook pictures. On Tumblr, it’s a tad bit trickier. You must email their support group to get anything reported. Now not all students believe Tumblr is only home to the “cutters.” Freshman, Olivia Gagnier, states, “I don’t find Tumblr depressing, because I follow the right people.”

If you’ve never tried Tumblr, it’s definitely a site worth trying out. It’s one of those “however you make of it” social networks. You either fall in love with Tumblr for the right reason or wrong reason. You decide how you want to view Tumblr as from the minute you choose your first follower; it’s up to you.

SONLIGHT FOR KENYA

Sabrina Hand
Staff Writer

It’s time to shine some light on the new club Sonlight for Kenya. This is a Christian club started by siblings, Olivia and Ben Bassel with the purpose of creating a Christian fellowship that hopes to raise \$10,000 this year to support a bore hole that will provide water for the people of Ngaamba, Kenya. The idea for this club was started after Olivia and Ben took a mission trip to Ngaamba and were deeply touched by the people they met and the experiences they had there. Coming home, Olivia wanted to do something here to help the people she met in Ngaamba and Ben was willing to help. Olivia explains the unusual name for the club by saying “We didn’t misspell ‘sonlight.’ The son part represents Jesus, the son of God, and we are here to shine his light for the whole world to see.” The club is now established at Lambert and has amazing plans for this school year.

They plan to raise the money through numerous unique fundraisers. The main fundraiser will be the selling of red fake ray-bans that say Sonlight on the front. They are also planning to sell hot chocolate for a week during the winter. The plans for fundraising don’t only involve selling items but hosting events as well. These events include an auction, acoustic night, and a dance-a-thon. Fundraising isn’t the only part

of the club that is unique. This club will hold outings for members to bond outside of school. Some of these outings are geared towards fun such as bonfires, park outings, and a summer retreat. Other outings will be more geared towards worship like outings to Passion City and service projects. Sonlight for Kenya meets every Friday except the first Friday of the month. There are two different types of meetings: informational and devotional. Informational will inform you about the various fundraisers, activities, and events. The devotional meetings will have quick announcements and then devotions led by Claudia Cornelison and Sarah Noodleman. All students that have attended these meetings have great things to say about the club such as Jordan Jarrett who said, “The Sonlight for Kenya meeting was very inspirational and I’m excited to work with this club throughout the year!”



THE SECRETS TO STYLE

Victoria Martinez
Back Page Editor

Style is how you want to be perceived and what you feel most confident in. People always have this perception that you have to have designer labels in order to have the cutest and most stylish outfits. When in reality all you need is a smile, a confident walk and friendliness. Style is about how you can make something so simple such as a white t-shirt and turn it into your own. No one should ever feel obligated to buy the most expensive pieces for an outfit. Everyone at Lambert has their own personal style. We all know girls style is far more different than guys, which is why we got both perspectives on style. Sometimes we see people in pajamas, sometimes it’s someone in a Guy Harvey shirt, while other times it’s someone in Polo. Everyone has a different opinion on labels but Kenzie Winn, Connor Evans, Amanda Ke, Liz Moore, Evan Alley, and Farhaz Kheraj all say that labels don’t matter for different reasons.

Kenzie Winn, senior, says, “My own personal style is kind of “edgy” I try not to be too trendy, but living in Forsyth County it’s nearly impossible. I think everyone thinks you need labels just because we are such a materialistic society. Whether we face it or not humans are subconsciously judging others down to their clothing labels.” Connor Evans, senior, says, “In high school everyone wants to fit in, and a big way of doing that is by wearing what everyone else is wearing. I do not think labels matter as long as you like what you are wearing it should not matter whether you got it from Polo or Target.”

Then we asked the junior girls what they thought and here is what

they had to say. Amanda Ke says, “We shouldn’t care about labels because labels are just labels, it doesn’t matter where you get your clothes from or how much it costs. If it looks good, then rock it even if it’s a plastic bag. Well maybe not plastic bags considering the fact that they’re see-through.” Liz Moore backs her up by saying, “If your outfit is cute and you like it, then I say rock it. It doesn’t matter where it came from because nobody is really going to know in the end anyway. I think some people are into labels at our school because of the pressure society puts on us to be the best, look the best, and dress the best. Key word: best, and honestly in ten years none of those people who judged your clothes are going to matter so I say everyone throw their label confidence away and be yourself because that’s what matters at the end of the day.”

Then there was Evan Alley and Farhaz Kheraj who contradicted each other on the topic. Evan Alley, junior, says, “I don’t wear a lot of Abercrombie, Polo, or Hollister because it’s really expensive and I don’t feel like paying that much more for clothes. I think people wear labels because they don’t know who they are as a person so they wear labels to make them feel a sense of belonging. But hey, that’s just me.” While Kheraj, junior, says, “I think labels matter because it adds flavor to your outfit with the logo.”

At the end of the day it doesn’t matter what others think of your style, but more importantly what you think. In the end, you should want to feel comfortable in your skin for what you like. Being you is the best way to be confident. Who says you need to have labels on to have style?

GEEK CHIC

Casey Kim
Opinions Editor

Revenge of the Nerds may be coming to a screen near you, much sooner than you think. Or rather, it’s already here, glorifying the role of the nerd, geek, outcast, and those ostracized from society without you even realizing it. Really. And it’s not even the typical Star Wars/Star Trek/Doctor Who/Video game/Comic Adaptation TV shows or movies that are leading the charge (although they do make up a large percent.) Rather, it’s shows like *Glee*, *Big Bang Theory*, *New Girl*, *The Office*, *Castle*, practically every other comedy series, and movies like *Superbad* and *Napoleon Dynamite* that show, while nothing will change the fact that you are dorkier than your square glasses and comic collection, it doesn’t mean that you are totally socially impaired (and if you are, it’s still funny.) But in all seriousness, the growing number of outcasts and weirdoes on the silver and small screen reflects the growing appreciation of the ever-lovable dork. Hollywood is saying it itself: It’s hip to be square. While twenty years ago, in the era of Braveheart and Mel Gibson, macho males were the alpha dogs of the lot, and it became very common to see Bruce Willis in a car chase in *Die Hard*, Arnold Schwarzenegger walking away from flames, or something to that extent. While a new action movie does come out every

month or so, the Mel Gibson stereotype of the past has been replaced with the non-descript, not cool, unmuscular average Joe, in the vein of Steve Carell and Seth Rogen. Surprisingly, the trend has responded well with both Hollywood and viewers. I don’t even want to count the number of Emmys *Glee*, *Big Bang Theory*, and *The Office* (three successful shows about outcasts, nerds, and the socially inept) have earned altogether, let alone the number of Superhero films that Marvel has commissioned. Put that in addition to all the other typical “I don’t fit in with anybody around me” (*Suburgatory*, *Perks of Being a Wallflower*), “Antics of the Socially Inept” (*Borat*), and the ever classic Sci-Fi (*Terra Nova*) shows/ movies, and suddenly it becomes more of an issue to find something that hasn’t been touched by some nerdiness. Perhaps the reason for their increasing (and ironic) popularity is the fact that once you get down to it, they’re just like us. As one senior said, “I watch *The Office*, and I would have to say that I’m most like Pam: I’m quiet, and get stuff done, and being able to relate to it, makes it funnier.” What’s often funniest or most personal to us is what happens in real life, or what we wish could happen in real life, and as it turns out, there’s a little bit of geek inside all of us. So take a clue from Hollywood, break out those square glasses, and let that freak flag fly high.

“MOVE YOUR BODY”

Gabrielle Soek
Staff Writer

Lambert’s Competitive Dance Team is dancing out of the perimeters of the school. With the events and competitions the team is participating in, they are hoping to reach out to younger kids to expand the team for future generation. Recently, the team visited Brookwood Elementary to promote the team and physical activity to fight childhood obesity for Michelle Obama’s “Move Your Body” campaign. The girls learned Beyonce’s rendition of the dance “Move Your Body” and performed it for the parents and the students at the school’s Parent Night. After the performance, they broke down the steps and taught it to the kids of Brookwood Elementary. Cathy Lee, the co-captain of the dance team, stated that the event was very uplifting. “The kids actually participated with us. I was scared it wouldn’t be successful, but when we walked out of the school that night, our team was very happy about the whole thing.” Chelsea Ly, another member of the team, shared that it was fun interacting with the kids and seeing them enjoy their time, while getting exercise. Not only are the girls excited about the events, but competi-

tions are stirring them up as well. They plan to participate in Heritage, Kennesaw State, and UGA competitions this winter. Because the team is small this year, the girls feel the pressure to try even harder to win. “It’s hard, but it’s a new start and with a good foundation for the team this year, I think we will be able to grow.” Some of the factors the girls are involved in are the varsity basketball season and the winter pep rally. Both the Lambert Competitive Dance Team and the basketball cheerleaders will be performing during halftime at varsity basketball games. The team is also attempting to put together a spring show, close to the end of the year which will be a recital of all the routines they have worked on. An addition to the team is the new hip hop division. This branch of the team will compete strictly in hip hop competitions and dance on the sidelines of basketball games. Over all, the competitive dance team is leaping into a new beginning with good publicity.

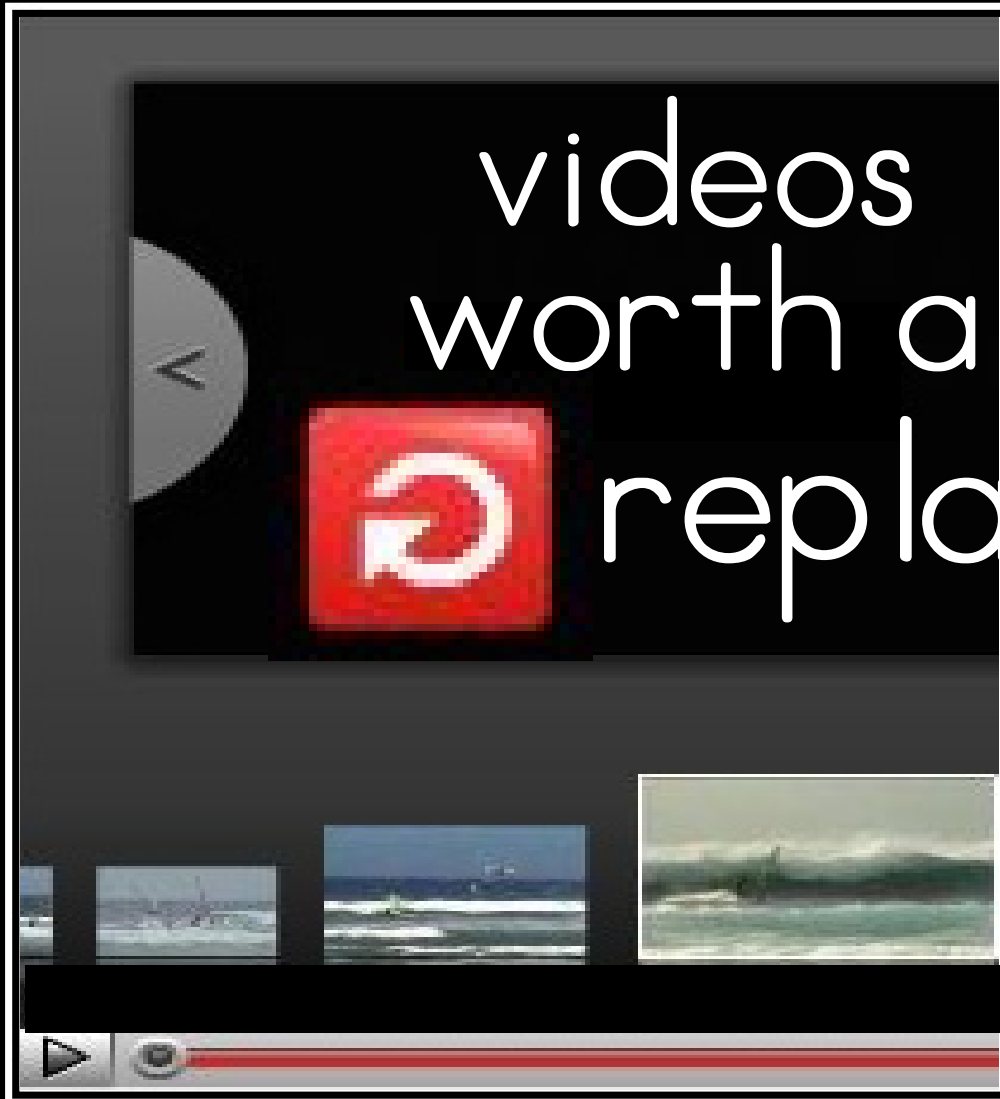
CONE-ING

Morgan Maple
Staff Writer

Coning is becoming a new trend throughout America. The practical joke consists of people ordering an ice cream cone while going through the drive thru, and either taking just the ice cream or turning it upside down and eating the cone first. YouTube has hundreds of videos with teenagers doing this at different fast food chains. It has even hit celebrities, with a video of Justin Bieber going to McDonalds and Burger King.

People get a lot of laughs from watching the videos. But, many of them don't know that after math and work put into the experience. Abby Downs said, "No one understands what happens right after you get the ice cream. It melts everywhere and you have you have to try and clean it up while driving." In recent videos, the person giving the cone clues into what is about to happen, and intervenes. Students working the drive thru at fast food joints have no idea what is going on until it actually happens. Senior Brenden Everett states, "I had no idea what to do, I thought it was my fault. I asked if they wanted another one, but they said no and drove off. I thought it was funny and weird." When asked if he had seen the video, he said "yes. It made me famous."

Although many of these pranks occurred over the summer, they are still happening. Students have said that the workers watch for it now, and think about who is ordering a cone. If they see a camera or iPhone recording the interaction, they get suspicious. Many people also get angry and call their managers. Although they get mad, the pranks are just for fun. This practical joke gives people a good laugh all over the United States.



The invention of the internet was the most significant leap allowed us to look up endless amounts of knowledge almost instantly through various mediums. Nowadays however, the internet has become a place for sharing funny videos of people doing stupid things. These seemingly less relevancy and have transmogrified into sensational and dramatic of enthusiastic and curious internet trolls. With the simple utility of people around the world laugh together at the sight of mobs of people bowlegged atop an office cabinet in a particularly avian manner through a window, and the seemingly accidental overuse of force to grip a person as planking, owling, coning, and cupping, these eccentric trends have become a part of the internet culture.

Already, people have taken these ideas and expanded upon them to see an ultimate culmination of someone planking and owling on the same person (or even cones and cups at the window). How will these trends end upon, or have they inspired the conception of even more outrageous things? It's impossible to predict what shameless lengths people will go to to participate in the new trend is, that it's even more funny to watch than the trend itself.

PLANKING

Sierra Martin
Staff Writer

In case you didn't know one of the summer biggest trends consisted of laying horizontally on surfaces stiff as a board, otherwise known as planking, the epidemic that has spread worldwide. Whether you can't stand it or it's your guilty pleasure, this popular trend has hit every person.

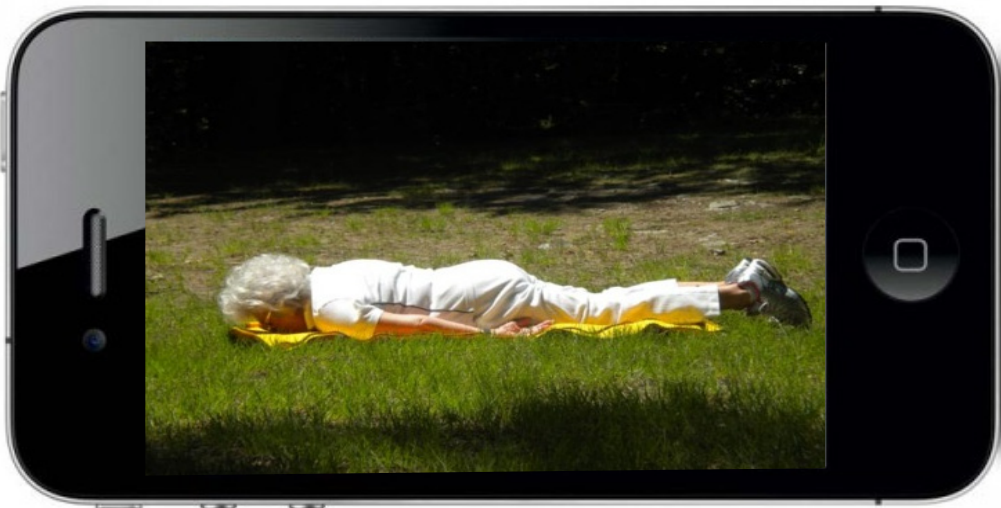
The official definition of planking is an activity consisting of lying face down in an unusual or incongruous location. People can be seen on ladders, roofs, tables, and any other flat surface able to lay stiffly across. This trend first became popular in 2006 in North East England with the name of "the laying down game". It's known around the world by different names such as: playing dead, à plat ventre (on one's belly in French), extreme lying down, and face downs. Planking really took flight this summer and made news after several incidents. Several doctors got suspended after planking while on duty and a man in Australia plunged to his death after planking a seven story building rail. An anonymous Lambert high school student says "It's amazing that people will do such stupid risky things just to say they planked it". So why do people do it? It's a way to get creative and some people get super competitive to see who can plank in/on the most ingenious places. People post pictures on Facebook or have whole albums of planking that are

quite enjoyable to flip through. Even the most un-athletic people can now compete in a "sport". Like all fads, this one is beginning to fade. Students at Lambert have begun to complain that it's getting old and starting to lose its luster. One student Indira Anderson states "it grinds my gears". Planking started as an underground trend but once the adults begin to catch on it soon loses its appeal. Abby Downs says "Planking, that was like in the summer. It's kind of dumb now". Teens have already begun to move on creating other games to create public disturbances and take videos/ pictures of. These new trends such as owling, coning, unicorning, etc. may not reach the success that planking has had by they sure are taking flight. Lastly, if you're going to take part, do it right. There have been several pictures of people planking the ground. Now really, does that look cool to you? If you're going to do something and do it right. "Planking is only cool when you're planking something like wicked awesome" sophomore Wayne Lee says. Also, to be accepted by the planking world, you must have the correct form. A proper plank is straight as a board, feet pointed, head down, and hands fisted at sides. You don't have it down if you are bent in half.



up in the sharing of information since the Pony Express. It has al-
y, social network with friends, and share multiple forms of digital
is used for something far more applicable and socially inf luentia
ly pointless activities grow exponentially through their thought-
amatic events witnessed by the masses : an audience comprised
zation of an iPhone camera and a quick mobile upload to YouTube.
people lying face-down in a rigamortis fashion, a man squatting
. teenagers reversely retrieving ice cream cones at a drive-thru
to-go cup from an unsuspecting fast food employee. Widely known
s are the delight of internet patrons around the globe.

them, creating several variations of each activity (I have yet to
e hood of a car going through a drive-thru while the driver simul-
volve in the future? Have they simply set a precedent to be built
ous pranks to be adopted as temporary cultural tradition? It's
attain a brief moment of internet fame, but let's hope, whatever
ends that precede it.



OWLING

Rachael Alesia
Staff Writer

The latest form of public humiliation has arrived: Owling. For those people that “plank” this basically has the same purpose however, instead of lying flat on top of something dangerous, you crouch on top of it resembling an owl. How joy comes from doing such thing is questionable but freshman student Taylor Roberson claims it to be “fun like planking.” Many celebrities have been caught carrying on the trend as well such as Hilary Duff, Joe Jonas, and ‘90210’ star Matt Lanter. For all of you that don’t know how to owl it is a simple concept by just squatting with your arms at your sides while looking off into the distance. People then take pictures of themselves and post them to social networking sites such as Twitter and Facebook. Believe it or not owling does resolve in competition as to who can owl in the most unique place. People have been spotted on moving cars, on cliffs in different countries, and on railings. So trendsetters get to thinking because soon this will die down and people will start getting crazy and maybe actually take a normal picture at a normal place.



CUPPING

Jay Brown
Staff Writer

There are many new trends taking over Lambert this year and one of the most common ones has been cupping. Cupping is when you order a drink in the drive thru and you squeeze it too hard and the drink explodes. Then you act like you didn’t do it on purpose and ask for another drink and you do it again and drive away. “It gives students a thrill to something out of the ordinary and getting away with it,” Senior Dillon Wright said. Cupping came from the other trend coneing and it has taken off ever sense. Many students have enjoyed doing it or watching when someone else does it, but others haven’t got pleasure from it. “What is the point of [cupping], I just don’t get it?” Freshman Jeri Sasser said.



THE JUSTIN BIEBER DILEMNA:
TALENT VS. GOOD LOOKS

Bailey Toth
Staff Writer



Ask any person between the ages of six and sixty if they know who Justin Bieber is, and the response will be “yes” followed by various amounts of information on him, depending on how old the person you questioned was. The next question you should ask is, “Why do you like him? Because of his musical talent or because he is somewhat good looking?” And the responses will vary, most likely leaning towards the attractive side.

But which is truly more important? Many people will say that talent is what matters most. But then if Justin Bieber or Cody Simpson were ugly, people would make fun of them and they wouldn’t have the millions of fans they have acquired over the past couple of years since they reached stardom. They’d just be silly teenage boys, singing about love. Another example of this is the “Milli Vanilli” incident from the 90’s. The pop music duo had their Grammy revoked after it was leaked that the two performers weren’t the actual singers. Once the two singers came out and used their real voices, it was a complete failure. They didn’t fit the “look” people were looking for and due to their original reputation, they had no luck. Is the music industry based on looks or talent alone?

It seems that if you’re a rock star, it doesn’t matter what you look like, but when it comes to the pop genre, it’s all about the image. Yes, it’s nice when the person singing is good looking too, but that shouldn’t be the deciding factor of whether they’re successful. Don’t get me wrong, a little eye candy is always nice, but it’s my ears that decide whether or not I purchase more of their music. “I want to listen to something that sounds good, not just looks good.” Said junior Meredith Rhodes. Looking at a person can get old, especially after obsessing over how hot they are for months on end. Music has variety—that’s why people like it. You can only do so much to change how you look, but there are millions of ways you can change music. Lyrics, melodies, choruses, instruments, effects, and the actual voice or voices play a role in how something sounds, and with or without these key components, music fits into certain genres, which attract different types of people. Whether or not you listen to pop or jam out to techno, it shouldn’t matter how attractive the artist or band is, because when it comes down to it, you listen to what you like to hear, and looks shouldn’t make a difference.

(X) FACTOR IN THIS

Grace Mohr
Staff Writer

Here we go again. Another reality singing show trying to grab the emotions and heart of America. American Idol has been on top for years ,but some viewers now say the show is just not cutting it any more. New shows, like the X-Factor, are grabbing the attention of viewers due to different rules, famous judges, and a huge payout.

The X-factor stars Simon Cowell and Paula Abdul, two ex- American Idol judges, Nicole Scherzinger, the lead singer of The Pussycat Dolls, and music mogul L.A. Reid. Reid has launched some of America’s biggest entertainers including Jennifer Lopez, Rihanna, Jay-Z, and Justin Bieber. Overall, the panel brings a lot of experience and passion to the table. Lambert freshman Kat Sellers says she likes the X- Factor better than American Idol because “it’s new and has the best judges.”

The process of the X-Factor differs slightly from American Idol. In American Idol you can only perform as a single act. But in the X-Factor, as long as a singer is over 12, any solo or group act can audition. There are four steps in the contestants’ journey. To begin with, the singers audition in front of a live audience which responds noticeably to those they feel have the “X-Factor”. The “X- Factor” means they have individuality, uniqueness, and star potential. This is a far cry from the comfortable small room auditions in American Idol. Then the X-Factor boot camp begins where the singers are separated into groups. They are pushed not only to sing but also to dance and to perform. The third step is the division of the remaining singers into four categories: males, females, singers over 30 years old and groups. Each category is mentored by one of the X-Factor judges before each judge chooses who goes on to the live show. In addition, the prize is much greater on the X-Factor. The winner receives a \$5 million recording contract compared to the \$1 million contract on American Idol.

The shows are definitely going head to head. Their advertisers are even famous rivals. American Idol is notorious for its huge Coke cups on the judges’ panel, while the X-Factor’s judges sip on oversized Pepsi. . Aside from soft drinks, the shows’ car sponsors are rivals as well. On American Idol, Ford dominates while Chevrolet has taken over the X-Factor.

Even though the two shows are similar, the new twists in the X-Factor will likely lead it down the successful path of the other singing competitions before it.

CHIVALVRY IS DEAD... AND WOMEN KILLED IT

Trevor Grant
Sports Editor

“Chivalry is dead!” That’s what you’ll hear most women say at some point or another. Fortunately, this isn’t about whether or not chivalry is dead, but rather, what do women really want? Do they want to be equal to men? Or do they want to go back to the days of old when chivalry was alive and well? Unfortunately they can’t have both. Women want to be treated as equal to men

Just the title of this section alone is sure to get some women riled up. Thoughts of “Yes, that exactly what I want.” or “We can do anything men can do, and do it better.” are probably running through some heads. Ok, so women should be treated as equal to men. Women should be allowed to hold the same positions at work, get the same wages for those positions and not have to wonder why they got the position. They should be treated as equal in every single way.

Equal responsibilities

Shouldn’t this right to equal pay, job opportunities and everything else also carry with it equal responsibilities? What do I mean by responsibilities? Well, take this scenario. Ladies, you go on a date with a guy you just met, you guys had fun, great conversations, food was good, an overall solid date. The night is almost over and the waiter (or waitress) brings your bill. At this point in the man’s mind, he’s thinking it’s his obligation to get the bill, he isn’t even wondering if the possibility exists that the woman is going to cover it. Whether the girl admits it or not, even if she has all intention of paying the bill, she will wait to see if the man at least makes an effort to cover it. It’s perfectly fine for the female to sit back, and not even look towards her purse, but certainly if the male were to sit back and stare at the girl with a starry gaze, he’d lose points (if not the entire game). See, right there, the playing field is uneven. Women want equality, but yet, when it comes to certain things that equality is to be put aside? Hardly seems fair.

I often hear women say, ‘it’s the man’s responsibility to take me out and pay for everything’. It’s these statements that raise a lot of questions like: doesn’t this directly contradict the equality that women have been struggling for? Or, how can you ask for equality, but yet demand that the man takes on more than you? In an equal society, shouldn’t it be perfectly fine for the guy to sit back, relax, and know that it’s just as likely that the woman will cover the bill and if he doesn’t even attempt to that it won’t be a big deal? I know, this idea seems insane to women, but that’s equality.

Either equality OR chivalry

In my mind (feel free to correct me if I’m wrong), the idea of chivalry is where the man takes the lead. The man takes care of the woman. He opens doors, pays bills, buys her roses, ensures that she’s taken care of in every way. It’s his job to win her. This is the way of the days of old, when chivalry was alive and well. But the part of the story women seem to forget is that during time, they were to stay at home, take care of the

kids, ensure dinner was cooked, spend what her chivalrous husband gave her to spend and ensure that his needs were satisfied. There was no talk of equality. If she got a job it was simply to occupy some of her spare time.

So, it seems to me that during the time when chivalry was alive, a women could expect her husband to pay for everything, take care of the house and in return she was to stay at home, be a good house wife and obey her husband (even the bible says so, Colossians 3:18). But now, in today’s world, women are much closer to being equal (let’s be honest, there’s still some discrimination in the workplace). In many cases, their salaries exceed those of their partners, but yet they still want chivalry? Hardly seems fair to me.

I’ll take it a step further. In my opinion, women who want equality should be strongly against any man “taking care” of them. They should be insistent on covering the bills half the time, and overall making the same effort the man is making. That is if what they really want is equal rights. I’ve discussed this with numerous girls, and the response I got more often than not is, “It’s the man’s job to take care of the woman”. Talk about uneven equality.

Before anyone thinks that I’m against chivalry, women in general, equal rights, or that I’m a “huge sexist,” according to Cate Hackling. I’m not. I’m for equality in every sense of the word. I’m for women being independent, earning equal salaries, expecting the same jobs, service and rights as men. I’m also for equality when it comes to spending that money on bills, meals, dates and everything else. Women shouldn’t expect to earn just as much as men, and then at the same time, have men take care of them? Instead of balancing the scales, wouldn’t that be tipping the scales in the other direction? The last thing the world needs at this point is a group of men fighting against discrimination by women.

Recently, I was chewed out by feminist women on different occasions for a simple act of gentlemanly courtesy like: holding doors, offering to stand so a woman can sit, offering to carry something heavy, paying for dinner, etc. I’d argue that’s chivalrous, wouldn’t you? Now, many women would say that’s admirable and desirable in a man, but society seems to disagree. Society seems to have this notion that doing such things means advancing some stereotype that women are helpless human beings and need men to do stuff for them and thus they reject chivalry when it’s offered. But then women turn around and whine that men aren’t chivalrous anymore.

In conclusion, there is not a definite answer on what women really want. As many men, including myself, have found out with experience, every woman wants different things for different reasons; reasons that we as men will never even slightly comprehend.

THAT’S WHAT SHE SAID

Tim Roth and Molly Hackling
Staff Writers

M: Hey Tim, we really need to talk...
T: I know, I have a huge test next period and I really need help with studying.
M: Tim, I’m being serious. This is really important.
T: I guess I can make time... Are you crying? What happened?
M: Nothing happened, it’s just allergy season.
T: I’ve made my fair share of girls cry before; you’re definitely crying. Did something happen with you and Ken?
M: Yeah, but I don’t want your big mouth telling the whole school...
T: You came to me for advice, are you going to spit it out or keep nagging?
M: Well I caught him cheating on me with the “Barbie” yesterday at MY house. To make it worse, he broke up with me after I walked in on them.
T: Why would he break up with you over something he did?
M: He felt like I was “Invading his privacy.”
T: Wow, you really know how to pick them.
M: I don’t think you’re getting it. I just got cheated on by my boyfriend with the most popular girl in school, and you can’t even take me seriously.
T: Well who can blame him? She’s more of a Malibu Barbie and you’re more of a... Cabbage Patch Kid.
M: Are you serious, Tim? If you even care, what do you think I should do about this?
T: Well if you really want to get back at him, you

could always try to make him jealous.
M: And how would I do that?
T: In order to make it work; the guy you use would have to be really attractive.
M: Well there are really not that many hot guys at our school..
T: Oh please, you’d be lucky to land a guy like me, even in a fake relationship.
M: Because all the girls were just dying to take you to Homecoming, right?
T: Hey, that’s not fair.. I was really sick that weekend.
M: I’d be sick of being single too.
T: Do you want my help figuring out your relationship or not? Because I’d rather be studying right now..
M: I don’t know, The whole fake relationship seems kind of mean.
T: Molly he cheated on you, don’t be a push over, get even with him.
M: I think I’ll just talk it over with him. He’s probably going through a lot right now.
T: How old are you, five? You need to toughen up and break his heart like he did to you.
M: No I think I need to just forgive and forget. I can move on cause I’m the bigger person.
T: I have to take the test now. Tell me when you realize the fake relationship is a good idea.
M: Don’t count on it.. But good luck on your test.

TEENAGE LOVE

Rachel Thomas
Online Editor



Teenage love is a deep, complex, and controversial topic. Many have experienced it, many have lost it, and many have dealt with the difficulties of legitimizing it to the rest of the world. Perceptions surrounding teenage love are infinitely subjective, but there are some common threads between nearly all stories.

Friends from childhood or adolescence are special, no matter how much time has elapsed between visits. These compelling connections are the result of shared roots during the formative years. Our childhood friends and teenage relationships were present during all the wonderful, horrible, boring, and embarrassing moments that helped make us who we are today. That is why it can be so frustrating when someone attempts to devalue a relationship, most commonly a parent. The most belittled topic by many parents is a teenager’s love for a boyfriend or girlfriend. Adults refer to these relationships with demeaning language, calling them “just puppy love,” and these romantic bonds are not taken seriously. Parents question the ability of teenagers to know what love is, yet they accept their teenagers’ statements, “I love you, Mom and Dad,” with full appreciation and at face value. If adults accept that teenagers can love parents truly, then shouldn’t they also accept that teen romances are “real” love?

Adults who underestimate the strength of the bond - or the impact of the loss - of a first love may have forgotten what a blow it was when they lost their own first loves. They may even try to comfort teenagers with lighthearted lessons such as “there’s plenty other fish in the sea,” or other similarly unhelpful maxims. The loss of a first love can be crushing and devastating to a teenager, as teenagers are very susceptible to throwing all their trust and belief into a relationship. To see that relationship fail is to realize for the first time that the things we love and cherish are fragile, finite, and sometimes, never worthy of our trust in the first place.

Adult’s perceptions are not the only ones that are skewed when viewing teenage love. Some of the most misguided views come from the teenagers themselves. When existing in the often biased and jaded world of high school, a first boyfriend or girlfriend can immediately be labeled as a first love. People get a new relationship and within days direct all their attention away from friends, hobbies, and family, and instead place it entirely on their boyfriend or girlfriend. In the glow of a new relationship, girls especially tend to plan in their heads a possible future with their boyfriend, and build up unrealistic expectations for him to live up to. This is a pitfall that almost everyone is susceptible to, but it’s important to keep it in perspective. Teenagers are learning to grow and be the person they strive to be, and that must be dependent solely on oneself and not in conjunction with anyone else. Reality lies in the fact that high school is a place where we learn about relationships, and that means more than likely they will come and go. So many teenagers are ready to fling themselves into despair at the loss of a boyfriend or girlfriend, when in reality they have only learned invaluable lessons about communication, relationships, heartbreak, and people.

Love is real – no matter what age it finds a person. At the same time, growing up is real, as are losses, break ups, deceptions, and challenges. All exist in myriad roots that will eventually grow into something self assured and strong. Falling in love can be intensely wonderful and overwhelmingly painful, but these experiences only serve to strengthen character and increase one’s depth of understanding

IT’S NOT GROOVY TO BE OUT OF TOUCH

Casey Kim
Opinions Editor



It’s hard imagining a time when it was the fashion to have hair bigger than your head, clothing with more rips than actual cloth, or bling larger than your hands. Times when the average high school student would go to the local diner to hang out , and the song blasting out of the radio in your DeLorean was by Duran Duran, Madonna, or Michael Jackson. Or when some of the biggest movie icons of the day were robots, aliens, jedis, and “the Brat Pack”. These are remnants of a decade past, the 1980’s, replaced by the jeans, t-shirts, 3D movies, Justin Bieber, and Lady Gaga of the 21st century. When comparing the two time periods, it’s not difficult to see why older generations have a hard time understanding current day popular trends and vice versa, a phenomenon widely now known as the “generation gap”.

While each generational change comes with a change in the music, sports, entertainment, fashion, and lifestyle of an era or decade, inevitably, they are slowly erasing the contributions of the past; newer generations are gradually losing touch with icons of popular and social culture of their parents and before. For example, kids today associate Hannah Montana with Disney rather than the Little Mermaid, which only came out in the 90’s, for goodness sakes. Is this necessarily a bad thing? No, but it is a bit depressing, in more ways than one. Popular culture, for all its frivolity and strangeness, is still history and one of the easiest and truest ways to understand the political, social, economic context of those times. Do we really want to lose touch with everything that has shaped pretty much everything we function with today?

Plus, some of the TV shows, movies, fashion fads, and music are just fun to watch, copy or listen too. Fashion trends are recycled all the time, and just because you’d never be caught dead in the Prom dress from Pretty in Pink, doesn’t mean that it’s not a movie you can’t relate to or one that’s not a guilty pleasure to watch. Some trends, whenever they are first created, really are just timeless, and as such can be enjoyed by anyone, regardless of age. Some “decades’ trends” are so ingrained in our popular culture today that if you haven’t heard of them or have no idea what they are, you might as well be a hermit living under rock, another social idea that refuses to die down. As Mr. VanTreek, teacher, says, “It should be law that kids have to see the original Star Wars. I understand that there is a gap, but it just breaks my heart when a student tells me they haven’t seen it.”

But why exactly does the generation gap continue to grow? Is it just that the new changes, the present day music/movies/culture has a bigger pull on us or just that such trends aren’t relevant anymore? As Senior Kaitlin Jones says, “I know of [those old references] but I haven’t actually watched or listened to them. Times change, and fads change.” As another senior says, “I get about 30% of the references my teachers make, most of it has to do with music. I think times and ideas change, but it’s kind of like a cycle. What’s cool one time period can come back.” And maybe because we keep revisiting so many of the cycles and trends that evolve in our past that makes the need to actually go back to the older material obsolete.

As Mr. VanTreek says, “I don’t think that the generation gap is necessarily expanding. Both generations have similarities and have embraced technology. While I understand that generations change certain trends, and I’ll never understand UGGs over fluorescent parachute pants or Britney Spears, I’m pretty hip, in touch with the current generation. The references I make, like “No Soup for You” aren’t as readily understood by students as the years go by, but they’re definitely relevant. I’ll play older music or rave about a movie during class and kids will usually show appreciation, and at least interest.”

But at the same time, there’s still a strange quality of nostalgia and bonding that comes from just sitting down with your family or friends and watching or listening to something that brings back memories of your childhood or theirs. While it’s great to ride the wave of current popular trends, it doesn’t hurt to look backwards and bring back something from the 60s, 70s, 80s, 90s, etc. So here’s looking at you, kid, here’s looking at you.

THE
LAMBERT
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IS LAMBERT “COUNTRY STRONG”?

Taylor Keil
Staff Writer

As school has sprung into full swing, so have students’ trends and schedules. All around school, outside of school, and during extracurricular activities, country music is becoming prevalent. But does that mean country music is necessarily appealing to both genders? When asked if country music was something one would listen to on a day-to-day basis, the vast majority of the Lambert girls said “It is a preferable genre of music” However, in contrast, a large percentage of guys here stated either “I don’t like it at all” or “If it is the only choice available, I would listen to it”

When senior Kaitlin Jones was asked what her opinion of country music was, she stated that “Country music is one of my favorite genres of music.” She also related that the Zac Brown Band is her favorite country music band. How often does she like to listen to it? “All the time, and every day” she responds. Similarly, Sharon Kim loves country music because “it’s simply joyful.” Her favorite songs are If I Die Young by The Band Perry and Mean by Taylor Swift. 90 percent of people interviewed believe that Country Music paints a southern picture, although it is also becoming increasingly popular in the North. Numerous girls at our school said they listen to a country song at least once everyday.

On the guys side country music was a lot less desired. A tenth grade student was asked what his opinion was and he replied, “I highly dislike it; rock is more preferable.” The electric guitar sound is more of his preferred instrument. The top three genres of music cherished by the guys of Lambert were Rock, Alternative, and Rap. Eddie Rabayev, a freshman of Lambert, hopes to be a musician when he is older. He said “I do not like country music, but I am a fan of rap music” He listens to a variety of rap, but in general Lil Wayne was his favorite. From the interviewees, the main reason the guys of our school do not like country is that “It is not up beat like bass or rap” Also, one stated “It does not motivate me like other types of music do.”

In contrast to the majority of male objection, I surveyed a country music lover. Forrest Bevington, dressed in cowboy boots, and a cowboy hat, allowed me to interview him. He described that country music “puts him in a happy mood” and he listens to it several times a week. His favorite song is “Georgia Clay” and his favorite artist is Josh Turner. He also revealed that “He was raised with country music as a tradition in his home.”

So, is country music a trend around here? Even the guys agree that in Forsyth County and at our school, country music has affected us. Tim McGraw, Brad Paisley, Taylor Swift, and Zac Brown Band are all people/bands that Lambert High school as a whole listens to if country is the theme. A considerable amount of guys agreed that girls love country music. However, the girls’ guesses were not as correct. They thought that country was just as popular among guys, which was found to be incorrect.



WEET
HIS

Rachel Alesia
Staff Writer



Twitter is the snuggie of social networking. Sure, the idea seems stupid, but you get one anyway, and when you do, it’s hard to imagine not having one. No one would have thought Facebook would be called boring compared to Twitter. Most people had twitter for the one and only purpose of stalking your favorite celebrity. However, now it has completely changed.

Facebook was such a huge hit that they made a movie about it and everyone became a part of it. Since the first day of Facebook’s existence, the founders have been trying to find new ways to improve the site. What they don’t know, though, is that the changes are drawing people away. Each time Facebook is “improved” it just adds more complications to the users; they have to learn how to use the site all over again.

I asked freshman, Katie Philmon what site she spent more time on and she said, “Twitter, because I don’t like Facebook’s new changes,” For the most part, this is why everyone is converting to twitter. The all around concept of Twitter is pretty creepy if you think about it. Instead of having “friends” on Facebook, you follow people on Twitter, and the word follow is used literally.

When people tweet, it is not only tells you what’s going on like a Facebook status, but also what you are doing all the time, basically. It can be how you feel or if you’re in a fight with someone, which leads into indirect tweeting. Indirect tweeting is tweeting about someone without including their name ,but everyone, even the person who it is about, knows who it’s about. All of these things are what make Twitter so addicting.

It may seem stupid but there are really some people out there that you would like to know what they are doing or how they are feeling, which twitter allows you to do. All in all, Twitter is a much easier site to use and is a little bit more interesting than Facebook.

3D: IMAXED OUT?

Rebecca Yan
Staff Writer



While filing through my room, I managed to find an antique item—red and blue 3D glasses. Extinct now, they have been replaced by more high tech ones that people like to pop the lenses out of. 3D movies seem to be the latest craze. Virtually every movie is now “shown in 3D”, and even older classics like The Lion King and Star Wars Episode I: The Phantom Menace are being converted to three-dimensional. “It’s crazy how everything is 3D now,” says Meredith Wible, “but I still prefer my good old-fashioned 2D”. She is right; although 3D movies are fresh and exciting, they are more trouble than they are worth.

People who wear contacts wear them for one reason only: to avoid glasses. Sitting in a claustrophobic theater and wearing the 3D glasses for two hours straight is not my idea of “fun”. There are other numerous complaints about 3D movies, glasses situation notwithstanding. Much of the population feels like 3D movies give them motion sickness. Nathan Hogan explains: “3D movies are not really ‘eye-popping’ and many people get sick.” Mrs. Cantrell was a dedicated 3D movie watcher. “I saw almost every 3D IMAX movie at Fernbank as a kid,” she affirms, “but now they just make me nauseous.”

3D movies are also incredibly pricey. At AMC Avenue Forsyth, an adult 3D ticket after 4:00 PM costs \$15, and IMAX 3D costs \$17. Nathan definitely does not think any cash should be spent on 3D movies. “They’re not worth the money, and I don’t plan on seeing anymore,” he exclaims.

Despite the cons, there are still some 3D movie supporters. “It’s an amazing experience,” claims Ashley Dawdy. Brody Davila states that “you feel like a part of the movie”, and Sean Paul-Brodeur thinks there is a lot of “interaction”. However, all of the 3D moviegoers admit they are broke because of high movie prices, and they only see one every few weeks.

All in all, 3D movie preference is mainly based on tolerance of motion sickness. Still, the glasses can be a bit bothersome, and sometimes the 3D effects are not up to par. Every movie does not have to be 3D in order to attract the general population; many people prefer 2D.

There can be some exceptions, however, which is probably why everyone interviewed has seen either Harry Potter 7 Part 2 or Avatar (myself included).

SPORTS

LONGHORN BASKETBALL

Sierra Martin
Staff Writer

Screams, squeaks, and swish. Cheers, hoorays, and the crowd goes wild as basketball season begins yet again. Lambert Basketball is only three years old, a baby compared to the monstrous Buford or Chattahoochee programs, but we’ve already made a name for ourselves. Last year all freshmen, junior varsity, and varsity teams competed fiercely at the AAAA level. We’re located in one of the toughest regions in the state of Georgia and our teams have shown that Lambert Basketball is real competition

Girls’ Basketball has been recently become a year round sport for our ladies. It’s a big commitment with strength training/conditioning in the summer, spring, and fall and to prepare for the winter season, they also participated in summer in fall seasons. During the summer, Coastal Carolina University hosted a camp in which almost all the girls took part in. Here they battled it out with teams from all over the southeast and truly bonded as a team. Coach Thompson has says that comradery is one of the top things on his list to improve team dynamics. Seniors Kiersten Kidwell, Kaitlin Kidwell, Taylor Lanier, Christina Johnson, and Colleen Malone are expected to lead and mentor the younger members of the team. Getting advice from older members of the team with more experience can benefit players almost as well as thecoaches advice. Some of the biggest competition this year for the Varsity girls will be Creekview, Forsyth Central, and Rome. “The only way we

can compete with these really good teams is with a strong defense” Coach Thompson says. Our team has been practicing a three-quarter man defense which is a cross between a zone and a man. When done right, it can be extremely difficult to run an offense against. Overall, the goal of this year’s girls’ basketball team is to finish top 3 in the Region State Playoffs. The boys’ basketball team is one the most competitive teams to earn a spot on in this school. Last year, they had to cut over 50 guys, some very talented. With this abundance of skilled athletes, our team is populated by star players. Coach Dewitt says the one thing that sets Lambert basketball apart is our players. The boys have been training since this summer in preparation for this season. They attended camps at Mercer University and take part in a fall season rec league. Conditioning has been brutal for the team, running 5 miles in one session at times. When practice commences in the winter the main aspects the boys will focus on will be defense and scoring layups. Focusing on fundamentals will essentially help to beat some of the best teams in the state. As always Chattahoochee is the team to beat. “I really want to teach my players to be better as a team and win region championships to bring another banner in this school”-Coach Dewitt. With absence of superstar seniors of the past, Taylor Moore and Spencer Heywood, we shall see how the boys live up to last year’s high standards.



CHEERLEADERS VOLUNTEER

Meredith Rhodes
Staff Writer

The JV Cheerleaders you see cheering at the games are not only cheering, but are helping out the community in any way they can. The girls are volunteering at the humane shelter and are helping support and promote breast cancer awareness.

This summer the JV Cheerleaders went to “the Place”, an organization to help out the community in any way they can. Each girl volunteered two hours to help organize clothes and also bag canned foods. They also just did anything else that could use help there. The girls also helped promote and support breast cancer awareness by getting the message around school. They helped sell pink out shirts and ribbons to benefit breast cancer. The cheerleaders also invited Special Twist to cheer with them at one of their games. Special Twist is a special needs cheerleading team that is for kids with disabilities. “The girls are so cute, and I love being able to cheer with them”, says Abby Attaway. At the game the JV girls helped them do cheers and let them experience what it was like to be on the sidelines.

We love giving recognition to our sports team and this is one that has gone above and beyond. These girls are great cheerleaders as well as great helpers in our community.“These girls really work hard as Lambert ambassadors in the community. I am really proud of their continued efforts.” Says coach Laury, the JV sideline coach. This is the kind of teamwork our school and community needs.

ATHLETES OF THE MONTH

Chris Laye



Bailey Toth
Staff Writer

When you think Lambert Varsity football, you think mature, grown-up, muscular guys, which isn’t the usual definition of an underclassman. But when it comes to sophomore Chris Laye, all that comes to mind is all muscle. As a sophomore, he’s measured at 6’6” tall, weighing over 200 pounds, and is therefore among some of the largest players on the team. His position is tight end and he is one of two sophomore starters, while also starting half of the varsity games his freshman year. He has always excelled at the sport, especially with the help of his height and natural ability on the field. But it’s not just about talent for Chris. It’s about his love for the game. He played basketball in middle school, along with lacrosse, but his favorite sport is definitely football, which happens to be his specialty. He enjoys playing football because it’s a “physical sport” and he gets to hang out with his friends while doing what he loves. He plans on playing football for all four years of high school, and has hopes of playing in college on scholarship. Laye

adds, “Football is a great way to relieve stress, but it also adds a lot of stress during the game. Once the game is over though, the stress is nowhere in sight.” Chris is considered a key player on the team, with Senior Brendan Everett saying that he is a “stud athlete.” Junior Evan Knox added that he is “a natural-born athlete and definitely has college potential.” It’s obvious that his friends and teammates appreciate his skills on and off the field, but his coaches’ opinions seem to be the most inspiring. “Chris has a lot of potential and opportunities. If he keeps growing and working hard, he has the ability to play at the next level. Possibly, in front of a hundred thousand people.” Coach Maxwell said about Chris’ skills. With this encouragement, Chris is determined to run faster and work harder in order to achieve his goals. Although Chris is seen on the football field now, when spring rolls around, you can definitely catch him with a lacrosse stick in hand, playing another one of his favorite sports.

Shelby Merrick



Sean Langley
Staff Writer

For two years now Shelby Merrick has been, a significant part of the Lambert varsity volleyball team. Last year she was one of two freshmen on the volleyball, and was able to make the varsity team a second year in a row. She has been a huge part of the team, socially and on the court. Shelby Merrick has been playing volleyball for a long time, “I have played and loved volleyball ever since I was seven.” She has grown and become more experienced, and she has become a terrific volleyball player. On the Lambert longhorns volleyball team,, Shelby plays “libero” a position centrally located on the court. This is a place where she has to be able to “dig”, “set”, and “serve”. These are all moves necessary in volleyball. This position requires some of the most versatile athletes on the team. “Shelby is an extremely important part of our team, and she is a great athlete and friend” says sophomore varsity volleyball player, Savannah Oaks. “One of the greatest parts of being on the volleyball team is being so

close to all of my teammates were like one big family” says Shelby. In a sport like volleyball, it is essential to have good relationships with your teammates, to ensure a cooperative play. This sport is a team sport where everyone has to have good chemistry. “I love this sport”, says Shelby. Who will continue playing on the volleyball team as long as she can in high school. This season has been a terrific year for this young lady, and the longhorns. They are headed to the playoffs to try and finish with a winning season. But no matter what the end of the season brings, Shelby Merrick is one of our schools top athletes, and students.

If you know a friend or teammate who you think deserves the title of Athlete of the Month, tell us about them by emailing us at thelambertpost@yahoo.com.

Congratulations to the following Miss LHS Pageant contestant winners:

Best Business Wear: Madison Turner

Best Fun Fashions: Noelle Petty

Best Evening Gown: Alex Macias

Miss Congeniality: Brielle Scutt

Miss Ambitious: Ashley Nickerson

People’s Choice: Carolina Barefield

Best Essay: Hannah Trinkle

Miss Photogenic: Regen Huffman

Honorable mention: Noelle Petty, Jordan Jarrett, Ashley Nickerson, Cassandra Beato


Miss LHS Princess: Chelsea Ly

Jr. Miss LHS: Rachel Hiwiller

1st Runner Up Miss LHS: Alex Macias

Miss LHS: Madison Turner

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Quote of the Month (Mr. VanTreek)

“Only the few know the sweetness of the twisted apples.” -Winesburg, Ohio

Come Eat in the Cafeteria with The Goddesses of Goodness

Have you ever been in the lunch room and heard the cashier say, “Please take a fruit, or grab a milk.” What is going on and why do they ask that?

There is a simple explanation: the government will reimburse a portion of a student’s first meal if it consists of a minimum of three (3) different components. For instance, a meat, a bread, and a fruit. This is money that goes back into your lunch program to make improvements in the menu and offer more variety. And when you break it down like this, it’s not hard to choose a qualifying meal with the wide variety of foods offered in our Cafe.

The cafeteria consists of five (5) general lines, Pizza and Nacho, Mamas, Grill, Chicken, and Salad and Subs. While you can always get a slice of cheese or pepperoni pizza, we also mix it up with Buffalo, Veggie, or Hawaiian. This is true for all lines as everyday brings a new menu which is always posted on the wall outside the gates. A few favorites are listed below:

- Chicken: Popcorn, Asian, Tenders, Drrippin Chicken Sandwich
- Grill: Breaded Chicken Sandwich, Spicy Chicken, Steak Burgers
- Mamas: Cheese Stuffed Breadsticks, Chicken Fajitas, French Bread Pizza
- Salad & Subs: Italian Combo, Buffalo Chicken Wrap, Fruit Salad

With the extra fruits and vegetabales offered it is easy to combine your choice of 3 or more components to make your own nutritious plate. For the \$2.25 you spend (or \$3.25 for Grill) we want you to get the most for your money. You could get chicken, a roll and milk but why not get chicken, a roll, milk, broccoli, rice and a fruit. That will hold you until snack time!

What kind of food do Math Teachers eat? Square meals

Did you know that from 7:30 am until the first bell rings you can join us for breakfast? Try our very popular chicken biscuits, sausage bagels, yogurt parfaits and muffin tops, to name a few items offered. Top any meal off with a bowl of grits, milk and a fruit for \$145. It’s a great way to start the day.

What kind of biscuit flies? A plain biscuit.

So if you have not eaten in the Cafe please come down and give us a try. We are sure that with all the great food offered you will be able to select something that will satisfy you. If you are a regular, thank you, and we look forward to seeing you soon.

The Goddesses of Goodness!